



St Aidan's

Church of England Primary Academy
A member of **CDARI**

Newsletter
31

'I came that they may have life and live it to the full' John 10.10



Friday 16th May 2025

Headteacher: Mrs Kelly Harrison

Deputy Headteacher: Mrs Hayley Hargreaves

Message from Mrs Harrison

We say a fond farewell to Mrs Trencher who will be retiring on Friday 23rd May.

For over ten years, Mrs. Trencher has been an invaluable member of our school community, working tirelessly to support countless families in her role as family support worker. She has been a constant source of help and guidance, and many of you will fondly remember her early morning calls and unwavering support. Her dedication and commitment to our families has made a real difference, and she will be deeply missed by staff, pupils, and parents alike.

We are sure that you will join us in wishing Mrs. Trencher all the very best as she embarks on this new and well-deserved chapter in her life.



Outward Bound Meeting for 25/26

An exciting opportunity for all current year 4 and 5 pupils!

We are extremely fortunate to have The Outward Bound residential experience available to our current year 4 and 5 pupils at Ullswater in the Lake District In March 2026.

As we detailed in our recent online form ,we wanted to gauge the interest for next years popular trip. There seems to be enough interest for the trip to go ahead and so we are holding a meeting in the school hall on Friday 13th June at 2.45pm for all current year 4 and 5 pupils and their parents.

Please join us to hear about the trip and all the fun activities that are on offer. It's a fantastic opportunity for the children.

In the meantime the payment details for the deposit are now available to pay via the Teachers2Parents app. The deposit amount is £43.00 which will secure your child's place and must be paid no later than Friday 4th July 2025.



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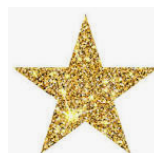
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Year 6 SATs

Thank you to all Year 6 parents/carers for your support in making sure your children were in school nice and early every day this week for the SATs tests. We have been very proud of the children – they have shown an excellent attitude, have really put 100% into each test and are all stars of the week

As a way to celebrate the end of SAT's week they all enjoyed a trip to Witton Park this morning.



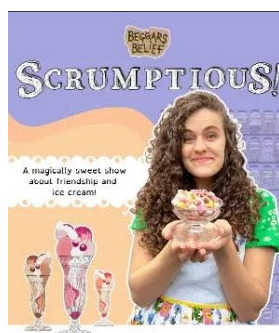
SCRUMPTIOUS in school!

We're thrilled to offer our children a fantastic opportunity to see the delightful theatre show, 'SCRUMPTIOUS!' This charming and funny musical play explores themes of change and friendship through the story of Sylvie and her sweetshop. We thought this was a great time for the show as our Reception-Year 5 children prepare themselves to move into a new class and for our year 6 children who head off to high school.

Thanks to Arts Council England funding, we can bring this high-quality show from Beggars Belief Collective (part of the renowned M6 Theatre for Children programme) to our school for a significantly reduced cost on Monday 14th July 2025. To make this special event happen for our children, we are asking for a voluntary contribution of just **£1 per child**.

Payment is to be made via the Teachers2Parents app no later than Monday 30th June.

Thank you for your support in enriching our children's learning and experiences.



ARTS COUNCIL
ENGLAND



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Talk and Tales Years 1 and 2

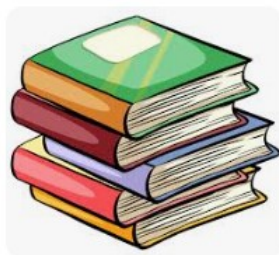
The sessions will run on the following dates after the half term break:

Tuesday 10th June

Tuesday 24th June

Tuesday 8th July.

Please keep an eye on updates/reminders posted on class dojo





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Dates for the Diary

Friday 23rd May

**School closes for half term
3.20pm**

Monday 9th June

School reopens 8.40am

Friday 13th June

Outward Bound parents
meeting 2.45pm

Monday 16th June

Sports day

Thursday 3rd July

Moving up day (Rec-Y5)

Thursday 10th July

Y6 Leavers Production 2pm &
6pm

Friday 11th July

Reports sent home

Wednesday 16th July

Dates for the Diary

Thursday 17th July

Leavers service in church 2pm

Friday 18th July

Awards Assembly

School closes 1.15pm



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Overdue Balances on SchoolMoney



PAYMENT REMINDERS: There is currently a lot of outstanding debt on pupil accounts for school dinners, breakfast club and trips. Balance reminders are sent out weekly.

We would like to kindly request that all outstanding balances are paid via SchoolMoney before school closes for the summer break on **Friday 18th July 2025**. We must point out that any outstanding debt after Friday 18th July will be sent to Cidari Multi Academy Trust for debt recovery.

The poster features the St Aidan's logo at the top left, including the school's name, 'Church of England Primary Academy', 'A member of CIDARI', and the motto 'I came that they may have life and live it to the full' John 10.10. Below this is the 'ALWAYS' logo. On the right is a shield logo with the word 'ALWAYS' and three colored stripes (green, red, yellow). The central text reads 'SEND Coffee Afternoon' in large, bold, dark red letters, followed by 'Wednesday 21st May' and '2:30pm - 3:20pm' in orange. Below this is a photograph of several hands holding small bowls of snacks. The text continues: 'Is your child in our school and receiving support for special educational needs or disabilities? Come along for a friendly chat with our team and connect with other parents in our community.' It then states: 'We're excited that our DLD Team will be joining us, along with our supportive SEND Parent Champions, to share information and answer your questions.' The poster concludes with 'No booking required - just turn up!' in bold red letters. The background is a light blue and yellow abstract design with pink hearts.



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Sports Day



St. Aidan's annual Sports Day will be held in the school playground on Monday 16th June.

Infants (KS1) will start at 10.30am and Juniors (KS2) will start at 1.15pm.

The children will be competing in their house teams, so if you have a T-shirt in their house colour, can they please wear it. **Please do not buy one specifically for Sports Day** they will be able to wear their PE kit. The children can come to school dressed in their PE kit and if the weather is hot, please ensure that your child wears a sun hat or cap and brings in sun cream and a bottle of water.

If we have to postpone due to bad weather we will send a text to all parents/carers.

Parents/Carers are invited to watch. Please sign in at the office first. We look forward to seeing you!

Head lice

These cause much frustration amongst parents. Every school in the country has to constantly contend with this menace. **To try and control the spread of head lice our policy is to contact parents of children who are seen to have head lice so that they can be collected, treated and returned to school. In most cases a child can return to school the same day.**

Please remember, if head lice are found then it is important to check every family member in the household and to check again a week later.

Please note that **we will authorise a maximum of half a day's absence for head lice to be treated**. Thank you for your support in this.

FOUR STEPS TO LICE-FREE LIFE:



1: INSPECT

If you suspect head lice, check



2: TREAT

Use lice treatment product as directed.



3: REMOVE

lice/nits by combing the hair with the comb provided.



4: CLEAN

home and personal items.



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Children's University Spring Awards

Well done to the following children who have been given Spring awards.

Spring 2025 (January - April 2025)

Name	Class	Reason
Cooper	Year 6	Cooper has over 150 hours! He enjoys playing football. He also attends other clubs outside of school.
Aimee	Year 5	Aimee is just 2 hours away from reaching 100 hours! She is an active member of many clubs both in and out of school.
Mason	Year 4	This term Mason collected his first stamp in his passport from Scouts. Keep up the good work Mason and you will be on your way to achieving your bronze award.
Luella Rae	Year 3	Luella attended 2 clubs last term and her attendance for them both is excellent. Keep it up Luella!
Reggie	Year 2	Reggie has achieved 23 hours. He attends an afterschool club and is working his way towards his bronze award.
Munachi	Year 1	Munachi has achieved 21 hours. She has attended afterschool clubs since September since starting year 1. Well done Munachi!



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ALWAYS

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Newsletter

Mental Health Support Team

May 2025

MHST? Who are we?

The Mental Health Support Team (MHST) provides an accessible service for students from primary age to year 13 who may be experiencing a range of mild to moderate difficulties with their mental health.

The teams are based within education settings and cover Year 1 to Year 11 in Blackburn with Darwen and Burnley, Burnley College, Year 1 to Year 6 in Pendle and Year 7-13 in Hyndburn, Rossendale and Ribbles Valley (including Nelson and Colne and Accrington College).

If you have noticed your child is feeling frequently sad, worried or anxious and feel they may need support from our team, please speak to a member of staff at your child's school, who can support a referral to the service. You can also speak to your GP.

Thankyou

Hello everyone, we hope you are well and thank you for taking the time to read our Newsletter. This past half term staff from the MHST have been busy meeting lots of young people, parents, staff and new faces in schools and other settings. We are really enjoying meeting so many of you and we are very grateful for the warm welcome we receive in schools, children's centres and from other organisations we work alongside.

Staff Introduction

Hi, I'm Sharon and I am a Mental Health Practitioner in the BWD Primary Schools Team. I love my job helping young people take care of their mental health and also working with parents to help them support their children. When I'm not working, I love to be outdoors in the fresh air and sunshine with my own family and I love a good book!

Hi, I'm Catherine with a "C" I'm one of the primary EMTs, who has lived experience of neurodiversity and I love working with parents/CYP to support them to make positive changes. In my free time, I love walking my two dogs or being in my garden. I have 4 children and 4 grandchildren who keep me busy.

Participation Event (BwD)

On the 28th May 11am-3pm we will be hosting a Participation Event at Blackburn Youth Zone. We are running this alongside our friends at Health Watch.

We would love to invite expressions of interest from any young people age 8-16 who are currently in school in Blackburn with Darwen. The event will be fun and we are looking forward to hearing the voice of young people. If you know of anyone who would be interested in this event please email Lia.naylor@lscft.nhs.uk for further information. Look out for more information on our social media pages and in schools.

YOUR VOICE MATTERS

Newsletter - we work as a group to create this newsletter and are always looking for new suggestions and content so if you have any please email us at whatson@blackburnwithdarwen.nhs.uk

Follow us for regular updates and helpful tips

[lscft_elcas](https://www.instagram.com/lscft_elcas) [elcas.mhst](https://www.facebook.com/elcas.mhst)

EVENTS

SCAN ME

Mental Health Awareness Week

MENTAL HEALTH AWARENESS WEEK
10-16 MAY 2025

The theme for the 2025 Mental Health Awareness week is 'community' and it will be all about celebrating the importance, power and value of being in a community.

Being part of a safe and positive community can really benefit our mental health and well-being. Communities can provide a sense of belonging and togetherness that can help fight loneliness and make us feel supported during difficult times.

What is a community?

A community can take any forms and can involve:

- People who live in the same area.
- A network of supportive people.
- groups formed around shared interests, values, beliefs or cultural identities.

Reasons why community is important for our mental health?

- 1 Social connections can reduce isolation
- 2 Sense of purpose through community involvement.
- 3 Life feels more satisfying when you're part of a community.
- 4 Community can ease psychological distress.

How to get involved in your community

Make it fun - Join a club or a group that focuses on your interests.

Get outdoors - Go for walks, join a running or cycling group, or spend time in a community garden to feel more connected.

Volunteer or give to charity - Helping others can build a sense of community and give you purpose.

Show kindness to others - Chatting with your neighbours, greeting people at your local café, or starting a conversation at the bus stop can lead to new friendships.

National Walking Month

National Walking Month May 2025, a campaign to encourage people across all ages and backgrounds to get outside and embrace the simple, yet profound health benefits of walking.

This month-long event is the perfect opportunity to explore the great outdoors, improve fitness, and connect with others in a healthy, enjoyable way.

Improves your physical health

Regular walking can help to:

- Reduce the risk of heart disease
- Improve your mood
- Help you to lose weight
- Improve your sleep
- Help you to live longer

Supports your mental wellbeing

Walking can help to:

- Reduce stress
- Improve your mood
- Help you to feel more energised
- Help you to live longer

Walking

Helps the local environment

Every 1000 people who walk instead of drive cuts out 0.2kg CO₂

Enhances community

Walking can help to:

- Build relationships
- Improve your mood
- Help you to live longer

How to Practice Mindful Walking

1. Take a break from your phone
2. Focus on your feet
3. Take a deep breath in and out
4. Notice your surroundings
5. Notice your feelings
6. Notice your thoughts

Nature Scavenger Hunt

Find a tree	Find a flower	Find a leaf	Find a bug
Find a rock	Find a shell	Find a bird	Find a squirrel
Find a pond	Find a stream	Find a path	Find a gate
Find a fence	Find a wall	Find a door	Find a window

HOW DOES EXERCISE HELP Self-Regulation?

Exercise can help to:

- Reduce stress
- Improve your mood
- Help you to live longer

Blackburn with Darwen ADULT LEARNING

FREE Courses!! Click here

CLICK HERE

Blackburn & Darwen YOUTH ZONE

YOUTH THRIVE

Parent Webinars

FREE Thursday 10th May Parent Webinar 5pm - 7pm

FREE Thursday 10th June Parent Webinar 5pm - 7pm

Norfolk Street, Mill Hill, Blackburn BB2 4EW
Tel: 01254 53148

www.staidansblackburn.co.uk



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Free Online Introduction to Deaf Awareness and British Sign Language



Lancashire
Adult Learning

Join us to learn more about BSL and effective communication with deaf people.

In this one-off session you will be introduced to deaf awareness and British Sign Language (BSL). You will identify the barriers the deaf community face on a daily basis communicating in a hearing world. This session will cover tips on how to communicate more effectively with all deaf people. It will also teach you how to introduce yourself using British Sign Language and show you how you can continue to learn BSL independently after the session.

Online

Tuesday 29th April
1pm - 3pm

Online

Wednesday 14th May
6pm-8pm

Online

Tuesday 17th June
10am-12pm



Use the QR code to enrol today!



hsc.lal@nelsongroup.ac.uk

www.lal.ac.uk

01254 354423



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Darwen Girls and Ladies Football Club

DARWEN GIRLS AND LADIES

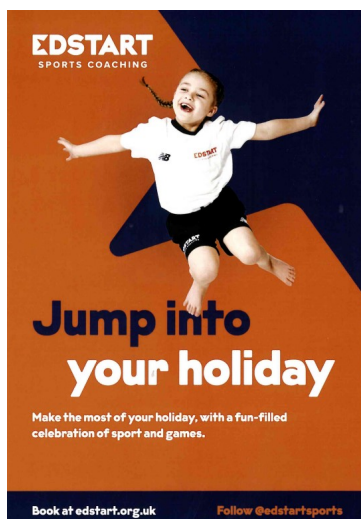


We are looking for new players all ages and abilities

Contact Nikki : 07948233751
DARWENGIRLSLADIES@HOTMAIL.COM
Facebook: Darwengirls#ladies

May Half term Holiday Club

A multisports holiday club or super soccer school available to 4-12 year olds. Drop off from 7.3am-pick up by 5.30pm. For more information please visit Blackburn@edstart.org.uk



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Attendance Matters

Attendance is **NOT** optional

There is an expectation that children are in school **EVERY** day.



Overall School Attendance Target is **96%**

Actual Whole School Attendance this week is **92.9%**



Well done to Y2 who had the best attendance in the school last week!

Enjoy your extra playtime!



Weekly Attendance

REC	Y1	Y2	Y3	Y4	Y5	Y6
90.74%	92.75%	98.68%	93.75%	93.14%	83.61%	96.55%

Weekly Lates

REC	Y1	Y2	Y3	Y4	Y5	Y6
2	3	1	2	5	2	2



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SAMLESBURY PLAY SCHEME

**Back again for 2025
In its 25th year!**

Mon 28th July to Fri 1st Aug

Supervised FREE bus service from locations across East Lancashire

Want more? Check out Leyland Playscheme

Infants ages 5-7
Our youngest Playschemers enjoy the smallest groups with their own dedicated leaders and onsite activities such as Trampolines, Bouncy Castles, Sports, Messy Play and Arts & Crafts and trips offsite like Soft Play, Outdoor Adventures and Nature experience

ML Major League ages 8-11
Come and join the big leagues in MML and participate in activities such as Onsite: Laser Tag, Trampolines, Pottery, Music, Dancing, CaveBus & The Big Show and trips like: Swimming, Bowling and Party Barge

Teenz ages 12-14
Join the older end of Playscheme with our Teenz division. Join in the bigger trips and enjoy your own activities with that bit more freedom such as Onsite: Teenz Laser Tag, Bungee Trampolines, Silent Disco and trips like: Swimming, Bowling, Teenz Cinema and Roller Skating

**Only £85 for the week
5 DAYS OF ACTION PACKED FUN**

Book online for both schemes @ playscheme.org

House Statistics

ALWAYS following the school rights this week.



HODDER	CALDER	BLAKEWATER	RIBBLE
98%	94%	86%	92%

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