



Words you will learn:



emergency

A serious situation where help is needed urgently.



illness

When something is wrong with the body that makes a person feel unwell.



injury

When part of the body is hurt.



serious

Something important.



urgent

Needing action straight away.

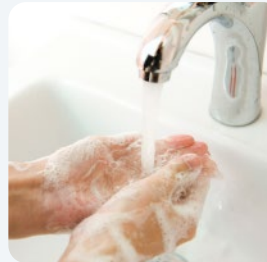
Medicine can help people feel better when they are ill.



Germs are tiny living things that can make you ill.



Stop **germs** spreading:



Protect yourself in the sun.





These people can help us when we are **unwell**.



Doctor



Dentist



Nurse

First aid is help someone needs when they are hurt or **unwell**.



Tell a trusted adult if something hurts or does not feel right.

"I feel dizzy."

"My stomach hurts."

"I have a sore throat."

"I can't move my ankle."

shoulder

elbow

stomach

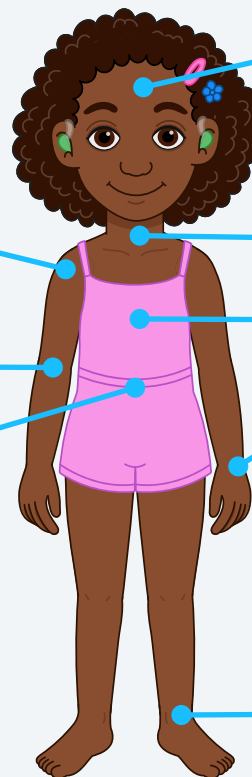
forehead

throat

chest

wrist

ankle



In an **emergency** call **999**.

