

# Singing: Lite Level 1

## Course Evaluation Criteria

We would expect pupils on this level to attain statements 1-7. If any of statements 8-10 are attained, those pupils are exceeding expectations.

1. Pupils know how to correctly warm up and cool down their voices.
2. Pupils understand the importance of correct breathing.
3. Pupils can explain why posture is important in singing.
4. Pupils can explain what diction means.
5. Pupils can sing response phrases in a call and response style.
6. Pupils can explain what call and response is.
7. Pupils know what a scale is.
8. Pupils can sing lyrics to a scale.
9. Pupils can move in time to the beat of the song.
10. Pupils can explain why movement is important in singing.

## Course Overview

**Course overview:** Pupils will learn the importance of warming up and cooling down before and after singing. They will learn how to breathe within a song without 'snatching' breath and how posture can help with our breathing. Pupils will also learn the keyword diction and see how useful it is; they will also investigate when it's used and when it's dropped and the reasons behind this.

**Learning Outcomes:** By the end of the course pupils will know about the importance of, and how to, warm up and cool down. Pupils will know the fundamentals of singing such as posture, breathing properly and diction. Pupils will also know some vocal techniques such as singing scales and using call and response.

## Keywords

### • Warming up/Cooling down our voices



### • The importance of correct breathing



### • The importance of good posture



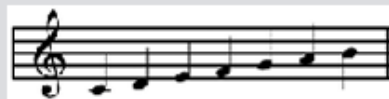
### • Understanding diction



### • Call and Response



### • Singing Scales



## Vocabulary Bank

Breathing	<i>The process of taking air in and out of the lung.</i>
Diaphragm	<i>The diaphragm is the muscle that helps us breathe in and out.</i>
Posture	<i>The correct way to stand whilst singing.</i>
Diction	<i>How we pronounce words when we sing.</i>
Call & response	<i>A musical conversation.</i>
Scales	<i>A set of notes played in succession.</i>
Movement	<i>An act of moving.</i>
Pitch	<i>How high or low a sound is.</i>

## Class Songs

Three Little Birds  
 Shake my Sillies Out  
 Alice the Camel  
 Umpah Stick it Up Your Jumper  
 Bibbidi Bobbedi Boo  
 The World is Big, the World is Small  
 Do-Re-Mi  
 Rhymin' Simon says

**Plus extra songs from the Junior Jam Song bank!**