



ST. ANDREW'S CE PRIMARY SCHOOL

PHYSICAL EDUCATION POLICY **(ref: Teaching and Learning Policy)**

This policy reflects St. Andrew's Church of England Primary School's Christian ethos and mission statement. At St Andrew's CE Primary School, we aim to bring children to a place where they can realise their full potential. Our Christian values are the foundation of all we do and each one is a facet of the central value, love, which 'always protects, always trusts, always hopes, always perseveres.' (1 Corinthians 13:7)

Rights of a child

Article 29—develop every child's personality, talents and abilities to the full.

Aims and objectives

Physical education develops the children's knowledge, skills and understanding so that they can perform with increasing competence and confidence in a range of physical activities. Physical Education includes dance, games, gymnastics, swimming and water safety, athletics and outdoor adventure activities. Physical Education promotes an understanding in children of their bodies in action. Moreover, it involves thinking, selecting and applying skills and promotes positive attitudes towards healthy lifestyle thus enabling them to make informed choices about physical activity throughout their lives.

The aims of PE are to:

- ✓ promote a positive and informed attitude towards healthy lifestyles and encourage a lifelong involvement in physical activity.
- ✓ enable children to develop and explore physical skills with increasing control and co-ordination;
- ✓ encourage children to work and play with others in a range of group situations;
- ✓ develop core skills of running, jumping, throwing, catching, along with balance, agility, co-ordination, space awareness, decision making and co-operation in a range of different physical activities, as well as developing mobility, flexibility, strength and control.
- ✓ increase children's ability to use what they have learnt to improve quality and control of performance;
- ✓ teach children to recognise and describe how their bodies feel during exercise;
- ✓ develop the children's enjoyment of physical activity through creativity and imagination;
- ✓ develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.
- ✓ to develop social co-operation and positive attitudes towards others and to compete with a sense of fair play.

Planning

PE is a foundation subject in the National Curriculum. The school uses the LCP scheme of work and evidence from CPD work in gymnastics as the basis for its curriculum planning in PE and adapts these to suit the individual needs of the pupils. Dance, games and gymnastics are taught at Key Stage 1 and the non-statutory guidelines for Key Stage 1 in relation to swimming activities and water safety are followed. In Key Stage 2 compulsory dance, games and gymnastics, plus two other activities: swimming and water safety and athletics form the PE curriculum. Outdoor and adventure activities are delivered through the Year 6 and Year 5 residential trips with fully qualified instructors. PE activities are planned so that they build upon the prior learning of the children. While there are opportunities for children of all abilities to develop their Fundamental Movement Skills (FMS) in each activity area, there is planned progression built into the scheme of work, so that the children are increasingly challenged as they move up through the school in 4 key areas:

- ✓ Locomotion- movement
- ✓ Manipulation- throwing and catching
- ✓ Stabilization-balance
- ✓ Strength and conditioning

The Early Years Foundation Stage

The physical development of children in EYFS is central to their learning. Physical development, Communication and Language and Personal, Social and Emotional development are considered to be prime areas which are fundamental, work together and move through to support learning in all other areas.

Physical development consists of two aspects, Moving and handling and Health and self-care. Physical development involves providing opportunities for children to be active and interactive; and to develop their co-ordination, control and movement. Children are helped to understand the importance of physical activity, and to make healthy choices in relation to food and their safety.

Equal Opportunities and Inclusion

All children are taught PE, whatever their ability, as PE forms part of the school curriculum policy to provide a broad and balanced education to all children. (*Equal Opportunities Policy, SEN Policy*)

Children should only miss P.E. lessons on health grounds if this is requested by their parent or carers.

Children who persistently forget their P.E. kit should be reminded and if necessary a letter should be sent to their parents asking for their co-operation. Spare P.E. kit is available at school.

Assessment, Recording and Reporting

Children's work in PE is assessed by making informal judgements during lessons and these are used to plan future work. Teachers use the "P.E. assessment without levels" document to inform their judgement of each child's work in relation to age related expectations. Annually, class teachers complete a self-evaluation of subject sheet for their year group using Emerging, Expected and Exceeding. The Subject Leader analyses the data for attainment and progress and an evaluation is made against national standards.

There is an opportunity for parents to receive an oral report on their child's progress twice a year at parents' evenings and there is also a written report annually.

Resources

There is a wide range of resources to support the teaching of PE across the school. Most of the small equipment is kept in the PE stores and this is accessible to children only under adult supervision. The two halls contain a range of large apparatus, and children are expected to help set up and put away this equipment safely as part of their development. The children use the school field for games and athletics activities and the St. Andrew's Community Swimming Pool is used for swimming lessons.

DfE PE Funding

In September 2013, the Government introduced a two-year funded initiative for primary schools aimed to raise the standard and profile of PE. This has since been extended annually. Consequently, St. Andrew's has a PE Specialist Teacher who supports pupils' learning in Gymnastics, leadership in PE, CPD for teachers and leads a range of clubs and tournaments during the year. The school also employs a fully qualified Sports Instructor.

Health and Safety

The general teaching requirement for health and safety applies in this subject. Teachers encourage the children to consider their own safety and the safety of others at all times. They are expected to change for PE into the agreed PE kit for each activity area. Teachers set a good example by wearing appropriate clothing when teaching PE. No jewellery is to be worn for any physical activity except where permission has been given to allow ear studs. When this is the case the studs should be taped over.

Monitoring and review

The PE Leader shares the responsibility with the Teaching and Learning Leader for monitoring standards of children's work and for the quality of teaching in PE. The work of the PE Leader also involves supporting colleagues in the teaching of PE, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school. The Leader meets the link governor regularly to discuss the development of PE in school. The PE Leader has non-contact time allocated in the monitoring schedule for lesson observation to monitor the quality of teaching and learning in PE.

Extra-curricular activities

The Thame Partnership of Schools often provides sports opportunities beyond the school curriculum e.g. Dance Festival; Rugby tournament; Swimming Gala.

The school plays regular fixtures and tournaments against local schools. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children.

The school organises out of hours clubs which offer a range of sporting activities including those run by outside providers e.g. After school sports club for FS/KS1/KS2; Dance club for KS1/KS2.

Date: March 2020

Review Date: March 2023

Signed: (Chair of Governors)