




	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<b>Physical health and wellbeing</b> Fun times	<b>Physical health and wellbeing</b> What keeps me healthy?	<b>Drug, alcohol and tobacco education</b> Tobacco is a drug	<b>Identity, society and equality</b> Democracy	<b>Physical health and wellbeing</b> In the media	<b>Drug, alcohol and tobacco education</b> Weighing up risk
Autumn 2	<b>Keeping safe and managing risk</b> Feeling safe	<b>Mental health and emotional wellbeing</b> Friendship	<b>Keeping safe and managing risk</b> Bullying – see it, say it, stop it	<b>Drug, alcohol and tobacco education</b> Making choices	<b>Identity, society and equality</b> Stereotypes, discrimination and prejudice	<b>Identity, society and equality</b> Human rights
Spring 1	<b>Identity, society and equality</b> Me and others	<b>Sex and relationship education</b> Boys and girls, families	<b>Mental health and emotional wellbeing</b> Strengths and challenges	<b>Physical health and wellbeing</b> What is important to me?	<b>Keeping safe and managing risk</b> When things go wrong	<b>Mental health and emotional wellbeing</b> Healthy minds
Spring 2	<b>Drug, alcohol and tobacco education</b> What do we put into and on to bodies?	<b>Sex and relationship education</b> Boys and girls, families	<b>Identity, society and equality</b> Celebrating difference	<b>Keeping safe and managing risk</b> Playing safe	<b>Mental health and emotional wellbeing</b> Dealing with feelings	<b>Keeping safe and managing risk</b> Keeping safe - out and about
Summer 1	<b>Mental health and emotional wellbeing</b> Feelings	<b>Keeping safe and managing risk</b> Indoors and outdoors	<b>Careers, financial capability and economic wellbeing</b> Saving, spending and budgeting	<b>Sex and relationship education</b> Growing up and changing	<b>Drug, alcohol and tobacco education</b> Different influences	<b>Sex and relationship education</b> Healthy relationships / How a baby is made
Summer 2	<b>Careers, financial capability and economic wellbeing</b> My money	<b>Drug, alcohol and tobacco education</b> Medicines and me	<b>Physical health and wellbeing</b> What helps me choose?	<b>Sex and relationship education</b> Growing up and changing	<b>Careers, financial capability and economic wellbeing</b> Borrowing and earning money	<b>Sex and relationship education</b> Healthy relationships / How a baby is made

**N.B.**  The red flag symbol, on the whole school curriculum overview and year group curriculum overviews (written version), demarcates PSHE topics and lessons that directly relate to safeguarding pupils.