

Knowledge Organiser



Year 6 - Being My Best

Key questions

Aspirations and Goal Setting

Do goals and aspirations need a plan? Are problems, challenges and barriers part of achieving goals?

How can problems, challenges and barriers be overcome?

Managing Risk

Are risks physical or emotional?
How can a risk be emotional?
What can someone do to reduce or remove risk?

Key vocabulary

give connect influence
be active assessing risk
problems choices
goal setting overcome vaping
practise media
aspirations take notice (mindful)
weigh up achieve challenges
perseverance
keep learning (get creative)

I can ...

I can tell you how I can overcome problems and challenges on the way to achieving my goals.

I can give examples of an emotional risk and a physical risk.