

# The Mease Federation

*It is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches.*

*Parable of the Mustard Seed- Matthew 13:31-32*

SUMMER TERM

19th April 2024



## Message from Miss Mills

Dear Families,

I would like to express my thanks for the overwhelming support we have had this week in regard to the weekend trespassers and vandals. We have been proactive and as a result, made strong links with the local PCSO, Costas Karpi, who will come and meet the children at St Andrew's next week. We have also ordered some security cameras which will hopefully deter any future trespassing on both sites. If you are ever passing either school and see something untoward, please report it and let me know on Class Dojo.

On a much happier note, I can report that the children have settled into the new term wonderfully. The children in Class 3 are thriving in Mr Buckley's care. They loved learning to program micro bits and used them to write me kind messages. Class 2 at Mary Howard have settled well and are enjoying being taught by Miss Ellis. They've thoroughly enjoyed reading their new book, 'The Monster Slayer', using drama to bring their writing to life.

The children in KS2 at Mary Howard are going swimming this half term at the Snowdome. The aim is for the children to reach the government's expectations for swimming by Year 6. This will be replicated at St. Andrew's next half term. We have decided to take the whole of Key Stage 2 every year so they get the opportunity to swim throughout their life in Key Stage 2 at our schools.

Last night, I was proud to attend the Tamworth Swimming Competition with four of our children representing both of our schools. Harry and Luke, represented Mary Howard and Ona and Keira

represented St Andrew's. They did an amazing job and I would like to thank them for being so fabulous. I would also like to thank their parents for supporting us and helping us to compete against other schools in the area.

Yesterday, myself and Mrs Orgill met with Charlene Gethin, our new CEO, to plan the migration over to TSSMAT. I will keep you informed of the changes and timeline. It is certainly exciting times. but everything will happen timely and for the benefit of our schools.

We are awaiting the launch of the new TSSMAT website, so please bear with us during the cross-over. The new menu is going well and the children are enjoying the new recipes.

I am passionate about making our schools the very best places to grow and flourish. I appreciate the support of our parents. I would like to remind you about Parent Forum. This is a way to build relationships and strengthen communication between school and home and look at ways to improve our schools further. There is a date booked so look at the parent forum section in this newsletter.

As always, we have an open door culture in our school, so if ever you have any queries or niggles, please do not hesitate to contact us. We are always glad to help.

Best wishes

Miss Mills

*"It is God who arms me with strength and keeps my way secure." – Psalm*

# What's Coming Up This Week

## Monday 22nd April

- PE All Classes—send children in PE kits
- SH Active—After School club—Mini Trampolining—3.30-4.30pm



## Friday 26th April

- PE All Classes—send children in PE kits

# For Information

## Parents of Year 6 children

If you need to apply for school transport for your child when they move to secondary school in September, you can do this online at [www.staffordshire.gov.uk/under16travelapply](http://www.staffordshire.gov.uk/under16travelapply)

## Weekly Blogs

Find out what the children have been up to in their classes this week using the links below.

Class One—[Class Blogs | The Mease Federation](#)

Class Two—[Class Blogs | The Mease Federation](#)

Class Three—[Class Blogs | The Mease Federation](#)

## Dojo Messages

Please be aware that any Dojo messages sent first thing in the morning will not be seen until after 9.00am. If your message is urgent or about illness, please call the office number and leave a message. Thank you.

# For Action

## IMPORTANT—Nut Allergy Update

As we have now joined TSSMAT, we will be adopting their directive on the management of nuts and nut based products in school which will now be extended to include products that may contain nuts/ traces of nuts.

It is important that you check the labelling of food products before sending your child into school with them - it is not always apparent that products contain nuts or traces of nuts but the consequences may be fatal.

If children require snacks at break-time, these **should only be fresh or dried fruit and healthy snack bars** that have been checked carefully. Key Stage 1 pupils will continue to be provided with a piece of fruit, daily.

Thank you for your co-operation and understanding in this matter.

## Break time snacks

As per the information above, children should only be provided with healthy snacks to eat at breaktime. Please support us by not sending in the following items for consumption at break time:

- Crisps
- Biscuits
- Sweets
- Chocolate bars
- Cakes/cake bars

These items may be included in your child's packed lunch as part of a balanced diet.





## Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:



### 1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

**Choose ONE EVERY DAY from:**

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes



### 2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

**Choose TWO EVERY DAY from:**

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



### 3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

**Choose ONE EVERY DAY from:**

- ✓ Milk
- ✓ Cheese - hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



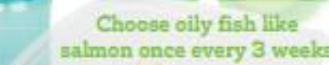
### 4 Protein Foods

for growth and repair

Pack a protein punch!

**Choose ONE EVERY DAY from:**

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans



### 5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk - or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie



### Occasionally!

Meat products such as sausage rolls, pies, sausages  
Plain cakes/sponges and biscuits of appropriate portion sizes



For more healthy packed lunch ideas and recipes visit [www.phunkyfoods.co.uk/recipes](http://www.phunkyfoods.co.uk/recipes)

# Dinners for Week Commencing 22nd April 2024

This week is: Week 3

## YOUR SCHOOL MENU

### WEEK 1



#### MONDAY

CHOOSE FROM  
 ✓ Plant-based burger in a bap with diced potatoes  
 Spaghetti bolognese  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Yoghurt, fruit and freshly baked mini shortbread biscuit

#### TUESDAY

CHOOSE FROM  
 ✓ Tomato pasta  
 Italian style chicken goujons with diced potatoes  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Chocolate brownie

#### WEDNESDAY

CHOOSE FROM  
 ✓ Handmade margherita pizza with crinkle cut wedges  
 Chicken and oriental style vegetable rice  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Fruit and jelly

#### THURSDAY

CHOOSE FROM  
 ✓ Quorn chicken pieces in a Yorkshire pudding  
 Sliced beef and Yorkshire pudding  
 ON THE SIDE  
 Vegetables of the day, roast potatoes and gravy  
 TO FINISH  
 Lemon drizzle sponge

#### FRIDAY

CHOOSE FROM  
 ✓ Sweet potato and lentil curry with a blend of brown and white rice  
 Baked fish fingers and chips  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Ice cream topped with cream

### WEEK 2

Our primary school menus comply with the Government's food and nutritional standards, meeting an average of 530 calories for each meal

#### MONDAY

CHOOSE FROM  
 ✓ Meat-free hotdog with diced potatoes  
 Cottage pie  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Yoghurt, fruit and freshly baked mini shortbread biscuit

#### TUESDAY

CHOOSE FROM  
 ✓ Roasted vegetable lasagne  
 Chicken nuggets with diced potatoes  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Apple flapjack

#### WEDNESDAY

CHOOSE FROM  
 ✓ Handmade margherita pizza with crinkle cut wedges  
 Ham carbonara with penne pasta  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Fruit and jelly

#### THURSDAY

CHOOSE FROM  
 ✓ Vegetable pastry crown  
 Roast chicken and Yorkshire pudding  
 ON THE SIDE  
 Vegetables of the day, roast potatoes and gravy  
 TO FINISH  
 Victoria sponge

#### FRIDAY

CHOOSE FROM  
 ✓ Somerset cheddar cheese and potato frittata  
 Baked battered fish and chips  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Homemade cookies

### WEEK 3



#### MONDAY

CHOOSE FROM  
 ✓ Somerset cheddar cheese and tomato quesadilla with diced potatoes  
 Pork sausage roll with diced potatoes  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Yoghurt, fruit and freshly baked mini shortbread biscuit

#### TUESDAY

CHOOSE FROM  
 ✓ Macaroni cheese with Somerset cheddar  
 Chicken curry with a blend of brown and white rice  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Jam sponge

#### WEDNESDAY

CHOOSE FROM  
 ✓ Handmade margherita pizza  
 Bubble salmon  
 ON THE SIDE  
 Vegetables of the day and crinkle cut wedges  
 TO FINISH  
 Fruit and jelly

#### FRIDAY

CHOOSE FROM  
 ✓ Vegetable and bean burrito  
 Baked fish fingers and chips  
 ON THE SIDE  
 Vegetables of the day  
 TO FINISH  
 Freshly baked marble shortbread biscuit

#### THURSDAY

CHOOSE FROM  
 ✓ Somerset cheddar cheese and tomato puff  
 Roast chicken and Yorkshire pudding  
 ON THE SIDE  
 Vegetables of the day, roast potatoes and gravy  
 TO FINISH  
 Chocolate orange sponge

Light bite options available. Daily sandwiches, jacket potatoes with fresh daily fillings

# Attendance

## Why is it important?

Attendance	Days absent	Weeks absent	Lessons missed
95%	9 days	2 weeks	50 lessons
90%	19 days	4 weeks	100 lessons
85%	29 days	6 weeks	150 lessons
80%	38 days	8 weeks	200 lessons
75%	48 days	10 weeks	250 lessons
70%	57 days	11.5 weeks	290 lessons

**89% or below**  
Drastic effect on  
academic achievement

**96% - 90%**  
Cause for Concern

**100% - 97%**  
Excellent!



Attendance figures for this week

Class One—96.47%

Class Two—97.06%

Class Three—96.47%

## Dentist/Medical Appointments

Could we kindly remind parents/carers to try and book dental and medical appointments outside of school times. We do understand that there are occasions when this is not always possible. Thank you.

# Dates to Note

## DATES TO NOTE

### April

Tuesday 30th April—Outdoor poetry day and author visit

### May

Friday 3rd May—Rock Up and Read

Friday 3rd May—Parent Forum 2.45pm

Monday 6th May—Bank Holiday

13th-16th May—KS2 SATs week

Thursday 16th May—Census Day

Thursday 23rd May—Let Your Light Shine Worship—3pm

Friday 24th May—Break up for half term

### June

Monday 3rd June—Inset Day

Tuesday 4th June—Children return to school



# Dojo Scores

## This Week's Dojo Scores

Water—90


Fire—108

Air—82

Earth—107

**Well done Fire!**

# SH Active Information



**SH**  
ACTIVE SPORTS

WILL BE HOSTING  
THE FOLLOWING  
EXTRA CURRICULAR  
ACTIVITIES IN YOUR  
CHILD'S  
SCHOOL

SH Active Sports  
@Shactivesports  
www.shactivesports.co.uk

## MINI TRAMPOLINING

At St Andrews Primary school

FOR TIMES DATES AND PRICES  
PLEASE  
SEE BOOKING SYSTEM


Monday

### TRAMPOLINING

Mini Trampolining can be a fun and beneficial activity for children. It provides them with an opportunity to have fun while also engaging in physical activity. It's a popular choice among children for its combination of entertainment and exercise. Trampolining provides an excellent cardiovascular workout, helps improve balance, coordination, and flexibility. It also strengthens muscles, particularly in the legs and core, whilst increasing social interaction.

**To book: Please scan the QR code or follow the link below.**

<https://sh-active-sports.classforkids.io>




(Open camera on smartphone and scan QR code above)

For any queries please contact 07709488681 or [info@shactivesports.co.uk](mailto:info@shactivesports.co.uk)

Booking is deemed acceptance of our Terms & Conditions. available on our website and booking system. \* Prices include VAT charge of 20%

# Community Events

CLIFTON CAMPVILLE VILLAGE HALL WEEKLY EVENTS DIARY	
DAY:	Event:
Every Monday – Main Hall 9.00am - 12pm (NB: 1st Monday of every month is Bacon Roll Day!)	Community Coffee Shop - The aroma of Bacon Rolls wafting through the village is mouth-watering the first Monday of every month! Together with a wide variety of coffees & other drinks, a selection of delicious cakes, crumpets & teacakes, it is proving very popular indeed. Would you like to join us and become part of this vibrant fun-loving Community? If so, then please think about becoming a member of the Committee, or put your name on the "Friend of the Hall" volunteer rota! If you would like to volunteer – please email Pat Moore on: <a href="mailto:amoores49@btinternet.com">amoores49@btinternet.com</a> OR send an email with a heading 'Hall Helpers' to: <a href="mailto:ccvhall2018@gmail.com">ccvhall2018@gmail.com</a> .
	
Every Monday evening – Main Hall 6:45pm – 7:45pm (£5 per class)	Hatha Yoga with Keely. Beginners always Welcome! Come along & enjoy the relaxed atmosphere and camaraderie in our newly refurbished warm Village Hall. You will have fun & feel better too! To book your place email: <a href="mailto:keelylawrence@hotmail.com">keelylawrence@hotmail.com</a>
Every Tuesday morning – Main Hall 9:30am – 10:30am (£5 per class)	Hatha Yoga with Keely. Beginners always Welcome! Come along & enjoy the relaxed atmosphere and camaraderie in our newly refurbished warm Village Hall. You will have fun & feel better too! To book your place email: <a href="mailto:keelylawrence@hotmail.com">keelylawrence@hotmail.com</a>
Every Wednesday – Main Hall 10:30am to 12:00 noon (£4.50 per week - paid monthly)	'Love to Move' Chair Exercise - Drinks & biscuits provided. Come along if you still haven't had a chance to check out this fun-filled class. Alone, or as a group of friends, or neighbours, or if you know someone who would benefit from this class, let them know. Please contact Pat Green on 01827 373357 or via Email: <a href="mailto:patandcliffgreen@gmail.com">patandcliffgreen@gmail.com</a> to book your chair!
Every Wednesday - Main Hall (4:30pm to 5:30pm prompt!) (£6 per session)	Kids Karate - Train with Jim Healey a fully insured / Dan Black Belt Instructor. Primary School age only (4 yrs up). For more information & to book your place contact: Judy or Sensei Jim Healey: Mobile 07721 397655 Email: <a href="mailto:james.healey73@hotmail.co.uk">james.healey73@hotmail.co.uk</a> .
Every Friday – Main Hall 1:30pm - 3:30pm (£3 weekly session - £5 for Workshops, including Tea or Coffee)	Art & Craft social Group - with special monthly workshops. All materials provided for workshops. See poster for details of weekly group in the magazine, or on the Village Hall Notice Board outside the hall, or alternatively contact: Kate Smith on 01827 373368 or Email: <a href="mailto:c.smith284@btinternet.com">c.smith284@btinternet.com</a> .
Every other month (approx.) – Main Hall 7.00pm – 9:30pm (usually on the second Tuesday of the month).	Clifton Campville with Thorpe Constantine Parish Council Meetings. If you need more information, or would like to attend, then please contact Sue Hughes via the Parish Council Email: <a href="mailto:ccparishcouncil@gmail.com">ccparishcouncil@gmail.com</a> OR go to the Website: <a href="http://www.cliftoncampvillewiththorpeconstantinepc.info">www.cliftoncampvillewiththorpeconstantinepc.info</a>
The Green Man Car Park 10:05am – 10:35am Check Mease Valley News Magazine for dates	MOBILE LIBRARY SERVICE – Pickup a 'thriller' – if you dare – to keep you company on these dark nights! Or while away the hours with a Romantic novel – love conquers all – or why not pick up a book to improve your mind for that family quiz!
NOTE - for monthly news & events in all the Mease Valley villages parish magazine. Contact <a href="mailto:measevalleymag@outlook.com">measevalleymag@outlook.com</a> to subscribe £10 per year to receive the parish magazine, delivered right to your door!	

## St Andrew's Church & Clifton Campville Village Hall

Invite you to come and "Play Detective" and interrogate the cast of:



### **Sudden Death** *at* **Thornbury Manor**

**A Murder Mystery Event in the style of an old-fashioned Radio Play**  
**by Chris Lewis & Carol Hutton**

**At St Andrew's Church, Main St, B79 0AP - Saturday 20<sup>th</sup> April 2024**

Doors open at 6.30pm for a prompt 7.00pm start, with a buffet during the interval.

- Paid bar available before and during the interval
- Ticket Price: **Adult £20** Child (under 15 yrs.) **£6** Family Ticket **£40**
- **Limited tickets so booking is essential.** BACS payments preferred.

For booking details contact: **Sarah Ennis - 01827 898108** or [sj\\_ennis@hotmail.com](mailto:sj_ennis@hotmail.com)



Clifton Campville Village Hall presents

# 2024 Skittles Nights

(with Fish/Pie and Chip Supper)

**Our second Skittles Night will be held on**

**Saturday 4<sup>th</sup> May 2024 and 18<sup>th</sup> May 2024**

*Choose the date that you can make*

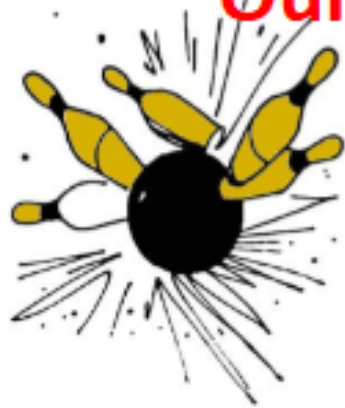
6.45pm for 7pm start

**Licensed Bar**

**£8 per ticket, £5 for children 10 years and under**  
(includes fish or pie and chips, mushy peas, bread and butter)

**LIMITED SPACES** - To book please contact **Pat on (01827) 373357**

£5 deposit required



# Community Events



**SALE**

CLIFTON CAMPVILLE VILLAGE HALL  
ARE HOLDING A

**TABLE TOP SALE**

**11am to 3pm**

**SATURDAY 11 MAY 2024**

(Doors open at 9am for table holders to setup)



Tea, Coffee &  
cakes also  
available all  
day too!

**DO YOU HAVE ANY UNWANTED GIFTS OR ITEMS THAT YOU DON'T WANT?  
THEN WHY NOT BOOK A TABLE AT OUR TABLE TOP SALE!**

**£10 small table / £15 large table (or share with a friend)**

(all mechanical/electrical items must be in working order - unless stated)

(all clothing must be clean & clearly priced)

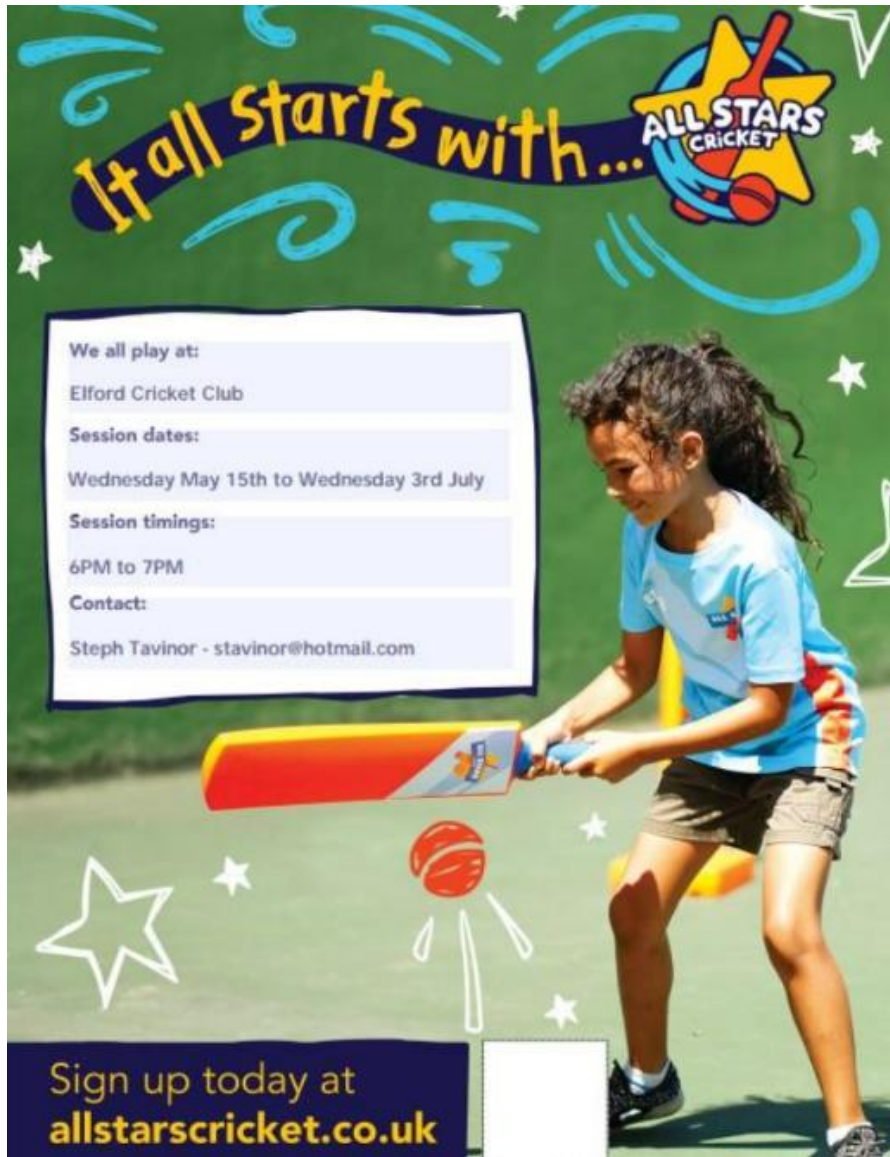
**Please Note** – tables are going quickly - so please book  
early as it's on a **"first come first served"** basis!

To book a table – call **Pat Green - 01827 373357**



**SALE**

# Community Events



**It all starts with...** **ALL STARS CRICKET**

We all play at:  
Elford Cricket Club

Session dates:  
Wednesday May 15th to Wednesday 3rd July

Session timings:  
6PM to 7PM

Contact:  
Steph Tavinor - stavinor@hotmail.com

Sign up today at  
[allstarscricket.co.uk](https://allstarscricket.co.uk)

The poster features a young girl in a light blue t-shirt and grey shorts, holding a red and yellow cricket bat. The background is green with white stars and blue swooshes. The 'ALL STARS CRICKET' logo is a yellow star with a red cricket ball and bat inside.

We are excited to be offering All Stars Cricket at Elford Cricket Club this year! All Stars is aimed at 5–8-year-olds and is a brilliant, fun and energetic 8-week introduction to cricket. For £30 all participants will get a personalised t-shirt, as well as 8 weeks of coaching. Here is the link to book your child's place - <https://ecb.clubspark.uk/AllStars/Course/2cf22ba1-2c06-4aa1-a566-27c79092cdea>



**DYNAMOS CRICKET**

**This is our game.**

[dynamoscricet.co.uk](https://dynamoscricet.co.uk)

Join us at:  
Elford Cricket Club

Session dates:  
Wednesday 15th May to Wednesday 3rd July

Session timings:  
6PM to 7PM

Contact:  
Steph Tavinor - stavinor@hotmail.com or 07847228812

The poster shows a young girl in a yellow t-shirt and black shorts holding a cricket bat, with a man in a black t-shirt leaning in to talk to her. The background is a cricket field. The 'DYNAMOS CRICKET' logo is in pink and yellow.

Elford Cricket Club are excited to be offering Dynamos Cricket at Elford Cricket Club this year! Dynamos is aimed at 8 -11-year olds and is a brilliant, fun and energetic 8-week introduction to cricket. For £30 all participants will get a personalised t-shirt, as well as 8 weeks of coaching. Here is the link to book your child's place - <https://ecb.clubspark.uk/Dynamos/BookCourse/42ce81f8-41ef-4de0-afc2-c69c953347b3>