

# FINDING MY VOICE



Use **'My Thoughts'** to express your ideas and beliefs about different topics, **'My Feelings'** to share how you feel in different situations, and **'My Opinions'** to talk about what you like or dislike.

**My Thoughts about Family, friends, school, hobbies etc.**

**My Opinions, such as "I like..." or "I don't like..." share your opinions on different subjects.**

**My Feelings "I feel happy when..." or "I feel sad when..." express using words or drawings.**

**Ways I can express my voice and share my thoughts, feelings and opinions.**

