

Compassion Challenge

Compassion means being concerned about other people when they are suffering (having a bad time). Set a seven-day compassion challenge. Think about seven ways you or a friend could show compassion to people. Ideas might include things that could be done in school, supporting the work of a charity or helping a family member.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____



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Compassion means being concerned about other people when they are suffering (having a bad time). Set a seven-day compassion challenge. Think about seven ways you or a friend could show compassion to people.

1. _____

2. _____

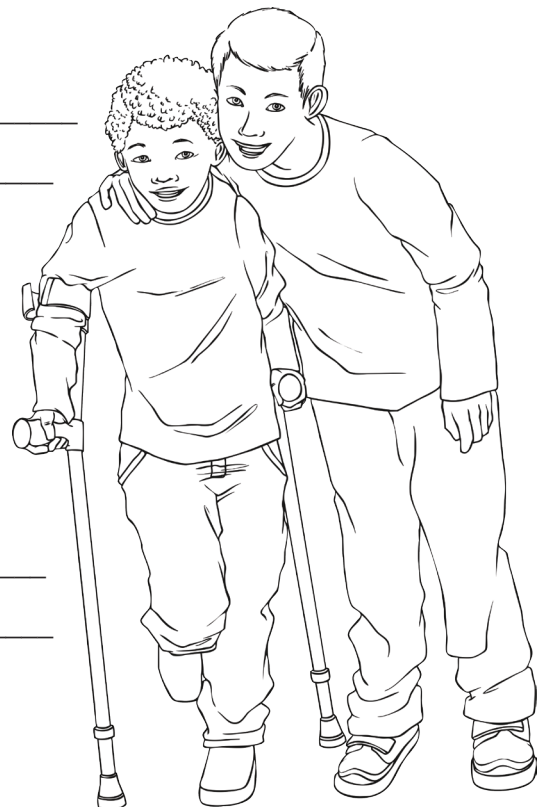
3. _____

4. _____

5. _____

6. _____

7. _____



Compassion Challenge

Use a dictionary to find the definition of the word compassion.

Compassion means: _____

Set a seven-day compassion challenge. Think about seven ways you or a friend could show compassion to people.

1. _____

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6. _____

7. _____

