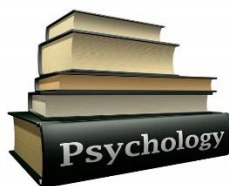


Summer preparation work -Post 16 students- Psychology

Welcome to the Wonderful World of **Psychology**..!



Psychology is a fascinating subject, the study of people, behaviour and the mind. It is a broad subject with many different areas. One subject area that you will study in year 1 is psychopathology. To study this area, you need to consider what is normal in order to understand what is abnormal. Obviously this can be hard to define and has issues around who decides on what 'normal' is.

Task 1

Do an internet search on famous celebrities that you would consider to be 'abnormal'. Why would you consider them to be abnormal? Make a collage of these celebrities with ideas written around them about what makes them abnormal. (This can be done on the computer, or you can print out pictures of celebrities and write your ideas around the pictures) If you don't have access to a printer just write the names of the celebrities and your idea around them in a mind map. The celebrities can be living and current or celebrities who have died. For example, Michael Jackson, Katie Price, Amy Winehouse and your own ideas. Why may they be considered to be 'abnormal'?

Task 2

Answer this next question in a paragraph

What do you think helps us to decide what is normal and what is not, who judges? Why do you think this may cause problems?

Task 3

The following people have all committed high profile crimes.

- Peter Sutcliffe
- Harold Shipman
- Josef Fritzl
- Robert Thompson

Choose one of these cases and research them. Consider and discuss the reasons why they may have carried out such horrific crimes. Think about the following explanations:

Environmental factors

Genetic Influences

Mental Illness.

Write this up, at least one side of A4.

Task 4

Look at The British Psychological Society Website

- Go to 'NEWS' look at interesting articles related to psychology in the news, keep checking this over the summer to keep abreast of psychology in the news.
- Then go 'For the Public'-What is psychology? And find out more about the study of psychology.
- Then go to 'become a psychologist' and look at 'careers in psychology' click on the various areas in psychology to give you an idea of future career choices to aspire to.

Task 5

Look at the reading lists below. You will be able to order any of the books from amazon if you are interested. I would also recommend watching the films (bottom of the page) they link closely to some of the areas we look at in A level psychology. You should be able to find them on Netflix or Amazon Prime.

Psychology Reading List

So you would like to explore Psychology further! Here are some suggestions of books that you may find interesting. These books are factual and whilst some are written like textbooks others are more light hearted!

- **Lauren Slater** *Opening Skinner's Box*
- Geoff Rolls *Classic case studies in Psychology*
- Stuart Sutherland *Rationality*
- Stuart Sutherland *Breakdown: A personal crisis and medical dilemma*
- Oliver Sacks *The man who mistook his wife for a hat*
- Chris Sizemore *I'm Eve*
- Matt Jarvis *Sport Psychology*
- Putwain and Sammons *Psychology and Crime*
- Paul Britton *The Jigsaw Man*
- Sandra Aamodt & Sam Wang *Welcome to Your Brain*
- Judith Rapoport *The boy who couldn't stop washing*
- Robert Akeret *The man who loved a polar bear & other psychotherapist's tales*
- John Grisham *Innocent Man*

This second list are fiction books/films, but all have strong links to our study in A level Psychology.

- **Ken Kesey** *One Flew Over the Cuckoos Nest* (also watch film) (Psychopathology)
- **Mark Haddon** *The Curious Incident off the dog in the night time* (Autism/Aspergers)
- **Harper Lee** *To kill a mockingbird* (also watch film) (Social Influence)
- **Sylvia Nasar** *A beautiful mind* (also watch film) (Schizophrenia)
- **Good Will hunting** (film) (Attachment)