

# St Andrew's Academy Family update newsletter

9th February 2024

Spring Term

### Head Teacher's Welcome



What an incredible success Child Mental Health Week was at St Andrew's last week. We delayed the release of this newsletter from 9th to the 12th February to capture right up until home time on Friday. Please enjoy and celebrate all of the wonderful activities, learning, collaboration and enjoyment shown within the photos and details of this newsletter. As mentioned last week, we procured the talents of a professional videographer who captured the impact on film and is currently editing the footage to share with us soon.

It's vitally important that national agenda that present themselves as a week or month long timeframe don't become tokenistic and last for a defined period of time. The mental health and wellbeing of our students is paramount and is afforded a very carefully planned response from St Andrew's that forms the fabric of our offer everyday. Raising the profile of how we support young people to develop their own strategies in managing their own mental health is of massive value but it's the legacy of events like these that impact long term outcomes. The theme of the week was 'my voice matters' and that continues in the future as pupils were asked what they'd like to do again. Many of the new activities tried will now be on offer long term for pupils to enjoy and share.

A huge congratulations to the pupils for being open to new activities, working with unfamiliar adults and peers and navigating the excitement with maturity and wonder. In addition, a huge well done and thank you to the herculean effort by every member of staff who facilitated such a diverse offer with creativity and care.

#### **David Braybrooke**

#### Headteacher

### Increase to School Dinners Price

We would like to inform you that the price of school dinners will be increasing on Monday 26th February 2024, from £2.30 to £2.60 per day (£13.00 per week). Our catering supplier has reluctantly made this decision due to rising costs.

May we also take this opportunity to remind you to keep your ParentPay accounts topped up with dinner money. If you are expecting your child to have dinners every day during the week ahead, please ensure that your account is in credit by £13 at the beginning of the week. If your child does not attend school for whatever reason, you will not be charged for a dinner on those days and £2.60 for each day, will be carried forward to the following week.

If you notice any errors or believe you have been charged incorrectly for dinners, please do not hesitate to contact me, so that this can be corrected.

If you believe that your child may be entitled to Free School Meals, please click on the following link to download a form and hand into the school office: <u>Free School Meals Application Form</u>

Many thanks,

**Tracey Watts** 

Admin Assistant

### Key Stage 3

In Orkney Class our students have had so much fun this week! They have done some amazing activities. We have had students doing swimming, cycling at the velodrome, nails and hair, soft play, boxing, pound, animal encounters ,disco, cinema and sooo much more! This week has been an amazing chance for them to meet different members of staff and mix with some of our older students all whilst having fun celebrating Children's Mental Health Week. Here's some photos from our afternoon Yoga sessions.





### The Glens

WOW what a week! Skye Class have thoroughly enjoyed celebrating 'Children's Mental Health Week' with the important theme focussing on 'Our Voice Matters'. The students have explored many different activities and learnt new skills along the way. They have transitioned to unfamiliar classrooms and worked well with different staff and students. As a class team, we are all so proud of all our students with how well they have coped this week; there have been so many smiles throughout the week!











Students in Fair Isle class have had an amazing week taking part in lots of different activities across school. This is to celebrate "Our Voice Matters" as part of child mental health week. Students have used their imaginations in Now Press Play, got stuck in with messy play, and explored the outdoors in Forest School, to name just a few! What a fabulous week! Staff are really proud of how well our students have got on this week with all the changes and trying new things, well done!









Mull class have had a great time this week, trying lots of new things for Child Mental Health week. Students chose what activities they wanted to do, as part of the theme "Our Voice Matters". Mull students have coped well with trying new things and working with different staff and peers across school. Some activities have included Nail art with Kiri Nails, messy play, and sports activities, and lots more! Well done everyone!





# Key Stage 4







### Highlands



What a fantastic week our students have had participating in Children's Mental Health week! We have thoroughly enjoyed taking part in a variety of activities to show our students how we can regulate our emotions and promote self-care.

Jura class used art to express their different emotions. Students used their fine motor skills to recreate the famous Scream painting by Edvard Munch. The student related different colours to different emotions to help understand their own feelings.

Iona class did a workshop with Hubub Theatre where we used body movement and music to express ourselves. Students got to experience a range of instruments and different types of music to discover the different types of emotions.

Taransay class enjoyed partaking in different sporting activities such as table cricket and boxing. Students used their gross motor skills to learn how to use sport as a way to regulate our feelings and have fun!













## Campus



1 - We welcomed Anna Drake from Project Search last week for an Assembly on Supported Internships at The Royal Derby. Anna bought 2 students in to do an assembly on the Internships, sharing photos and information to staff and students. <u>https://www.uhdb.nhs.uk/project-search-derby/</u> for more information please contact Anna Drake. Students need to be in year 13 to apply.



2 - Steps Derby invites all parents, carers and students to a coffee morning. Steps is a great local post 19 provision that lots of our ex students attend. Please support them by going along to their coffee morning, on 13th March. if you need more info email <u>stepsderby@hotmail.com</u>

or phone 07403866840

### **Residential Department**



Residential also joined in Mental Health Week and what better way to look after your mind and body by staying active, eating delicious fresh meals and partying with friends. We combined these with celebrating Chinese New Year and a students 15th Birthday Party.



3 - Regular exercise sessions vital in improving mental health and self esteem.



4 - We were kindly donated a Chinese tea by Oriental Express in Derby. The residential students enjoyed going to pick up the order.



5 - Ready to tuck into the fantastic takeaway treat.



6 - The Monday/ Tuesday group cooked their own Chinese tea, and also made some colourful decorations to help celebrate 2024 The Year of the Dragon.



7 - Let the birthday party commence.



8 - Happy 15th Birthday 🖉 🏈













9 - Disco and karaoke time. 🖉 🖧 🦧



10 - After a busy week of Mental Health activities and partying, time to recharge those batteries.

### Broomfield Hall Open Evening

Broomfield college welcomes you to their open evening.

Location: Broomfield Hall

Address: Broomfield Hall, Morley, Ilkeston DE7 6DN

Date: 14-02-2024 Time: 5pm - 7pm You can register at the link below: <u>Click here to register</u>

### SEN United Fixture



Come and watch Charity Football Team SEN United next friday, who are raising money for SEN projects including at St. Andrew's.

Makaton Sign of the Week



11 - This week's sign is:

To Love

### Contact Us

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