



St Aidan's Primary School

A Church of England Academy

Headteacher: Mrs Debbie Greenwood

Deputy Headteacher: Mrs Kelly Harrison

Newsletter 32 – 24th May 2024

Outward Bound Meeting for 24/25

Thank you to the parents that attended the meeting on Wednesday.

An online form has now been sent out to all parents of children in years 4 and 5 for you to complete. If your child is wanting a place on the residential trip next year the deposit payment of £40.00 must be paid by Friday 28th June.



Public Speaking Competition

Ishal from year 6 was our representative at the Public Speaking Competition this week. She delivered a fantastic speech on the importance of discipline. Many of the teachers there complimented her on her engaging delivery. Well done Ishal.



Newspapers

If anyone has any spare newspapers that they are happy to donate to school, please can you send them in with your child. Mrs Liddiard needs them for an Art project with year 1. Thank you

Food parcels

A local businessman kindly donates 2 food parcels per week to school which are available to our families. If this is something you would be interested in and that could help during the current financial crisis please complete the form that was sent out via email to all parents or contact the office.

Too Good To Go App



This may be an ideal app for any one currently struggling with the increase in food prices. It's a great way to purchase food at very reasonable prices. Surplus food from your favourite restaurants/cafes and grocery stores is available to buy daily. All you have to do is download the app, search for a surprise bag near you from your chosen store, reserve it through the app and turn up at the store to collect it at the given collection time.

Talk and Tales Years 1 and 2

This is an opportunity for parents of children in years 1 and 2 to come into their child's classroom and enjoy the class story with them. A time to see oracy in action and engage with your child's reading. **The sessions run every Wednesday at 3.00pm.** Please sign in at the office.

Reception class 24/25

We still have a few places available. If you know of any one who has a child starting school in September who could be interested in starting at St Aidan's, they are very welcome to come and look around the school. Please contact the school office to arrange this.

Head lice



These cause much frustration amongst parents. Every school in the country has to constantly contend with this menace. **To try and control the spread of head lice our policy is to contact parents of children who are seen to have head lice so that they can be collected, treated and returned to school. In most cases a child can return to school the same day.**

Please remember, if head lice are found then it is important to check every family member in the household and to check again a week later.

Please note that **we will authorise a maximum of half a day's absence for head lice to be treated.** Thank you for your support in this.

FOUR STEPS TO LICE-FREE LIFE:



1: INSPECT

If you suspect head lice, check



2: TREAT

Use lice treatment product as directed.



3: REMOVE

lice/nits by combing the hair with the comb provided.



4: CLEAN

home and personal items.

Please can we ask that children with long hair try and keep it tied up tight, either in a ponytail or plait to try and prevent Head lice

Christmas Pantomime 2024 – Jack And The Beanstalk



We have booked our yearly trip to Blackburn Empire Theatre to watch Jack And The Beanstalk Pantomime on Thursday 5th December , for our current Reception – Year 5 pupils. The cost of this trip is **£7.00** per pupil.

We appreciate the current rise in living costs and we have found over the years that parents don't make the payment(s) until December, when this is already a busy and expensive time for everyone, so we have added the payment to Schoolmoney now, to give you the opportunity to spread the cost into affordable weekly/monthly payments or alternatively pay the amount in full. It is nice to see that quite a few parents have already made the payment-thank you.

For example: paying just 50p per week for 14 weeks or £1.00 per month for 7 months will have one child paid well in advance and without feeling the pinch!

Play Group – Mill Hill Community Centre



At Mill hill community centre



Friday 9.30 till 11.30

£1.50 Frist child 50p extra child
Child refreshment included



NHS Information

Did you know your local pharmacy can help with seven common conditions. Remember to visit your pharmacy first!

Bentham Road Pharmacy
8 Bentham Road
Blackburn
BB2 4PN
Tel: 01254 202870

NHS
Providing NHS services

At Bentham Road Pharmacy, we can help you with seven common conditions

Sinusitis
(adults and children aged 12 years and over)

Sore throat
(adults and children aged 5 years and over)

Earache
(children, aged 1 year to 17 years)

Infected insect bite
(adults and children aged 1 year and over)

Impetigo
(adults and children aged 1 year and over)

Shingles
(adults aged 18 years and over)

Urinary tract infection
(women, aged 16 to 64 years)

Ask us for more information about this free* NHS service

Visit your Pharmacy First!

*NHS prescription charge rules apply where a medicine is supplied

Remember, ALWAYS ask your parent or carer before doing any of the challenges!

20th May is World Bee Day! Find out five facts about bees. How can you help protect bees?



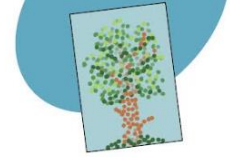
Turtles are interesting creatures. Draw a picture of one and why not add a few fun facts as well?



Create your own comic book strip.



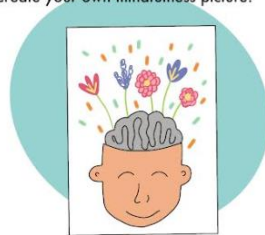
Have you heard of Pointillism? It's the creation of a picture made with dots of colour. Create a picture using different coloured dots.



How many words can you find from "Summer is coming"?



Create your own mindfulness picture.



Get outdoors! Go on a walk with your family. Write about where you went and what you saw.



The UEFA Euros are in France in June this year. Find out about a footballer who will be playing in this. Remember to include their name, age, country they are playing for and two other facts as well.



May Half Term Challenges 2024

Before you begin...

- Choose a challenge from those listed overleaf. Discuss your ideas with your parent/carer to agree as to where you might need some help. Please be sure that you have permission before you begin your task, even when you are carrying out research on the computer!
- You must provide some evidence that you have taken part in the activity. For example, you could take a photograph, write a diary, draw a picture of your day, make a digital presentation, make a voice or video recording, or a letter from an adult.
 - In your evidence you may like to include:
 - o The dates/times of the activity.
 - o What was the easiest and hardest part of the challenge?
 - o Would you do anything differently if you did the challenge again?
 - o What else would you like to go on and do now?
- You can complete as many activities as you wish. The more you complete the more hours you can claim!
- Please ask an adult to send your evidence to Sara Burton on 07805929965 or s.burton@wensleyfold.blackburn.sch.uk. Alternatively, if your school asks, you can send it in with your passport after the holidays.

If you have any questions, please do not hesitate to ask Sara Burton.



May Half term Holiday Club

A multisports holiday club available to 4-11 year olds. Discounts are available for siblings. You must book your place via their website - <https://www.edstart.org.uk/franchise-areas/blackburn-with-darwen>



'May half term' be with you

May Half Term
28 - 31 May
9am - 5pm
Early drop from 7:30am

Multi Sports Superstars
Ages 4 - 11
Feniscowles Primary School
Livesy Branch Road
Blackburn
BB2 5EG

EDSTART   
edstartsports

Book now or find out more at: edstart.org.uk For additional information please email Blackburn@edstart.org.uk

A young girl in a white Edstart t-shirt and black shorts is holding a red football, standing against a blue and orange background.

Girls Football

A great opportunity for any girls aged 9-12 years who would like to join a new football group. All contact details are on the poster below.



MILL HILL JUNIORS F.C.

GIRLS **9-12**
YEAR OLD

DEVELOPMENT

WHEN: WEDNESDAY 6 - 7PM
WHERE: WITTON 36

STARTING WITH 4 WEEKS FREE TASTER SESSION

THEN JUST £15 PER MONTH MEMBERSHIP

TO BOOK A PLACE OR FOR MORE INFO EMAIL: RECRUITMENT@MILLHILLJUNIORS.CO.UK

ALL PLAYERS MUST BE BOOKED ON

info@millhilljuniors.co.uk
Mill Hill Juniors F.C. - Blackburn
MillHillJuniors millhilljuniorsfc

The poster features a group of girls in red football kits, a girl in a blue goalkeeper kit, and a girl in a red kit kicking a ball. The background is pink and blue.

10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

- ### 1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these activities offers a platform for connection, sometimes alleviating the social pressures of knowing what to say, and helps children develop meaningful connections.
- ### 2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we make and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what positive friendships look like and how to navigate them.
- ### 3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people, they're about our relationships with ourselves. For overall wellbeing, it's important for us to have a positive view of our self-esteem and a positive self-image, as these become a huge or positive influence on the friendships they form throughout life.
- ### 4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.
- ### 5 TEACH PROBLEM-SOLVING

Healthy friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be helpful to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.
- ### 6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of unhealthy relationships.
- ### 7 TEACH EMPATHY

'Healthy friendship' doesn't always mean 'happy'. Sometimes, things aren't so straightforward. When we teach children and young people to have empathy, we help them to see both sides of a relationship, to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.
- ### 8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions they have concerns about. These questions may be straightforward, but if we are receptive to discussion from our children, young people are more likely to come to us for help when they are older as well.
- ### 9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is knowing boundaries. This can include anything from respecting personal space and belonging to constructive language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children and young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.
- ### 10 SPOT THE SIGNS

We don't always support young people. Sometimes, we need to step back and give them some space. However, it's important to consider any indicators to show they may be struggling in their friendships. Are they becoming increasingly withdrawn? Are they becoming more aggressive after when they've been with their friend? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert
 Becky Dawson is an experienced educator who has worked in primary and secondary schools for 25 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.

WakeUp Wednesday
 The National College

[@wake_up_weds](#) [/www.thenationalcollege](#) [@wake.up.wednesday](#) [@wake.up.weds](#)

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Class Trips

As part of the pupils theme work, class trips have been organised for the following classes:-



- Y1-Blackpool Zoo**
- Y2 – Blackpool Tower/Beach**
- Y5-Liverpool Museum**
- Y6-Liverpool Museum**
- Y6-Blackburn Cathedral**

Please note: A packed lunch will be provided by the school for pupils who normally have a school meal.

ALWAYS House Statistics

ALWAYS following the school rights this week:

HODDER	CALDER	BLAKEWATER	RIBBLE
98%	100%	100%	100%

Dates for the Diary

School reopens 8.40am

Y6 trip to Blackburn Cathedral
Reception (Sept 24) welcome meeting
Y1 trip Blackpool Zoo
Sports Day
Y5 trip to Liverpool Museum
Y2 trip to Blackpool Tower
Transition days for high schools
Moving up day (Rec-Y5)
Y6 Leavers production (2.00pm & 6.00pm)
Y6 trip to Liverpool Museum
Reports sent home
Y6 Leavers service in Church 2.00pm
Y6 Leavers party 6.00pm
Awards presentation assembly
School closes for summer 1.15pm

Wednesday 5th June

Thursday 6th June
Monday 10th June (2.00pm & 6.00pm)
Tuesday 25th June
Wednesday 26th June
Thursday 27th June
Tuesday 2nd July
Wednesday 3rd July-Friday 5th July
Wednesday 3rd July
Wednesday 10th July
Thursday 11th July
Monday 15th July
Thursday 18th July
Thursday 18th July
Friday 19th July
Friday 19th July

Congratulations!

Well done to the following children for being chosen to receive an award this week:



	Stars of the Week	Headteacher's Award Winner Christian Values
Reception (Miss Keegan)	Loulou & Alfie H	Esmae
Year 1 (Miss Kay)	Blanka & Milad	Theo
Year 2 (Miss Brindle)	Lena & Lexi-Lou	Ashleigh
Year 3 (Mr Eccles)	Cole & Freddie	Oscar
Year 4 (Miss Rigby)	Bruno & Reema	Anas
Year 5 (Mrs Moss)	Amelia & Lena	Mia
Year 6 (Miss Cornall)	The Whole class	Bailey

Kind regards

Mrs D Greenwood
Headteacher