



St. Andrew's CE Primary School & Nursery

Nursery Intimate Care & Nappy Changing Policy

The Nursery provides intimate care for younger children as part of their normal daily routines. We recognise that many children aged 2.5 years and above will still require nappy changing or support with toileting. When providing intimate care, staff will ensure that the child's safety, dignity and privacy are maintained at all times.

'Intimate care' includes nappy changing, toileting, cleaning, washing and support with personal hygiene. Parents and carers provide consent for intimate care, including nappy changing, in the admissions paperwork completed when their child starts Nursery.

Nursery staff who provide intimate care will do so professionally and sensitively. Staff are aware of safeguarding responsibilities and will have relevant training before carrying out intimate care. No child should experience distress or discomfort as a result of receiving care.

Staff will work in partnership with parents and carers to provide care appropriate to the needs and developmental stage of the child. For children who require regular intimate care, a simple care plan may be agreed with parents.

Best practice

When intimate care is given, staff will explain to the child what is happening and encourage the child to be as independent as they are able. Nappy changing and toileting support will usually be carried out by one member of staff, although another adult will always be aware that intimate care is taking place. A nappy changing record is completed by staff after each change to ensure consistent practice, clear communication and accurate monitoring.

Protecting children

Staff are familiar with safeguarding guidance. If staff notice any physical marks or other changes of concern, they will inform a designated safeguarding lead immediately. If a child becomes uncomfortable with a particular member of staff providing intimate care, this will be recorded and discussed with parents.

Dealing with nappies and body fluids

Nappies and soiled items will be disposed of safely and hygienically. Staff will wear protective clothing and wash their hands afterwards. Soiled clothing will be bagged for parents to take home.

This policy was adopted by: Chair of Governors	Date: February 2026
To be reviewed: February 2027	Signed:

Written in accordance with the *Statutory Framework for the Early Years Foundation Stage (DfE, 2025)*, including the *Safeguarding and Welfare Requirements*, with updated guidance on *safer recruitment, safeguarding procedures, toileting and intimate hygiene, child absences, whistleblowing, staff training, and supporting children with special educational needs and disabilities*.