

PSHE Overview

	Autumn	Spring	Summer
Year 1	<p style="text-align: center;"><u>Me and My Relationships</u> Includes feelings. Emotions, conflict, resolution and friendship</p> <p style="text-align: center;"><u>Valuing Difference</u> Includes British Values focus</p>	<p style="text-align: center;"><u>Keeping Myself Safe</u> Includes aspects of relationships education</p> <p style="text-align: center;"><u>Rights and Responsibilities</u> Includes money / living in the wider world/environment</p>	<p style="text-align: center;"><u>Being My Best</u> Included keeping healthy, growth mindset, goal setting and achievement</p> <p style="text-align: center;"><u>Growing and Changing</u> Includes RSE related issues</p>
Year 2	<p style="text-align: center;"><u>Me and My Relationships</u> Includes feelings. Emotions, conflict, resolution and friendship</p> <p style="text-align: center;"><u>Valuing Difference</u> Includes British Values focus</p>	<p style="text-align: center;"><u>Keeping Myself Safe</u> Includes aspects of relationships education</p> <p style="text-align: center;"><u>Rights and Responsibilities</u> Includes money / living in the wider world/environment</p>	<p style="text-align: center;"><u>Being My Best</u> Included keeping healthy, growth mindset, goal setting and achievement</p> <p style="text-align: center;"><u>Growing and Changing</u> Includes RSE related issues</p>
Year 3	<p style="text-align: center;"><u>Me and My Relationships</u> Includes feelings. Emotions, conflict, resolution and friendship</p> <p style="text-align: center;"><u>Valuing Difference</u> Includes British Values focus</p>	<p style="text-align: center;"><u>Keeping Myself Safe</u> Includes aspects of relationships education</p> <p style="text-align: center;"><u>Rights and Responsibilities</u> Includes money / living in the wider world/environment</p>	<p style="text-align: center;"><u>Being My Best</u> Included keeping healthy, growth mindset, goal setting and achievement</p> <p style="text-align: center;"><u>Growing and Changing</u> Includes RSE related issues</p>
Year 4	<p style="text-align: center;"><u>Me and My Relationships</u> Includes feelings. Emotions, conflict, resolution and friendship</p> <p style="text-align: center;"><u>Valuing Difference</u> Includes British Values focus</p>	<p style="text-align: center;"><u>Keeping Myself Safe</u> Includes aspects of relationships education</p> <p style="text-align: center;"><u>Rights and Responsibilities</u> Includes money / living in the wider world/environment</p>	<p style="text-align: center;"><u>Being My Best</u> Included keeping healthy, growth mindset, goal setting and achievement</p> <p style="text-align: center;"><u>Growing and Changing</u> Includes RSE related issues</p>
Year 5	<p style="text-align: center;"><u>Me and My Relationships</u> Includes feelings. Emotions, conflict, resolution and friendship</p> <p style="text-align: center;"><u>Valuing Difference</u> Includes British Values focus</p>	<p style="text-align: center;"><u>Keeping Myself Safe</u> Includes aspects of relationships education</p> <p style="text-align: center;"><u>Rights and Responsibilities</u> Includes money / living in the wider world/environment</p>	<p style="text-align: center;"><u>Being My Best</u> Included keeping healthy, growth mindset, goal setting and achievement</p> <p style="text-align: center;"><u>Growing and Changing</u> Includes RSE related issues</p>

Year 6

Me and My Relationships Includes feelings.

Emotions, conflict, resolution and friendship

Valuing Difference

Includes British Values focus

Keeping Myself Safe

Includes aspects of relationships education

Rights and Responsibilities

Includes money / living in the wider world/environment

Being My Best

Included keeping healthy, growth mindset, goal setting and achievement

Growing and Changing

Includes RSE related issues