

Thursday 16th December 2021

Dear Parents, Carers and Guardians

I would like to take this opportunity to introduce myself as *Personal Health Champion* at the Mease Federation and draw your attention to the **Relationships and Health Education Policy** on the Federation website. A link can be found here:

[relationships-and-health-education-policy-2021.pdf \(primarysite-prod-sorted.s3.amazonaws.com\)](#)

Alternatively, you can request a paper copy from the school office.

Relationships Education, Relationships and Sex Education and Health Education are all statutory requirements of the National Curriculum. They are taught together under the umbrella of PSHE (Personal, Social and Health Education). Links are also made to other curriculum areas – Science, RE, PE and Computing.

At the Mease Federation we aim to promote personal wellbeing and development by giving pupils knowledge, understanding, attitudes and practical skills to live healthy, safe and fulfilled lives both now and in the future.

All teaching in PSHE will take place, as always, in a safe learning environment underpinned by our Federation ethos and values.

In addition, there is a Mental Health and Wellbeing section of the website, providing useful resources, links and contacts should you need additional support for your child.

If you have any comments or questions about the policy I can be contacted at St Andrews' or by email

Sarah.orgill@maryhoward.staffs.sch.uk

Yours sincerely,

Mrs S Orgill