



Talk on Tuesday PSHE





What does it stand for?



Why do we learn about it?



What is PSHE?



Where do we record our work?

When do we do these lessons?

What does it stand for?



Why do we learn about it?

To improve and learn about:

- physical and mental wellbeing
 - social and emotional skills
 - learn about safety
 - relationships
 - rights and responsibilities



What is PSHE?

PSHE stands for Personal, Social, Health and Economic education.



When do we do these lessons?

Once a week for 45 minutes.

Where do we record our work?

Every week in our PSHE floorbook.
In our science books.

What does SCARF stand for?

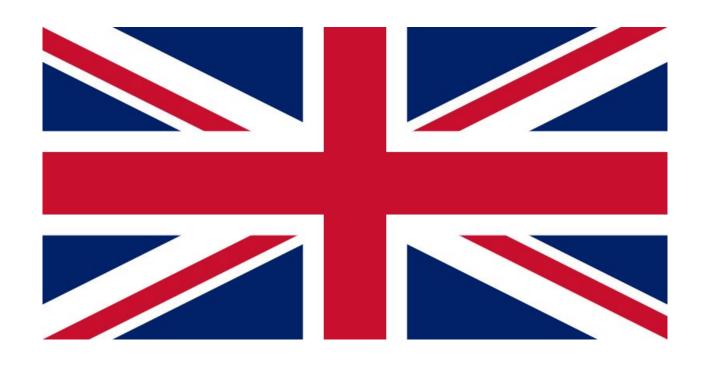


We have one lesson per week of PSHE. We use SCARF to learn all about PSHE.

Did you get them all correct?



What are British Values?



Rule of Law

- I value and understand the importance of rules • I follow school rules and understand why there is a
- I understand that everybody is responsible for
- I know rules are there to protect me

What do I do if I don't think something is right or fair?



Mutual Respect and Tolerance

- I know my behaviour, actions and words can affect
- I understand and respect that not everyone is the same as me and everyone needs to be treated as an
- I know that life is not the same for everyone
- I understand that people's faiths and beliefs are different, and I respect that

Canlbe friends with someone who doesn't believe the same things that I do?

What matters to me?

Our Shared British Values Really Do Matter

Individual Liberty

- I make the right choices
- I take responsibility for my actions
- I understand the consequences of my actions
- I manage risks
- •I know how to exercise my rights and freedoms in an appropriate way

mmmm

How can I make a difference?

> How can my voice be heard?

Democracy

- I know I have a voice and my opinions will be heard
- I can listen carefully to others
- I know how to discuss an issue in a calm way and can show respect for others even if I disagree
- · My vote counts

What is a Protected Characteristic?

or





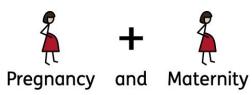


























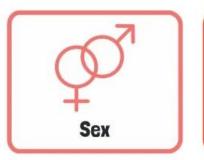
Religion

Discrimination &

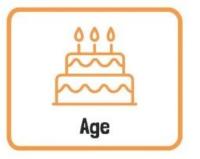


<u>Protected</u> <u>Characteristics</u>

At St Aidan's we protect these characteristics and make sure that everyone feels included.



















What are some different types of discrimination?

Discrimination takes lots of forms and is often shown through negative behaviour towards a person or group of people.

Racism



Unfair treatment of people due to their race or ethnic group.

Sexism



The unfair treatment of someone based on their sex or gender.

Disablism



The unfair treatment of someone with seen or unseen disabilities.



Prejudice

This is when you have a negative opinion of someone or judge someone unfairly without even knowing them.

How do people show discrimination?



Stereotyping

This is often a negative or general belief that people from a certain group are all the same, all like the same things or all behave in the same way.

How do people show discrimination?



Exclusion

When a person or group is left out from something on purpose, this is exclusion. This could be not being allowed to take part in a particular activity, or simply being ignored by people in the community.

How do people show discrimination?



Bullying

Bullying is negative behaviour that aims to hurt somebody on purpose, either physically or emotionally. A 'bully' can feel they have power over the other person, so they keep hurting them.

Should everyone respect the protected characteristics?



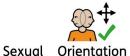




























I agree that everyone should respect the British characteristics because...

Protected characteristics are important because...

Without protected characteristics life would be...





Protected Characteristics

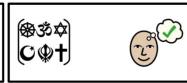


















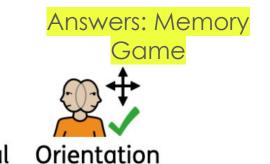


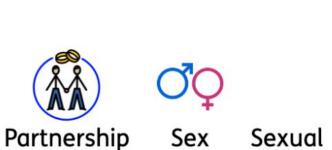




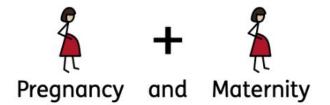
Use the cards (in pairs or as a class) and see if you can remember what they are.

Put these in your PSHE Floorbook to help you remember!









Marriage

Civil

or

Protected Characteristics (KS2)

Why are the Protected Characteristics important to you?

Is one more important than another?





































Protected Characteristics (KS2)

Why are the Protected Characteristics important to you?

Is one more important than another?



































