

Weekly menu

	Breakfast		Lunch			Supper		
	hot counter	cold counter	bread rolls	wraps/baguettes	snacks	main meal selection	veg	desserts
Mon	freshly made porridge sausage hash brown baked beans grilled tomatoes poached eggs toast	selection of cereals grapefruit segments fresh juice - lemon or orange	tuna mayo egg mayo ham cheese bacon sausage	wraps: tuna mayo & lettuce egg mayo & lettuce ham & tomato or ham salad cheese & tomato or cheese salad BLT	flapjack shortbread chocolate brownie kit kat crisps	chicken & mushroom pie traditional cottage pie tuna & pasta bake cheese, leek & broccoli hot pot	baked herb potato mashed potatoes garden peas cauliflower	lemon sponge with custard assorted yoghurts & fresh fruit fruit jelly
Tue	freshly made porridge grilled bacon hash brown baked beans grilled tomatoes scrambled eggs toast	selection of cereals grapefruit fresh juice - apple or orange	tuna mayo egg mayo ham cheese bacon sausage	baguettes: tuna mayo egg mayo ham & tomato turkey cheese & tomato cheese & onion sausage	flapjack shortbread chocolate brownie kit kat crisps	chilli con carne with rice salmon & pasta bake bbq chicken pizza tomato & spinach cannelloni	boiled rice steamed potatoes sliced carrots green beans	jam sponge with custard assorted yoghurts & fresh fruit fruit jelly
Wed	freshly made porridge sausage hash brown baked beans grilled tomatoes poached eggs toast	selection of cereals orange segments fresh juice - apple or orange	tuna mayo egg mayo ham cheese bacon sausage	wraps: tuna mayo & lettuce egg mayo & lettuce ham & tomato or ham salad cheese & tomato or cheese salad BLT	flapjack shortbread chocolate brownie kit kat crisps	chicken curry with rice pork & vegetable casserole pasta quills in a spicy sausage sauce cheese & onion pie	boiled potatoes spicy Ullswater wedges broccoli diced swede	toffee sponge with custard assorted yoghurts & fresh fruit fruit jelly
Thu	freshly made porridge grilled bacon hash brown baked beans grilled tomatoes scrambled eggs toast	selection of cereals grapefruit fresh juice - apple or orange	tuna mayo egg mayo ham cheese bacon sausage	baguettes: tuna mayo egg mayo ham & tomato turkey cheese & tomato cheese & onion sausage	flapjack shortbread chocolate brownie kit kat crisps	sweet & sour pork paella jacket potato with a variety of fillings savoury vegetable wraps	baby potatoes savoury rice green beans sweetcorn	creamed rice pudding with strawberry jam assorted yoghurts & fresh fruit fruit jelly
Fri	freshly made porridge sausage hash brown baked beans grilled tomatoes poached eggs toast	selection of cereals florida cocktail fresh juice - apple or orange	tuna mayo egg mayo ham cheese bacon sausage	wraps: tuna mayo & lettuce egg mayo & lettuce ham & tomato or ham salad cheese & tomato or cheese salad BLT	flapjack shortbread chocolate brownie kit kat crisps	battered haddock spaghetti bolognese cheese, ham & tomato quiche vegetable chilli with rice	chips baby new potatoes mixed vegetables sweetcorn	blackcurrant sponge with custard assorted yoghurts & fresh fruit fruit jelly
Sat	freshly made porridge grilled bacon hash brown baked beans grilled tomatoes scrambled eggs toast	selection of cereals grapefruit fresh juice - apple or orange	tuna mayo egg mayo ham cheese bacon sausage	wraps: tuna mayo & lettuce egg mayo & lettuce ham & tomato or ham salad cheese & tomato or cheese salad BLT baguette selection	flapjack shortbread chocolate brownie kit kat crisps	chicken & veg pie minced beef lasagne with garlic bread bangers & mash mushroom pancakes	jacket wedges mashed potatoes buttered leeks roasted veg	chocolate sponge with chocolate custard assorted yoghurts and fresh fruit fruit jelly
Sun	freshly made porridge sausage hash brown baked beans grilled tomatoes poached eggs toast	selection of cereals orange segments fresh juice - apple or orange	tuna mayo egg mayo ham cheese bacon sausage		flapjack shortbread chocolate brownie kit kat crisps	steak pie chicken & leek pasta bake salmon fish cakes vegetable curry & rice	parsley potatoes creamed potatoes sweetcorn carrots	apple crumble with cream assorted yoghurts and fresh fruit fruit jelly