### ANTI-BULLYING

DIANA ANTI-BULLYING AWARD

Our school is working together to make it a bully free space

We are here to tell you about the antibullying Diana award.



## Bullying needs to stop

Bullying can affect different people in a lot of different ways. Some people get depressed, some people try and change themselves to fit in.

There are four kinds of bullying:

Cyberbullying

Physically bullying

Verbal bullying

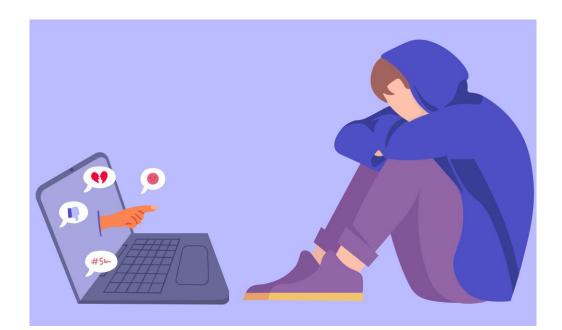
Indirect bullying

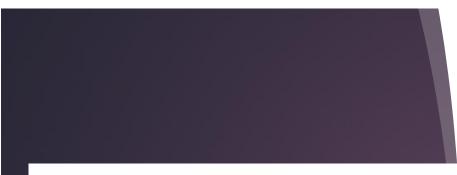
<u>The one thing that makes all of</u> <u>these bullying is that they are</u> <u>repeated and mean.</u>



#### Cyberbullying

- Cyberbullying means that somebody is cyberbullying online
- This could happen over any platform of social media
- Or even over private messages







# Physical bullying

This means somebody hitting, punching, kicking and pushing etc.

These could be happening in the playground, in the classroom or even at places like the park.

## Verbal bullying

Verbal bullying is people being rude face to face and calling people names, body shaming, whispering about someone and sexism, etc.



### How to stop bullying

WE ARE WORKING TO STOP BULLYING AND WE WOULD LIKE YOU TO HELP BY REPORTING BULLYING TO A TEACHER AND STAYING OUT OF IT.

### Ours aims

WE ARE TRYING TO ORGANISE SOME THINGS TO HELP STOP BULLYING AND RAISE AWARENESS. ACTIVITIES SUCH AS: A BULLY- BOX, AN ANTIBULLYING POLICY AND A FUN-DAY FRIDAY.