



We do lots of work and have lots of discussions in PSHE about ways we can feel and keep safe. In school you will learn about PANTS rules, it is important to always remember the Pants' rules for staying safe, it is your body and you have the right to say 'no' to any unwanted or inappropriate touch.



Grow and Flourish

PUPIL SAFEGUARDING INFORMATION



Created by St Andrew's School Council



Who can help me?

Miss Mills is the Designated Safeguarding Lead.

We want our school to be a safe environment for all pupils, staff and visitors. If you have any concerns you wish to share you can speak to any member of staff who will help you.

First Aid



Each classroom has First Aid equipment. Lunchtime Supervisors carry a First Aid kit during lunchtime. If you have hurt yourself, remember to always tell an adult.

What does it mean to be safe at school?

- You feel good about going to school
- You feel that people at school care about you
- You know what the rules are
- People listen to what you have to say
- People won't hurt you with words or actions
- If you have a problem people will always help you

Remember our school values.....



There are people at school who can help you, if you don't feel safe.
 You are not alone, it is not your fault.
 What if you don't feel safe.
 You might feel these things.

- Sad
- Afraid
- Worried
- Lonely
- Depressed
- Angry
- Sick in your stomach
- Scared to tell someone how you are feeling

Things that might help if you are not feeling safe.

- Tell someone you trust
- Go somewhere that you feel safe
- Talk to Childline

www.childline.org.uk/info-advice

What you can do if you don't feel safe

If someone is acting badly towards you, tell someone you can trust. Then together you can figure out how to make it better.

Keep asking for help until you get it.



How can you stay safe on the internet and when using social media?

8 tips to stay safe online

- 1 Be nice to people online.
- 2 Take care with what you share.
- 3 Keep personal information private.
- 4 Check your privacy settings.
- 5 Know how to report posts.
- 6 Keep your passwords safe.
- 7 Never meet anyone in person you've only met online.
- 8 If you see anything online that you don't like or you find upsetting, tell someone you trust.

Online safety Rules

- I keep my personal information safe
- I know that some people I meet online are strangers
- I am kind to others
- I ask permission
- I ask before I share photos of others
- I tell an adult if something upsets me