

# Personal Development

## Long term planning objectives



At St Aloysius, our exceptional education is ambitious; we hold high expectations for all of our pupils and learning is clearly sequenced to ensure that they leave our school fully prepared for the opportunities and challenges they may face in their future and in all they aspire to do. We foster a love of learning, where pupils mature into enthusiastic, resilient learners. Our broad and balanced curriculum is planned to enable progression in key knowledge and subject specific skills from Early Years all the way through to Year 6. Content is sequenced to ensure that component knowledge leads to conceptual understanding; pupils are encouraged to make connections across year groups and subjects, therefore enabling them to think more deeply and interrogate subject matter. Key threshold concepts are woven through subjects to allow pupils to make meaningful links between current learning and that which came before. We provide pupils with regular opportunities to retrieve and recall prior learning, thus committing learning to their long-term memory.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Myself Similarities and Differences Tolerance and Respect	Customs and Traditions Celebrations	My Talents Caring for Others	Growing and changing	Caring for our world	Moving on
Reception	Myself My Body My Health	My Feelings My Likes and Dislikes Growing up	Relationships – friends Online Safety	Personal Safety People who help us	Loving Others	Citizenship
Key Stage 1	I am Unique Girls and Boys Clean and Healthy	Feelings The cycle of Life	Treating others with Respect Forgiveness	Physical Contact Harmful Substances Who can help us?	The Holy Trinity Loving Our Neighbours	Communities we live in.
Lower Key Stage 2	Tolerance and Differences Growth and Development including an introduction to Puberty	Being thankful Understanding Emotions Life Cycles	Families Understanding negative emotions	Online Behaviour Drugs, alcohol and tobacco First Aid Heroes	A community of love – The Church	How to love others
Upper Key Stage 2	Gifts and Talents Female and Male anatomy Hormones and Sleep	Body image Emotional Changes Harmful online content (Year 6 only) Making Babies Menstruation Hope Beyond Death	Peer Pressure Encouraging others	Cyberbullying Sharing content online Types of abuse Lifestyles Helping others	Catholic Social Teaching Faith in Action	Reaching out Coping with modern life Moving on