



The Coram Life Education & SCARF team will be visiting our school virtually this term with **SCARF** Live Online.

The children's charity Coram Life Education provides Health and Wellbeing Education support to schools. Workshops are delivered by skilled educators and the **SCARF** resource is the framework of our PSHE (Personal, Social, Health & Economic) education curriculum.

### **Workshops – Live Online**

The fun, interactive and age-appropriate workshops help children to understand the importance of physical and emotional health; they learn vital life-skills that are also known to help their overall achievement.

- Early Years and Key Stage: 1 children learn about keeping their bodies healthy, managing feelings, and being a good friend.
- Key Stage 2: children explore emotional needs, choices that can affect health and wellbeing, qualities of friendship and how to develop strategies to look after their emotional needs.

### **Wider PSHE education and SCARF**

Over 45,000 teachers across the UK are now subscribers – here are some reasons why we have chosen this resource:

- SCARF provides a whole-school approach to building essential foundations – crucial for children to achieve their best, academically and socially
- Supports learning across all ages
- Timetabled lessons to support mental health & wellbeing
- Covers all the new DfE statutory requirements for Relationships and Health Education
- Regularly updated online curriculum
- Supports our school in meeting Ofsted's expectations
- UK's leading charity provider – not for profit

Click [here](#) to find out more about Coram Life Education & SCARF