Gluten and Dairy Free AUTUMN WINTER MENU 2026 / 2027

caterlink
feeding the imagination

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 2nd Nov 23rd Nov 14th Dec 18th Jan 8th Feb 8th March	**Option One**	Chicken and sweetcorn meatballs in Tomato Sauce with Rice			
	Option Two	Jacket Potato with Baked Beans	Plant Balls in Tomato Sauce with Rice **(VE)**	Roast Chicken,, Roast Potatoes and Gravy	Chicken Tikka Masala with Rice	GF Fish Fingers, Chips and Tomato Sauce **(V)**
	Sides	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**
	Dessert	Gf/DF Cake of the Week	GF/DF Cake of the Week	Fruit Medley **(VE)**	Jelly with Mandarins **(VE)**	GF/DF Cake of the Week **(V)**
WEEK TWO 9th Nov 30th Nov 4th Jan 25th Jan 22nd Feb 15th March	**Option One**	Chilli and Rice				
	Option Two	Five Bean Chilli with Rice **(VE)**	Minced Beef and Onions with New Potatoes	BBQ Chicken, Seasoned Potatoes and Sweetcorn Salsa	Jacket Potato with Beans	GF Fish Fingers Chips and Tomato Sauce **(V)**
	Sides	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**
	Dessert	GF/DF Cake of the Week(VE)	Jelly **(V)**	Fruit Pot	GF/DF Cake of the Week	GF/DF Cake of the week
WEEK THREE 16Th Nov 7th Dec 11th Jan 1st Feb 1st March 22nd March	**Option One**		Mexican Chicken with Paprika Wedges		Mild Caribbean Chicken with Golden Rice	GF Fish Fingers Chips and Tomato sauce
	Option Two	Beef Pasta Bolognaise	Tomato Pasta **(VE)**	Vegan Sausage and Roast Potatoes with Gravy **(VE)**	Caribbean Stew with Golden Rice **(VE)**	Red Pepper Frittata with Chips and Tomato Sauce **(V)**
	Sides	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**	Vegetables of the Day **(V/VE)**
	Dessert	Mixed Melon Platter **(VE)**	GF/DF cake of the Week	Jelly **(VE)**	GF/Df cake of the Week	GF/DF Cake of the Week

MENU KEY:

- Whole grain
- Plant based
- Added plant protein
- **(VE)** Vegan
- **(V)** Veggie

AVAILABLE DAILY: Jacket Potatoes with a choice of fillings, Salad and Fresh Fruit.

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.