

EYFS Curriculum Links

Real-life experiences

Language rich environment

Sensory play

Outdoor Learning

Purposeful interactions

What does Personal Development look like in Early Years?



In EYFS, children are introduced to Personal Development through the Personal, Social and Emotional Development prime area of learning. By the end of Reception, children who are at the expected level of development in the area will:

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. *(Self-Regulation)*
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. *(Self-Regulation)*
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. *(Self-Regulation)*
- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. *(Managing Self)*
- Explain the reasons for rules, know right from wrong and try to behave accordingly. *(Managing Self)*
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices. *(Managing Self)*
- Work and play cooperatively and take turns with others. *(Building Relationships)*
- Form positive attachments to adults and friendships with peers. *(Building Relationships)*
- Show sensitivity to their own and to others' needs. *(Building Relationships)*

In both Nursery and Reception, children begin to develop their understanding of the world around them and their place within it. Personal Development doesn't happen in isolation, it happens through daily practice within our Early Years classroom. Our children are supported to have a positive sense of themselves, respect for others, social skills, emotional well-being and a positive disposition to learning. Personal Development is woven through all we do at St Aloysius; through every interaction, every event, every circle time, every story time and every assembly.

As children move into Key Stage 1, they continue to develop their understanding of personal development through our extensive and wide-ranging curriculum offer.

