



St Andrew's Academy Family Update Newsletter

Spring Term 1

7th February 2025

Headteacher's Welcome



At St Andrew's we're really keen to place ourselves in the heart of the community and connect with as many organisations as possible. Part of this outward facing vision is to engage with other schools, specialist and mainstream. This week, we have seen our second football match this term, this time against Bladon House School. Whilst our young people have a contrasting need, the inclusion, collaboration and engagement were nothing short of beautiful. The mutual respect and friendship shown on the day has opened the door to many more sporting, and other collaborations and I look forward to sharing these with you as they arise.

As shared previously, our intent is to broaden life experiences and enable opportunities for our young people to be the global citizens they are. I'd like to wish the group of staff and students who are embarking on their adventure to the Bendrigg Trust in Kendal, Lake District next week a fantastic time. The programme of off-site visits, trips and residential is not just something we're proud of- it is our young people's right. Over the course of the year, we aim to provide a

multitude of opportunities and the Bendrigg Trust is a new venture for us and one which I'm looking forward to celebrating on their return.

Wishing you a safe and restful weekend,

David Braybrooke - Headteacher

School Fundraiser: Emma and Sarah are running 10k!



Emma and Sarah (and hopefully more of the St Andrew's team) are bravely running the Carsington 10k on 21st June 2025 to raise money for sensory integration equipment for students at St Andrew's. We are very excited to support them and cheer them on!



If you would like to support Emma and Sarah and raise money for a great cause, their GoFundMe link is below:

<https://gofund.me/db669786>

We wish them both the best of luck!



Autism & ADHD workshops for parents Jan-April 2025



Autism and ADHD – workshops for parents
*Limited FREE creche places are available

What is Autism?
Wednesday 29 January, 1-3pm at Osmaston Allenton Family Hub*
Call 01332 956850 to book
Monday 10 February, 9:30 – 11:30am at Mackworth Morley Family Hub
Call 01332 208175 to book
Monday 31 March, 9:30-11:30am at Rosehill Family Hub
Call 01332 641315


What is ADHD?
Thursday 3 April, 6-8pm at Sinfin Family Hub
Call 01332 956967 to book

Using Visual Resources
Includes FREE sets of visual resources to support your child at home.
Tuesday 11 February, 1-3pm at Osmaston Allenton Family Hub*
Call 01332 956850 to book
Monday 3 March, 1-3pm at Becket Family Hub*
Call 01332 640250 to book


Communicative Behaviour
Wednesday 12 February, 6-8pm at Mackworth Morley Family Hub
Call 01332 208175 to book

Understanding Social Communication
Monday 3 February, 6-8pm at Becket Family Hub
Call 01332 640250 to book
Wednesday 2 April, 1-3pm at Derwent Family Hub*
Call 01332 641010 to book

Please book a place for yourself and a supportive family member or friend.



Please scan for further information



Family Hub Derby - What's on Guide - January to April 2025:

<https://www.derby.gov.uk/media/derbycitycouncil/contentassets/documents/communityandliving/familyhubs/whats-on-guide-jan-april-2025.pdf>

Key Stage 3

Barra class enjoyed playing different musical instruments with the Rocksteady band who came into school. Rocksteady helped the students understand how each instrument worked, allowing them to perform their own songs.





The Glens

This week during outdoor learning, the FairIsle chefs turned up the heat with some sizzling delicacies. Even without the sun shining, we are able to have some fun grilling in the great outdoors.



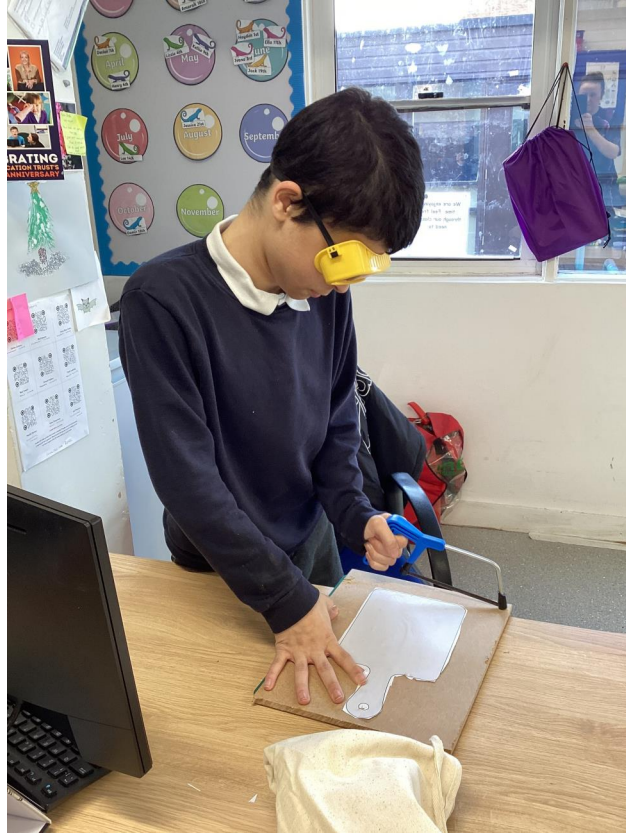


Key Stage 4



Helping each other
 Kindness
 Respect
 Love
 Be nice
 Share
 Listen
 Be kind
 Be brave
 Be honest
 Be fair
 Be polite
 Be responsible
 Be confident
 Be curious
 Be creative
 Be resilient
 Be empathetic
 Be inclusive
 Be open-minded
 Be self-aware
 Be socially-aware
 Be emotionally-aware
 Be spiritually-aware
 Be physically-aware
 Be environmentally-aware
 Be culturally-aware
 Be linguistically-aware
 Be mathematically-aware
 Be scientifically-aware
 Be historically-aware
 Be geographically-aware
 Be artistically-aware
 Be musically-aware
 Be physically-aware
 Be socially-aware
 Be emotionally-aware
 Be spiritually-aware
 Be physically-aware
 Be environmentally-aware
 Be culturally-aware
 Be linguistically-aware
 Be mathematically-aware
 Be scientifically-aware
 Be historically-aware
 Be geographically-aware
 Be artistically-aware
 Be musically-aware

Ks4 have been working on their Duke of Edinburgh skills. Over the last few weeks the D&T group have been working hard using lots of new equipment. Students have used a hacksaw, a drill and some sandpaper in order to make a cheese board. The Karate group have learnt some new skills, working on pad work; striking, kicking and blocking.











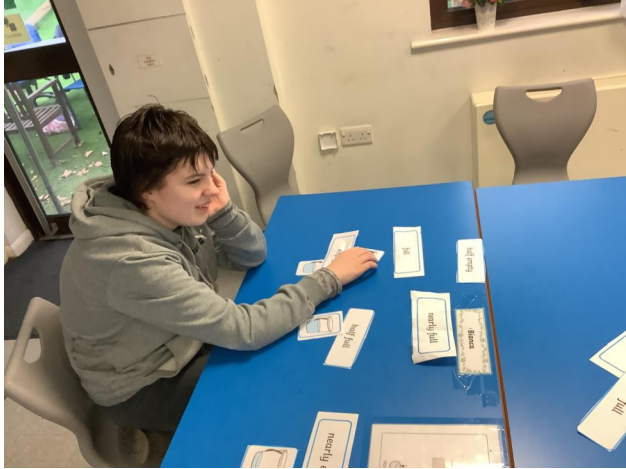
The Highlands



Taransay class have been enjoying completing sensory circuits for their physical and sensory lessons. Students have engaged very well with all the equipment and have consolidated their gross motor skills.

Jura class went bird watching at Attenborough Nature Reserve in Toton, where they learned to use binoculars to see the birds as well as feed the birds as part of Outdoor Ed.

Iona class have been focussing on the concept of full and empty and applying this knowledge to practical situations such as pouring a drink and making a cup of tea.







Key Stage 5

Hello, hopefully everyone had a good week. This week we are doing a spotlight on our dance group at St Phillip's church. This term the students are doing a project on board games! They have used dance to represent games such as Frustration and Zap as well as taking turns using scarves and other objects as counters like in some of our favourite games. We are doing this in partnership with East Lab Dance Company who are inspiring everyone to dance and take part.

Our other students have also been creating some abstract art influenced by Kandinsky for valentines day wich turned out fantastically!

Student Question:

What is your favourite meal ever?

- Dad's chilli con carne
- Chocolate ice cream
- Mac and Cheese

Thank you for reading and enjoy your weekend!







Occupational Therapy



Some of Skye and Mull students accessed the sensory integration equipment today. It was a great way to focus on their sensory diets. Lots of core strengthening, co-regulation and proprioception input all afternoon!!







Alerting	Opposing	Calming
looking to the left	to jump	not pass
jumping on the spot	stick hands	not use hands
shouting	head down, body	body back
breathing in the air		slight posture

Residential Department



Residential focus this week was **Children's Mental Health Week 2025** with many examples of how daily activities can help improve our mental health. Our aim was to explore the importance of self-awareness and expressing emotions. Supported by The Walt Disney Company, and through the characters of Pixar's *Inside Out* and *Inside Out 2*, the focus is to encourage children and young people to discover how getting to know who they are can help them build resilience, grow and develop.



1 - A special breakfast this week for everyone.



2 - Eating together with friends.



3 - Taking time out to enjoy rewards and get out in the local community



4 - Learning about other cultures. Our French themed breakfast.



5 - Focus, keep, keep trying to succeed.



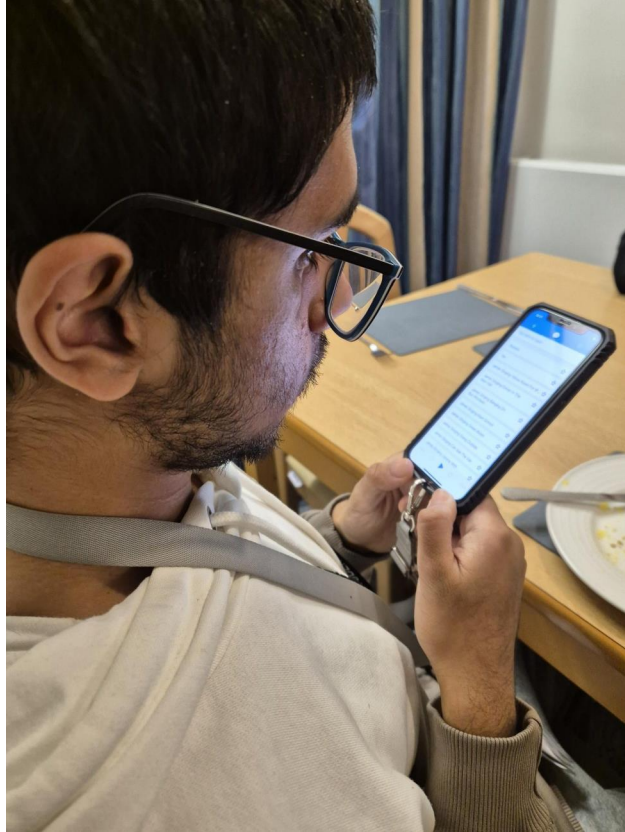
6 - Moving our bodies. Daily exercise helping to boost our mood.



7 - Getting creative, making residential Mental Health Week poster.



8 - Spending quality time together with our friends, making happy memories.



9 - Developing our communication to express emotions.

Next Match SEN United vs Sands Notts



Extra Curricular

From cups to plates students have been painting pottery in Creative Arts After School Club







At Outdoor Ed Club we've been busy at the allotment and the students put out the bird feed they made last week.







Contact Us

St Andrew's Academy

St Andrew's View

Breadsall Hilltop

Derby

DE21 4EW

Tel: (01332) 832746

Email: standrews.admin@sas.set.org