

## **WEEK ONE**

October 30th, November 20th, December 11th, January 15th, February 5th, March 4th, March 25th April 29th, May 20th

## **MONDAY**

Mixed Pepper Pizza (V, EF) Classic Margherita Pizza (Cheese & Tomato) (V, EF) Rainbow Pasta Salad (VG)

Sweetcorn & Baked Beans

Pear & Chocolate Brownie (V)

## **TUESDAY**

Cheeseburger Pasta Bake (EF)
Fruity Vegetable Curry (VG, GF)
Oven Baked Jacket Potato
with Tuna Mayo (GF,DF,EF)

Fluffy Rice, Broccoli & Peas

Lemon Crumble
Shortbread (V. DF)

## WEDNESDAY

Roast British Loin of Pork (GF, DF, EF)

Vegetarian Roast Quorn (V, GF)

Cheddar Cheese & Red Onion Wrap (V, EF)

Crispy Roast Potatoes & Yorkshire Pudding with Gravy

Curly Cabbage & Carrots

Melting Moment (V, DF, EF) with an Orange Wedge

## THURSDAY

Chicken & Sweetcorn Pie (DF)
Broccoli & Cheese Pasta Bake
(V, EF)
Oven Baked Jacket Potato with Baked
Beans (VG, GF)

Green Beans & Carrots

Apple Flapjack (V, DF, EF)

## **FRIDAY**

Golden Fish Fingers (DF, EF)
Crispy Vegetable Spring Roll (VG)
Honey Roast Ham & Cucumber Bap
(DF, EF)

French Fries or Pasta Baked Beans or Peas

Strawberry Iced
Smoothie (V, EF, DF, GF)

## **WEEK TWO**

November 6th, November 27th, December 18th, January 22nd, February 19th, March 11th, April 15th, May 6th

## **MONDAY**

Rustic Tomato & Vegetable Pasta
(VG)
Veggie Nugget Wrap (VG)
Oven Baked Jacket Potato with Cheddar

Baton Carrots & Sweetcorn

Cheese & Coleslaw (V, GF, EF)

Chocolate Crispie Cake (V, DF, EF) with Mandarins

## **TUESDAY**

Moorish Meatballs in a Rich
Tomato Sauce (GF)
Tasty Veggie Meatballs in a Rich Tomato
Sauce (V, DF)
Cheddar Cheese & Cucumber Bap (V, EF)

Steamed Rice, Cauliflower & Peas

Cranberry & Oat Cookie (V, EF)

### WEDNESDAY

Pork Bangers (EF)
Veggie Bangers (VG)
Roasted Vegetable Couscous
Salad (V. DF, EF)

Mashed Potatoes & Gravy Green Beans & Carrots

Strawberry Jelly (V, GF, DF, EF) with Fruit Salad

## **THURSDAY**

Creamy Chicken Mayo Wrap (EF, DF)

Mac 'n' Cheese (V, EF)

Oven Baked Jacket Potato with

Baked Beans (VG, GF)

Broccoli & Sweetcorn

Iced Cinnamon Swirl (V, DF, EF)
With Raisins

# **FRIDAY**

Crispy Bubble Battered Fish *DF*, *EF*)
Mild Veggie Samosas (*VG*)
Tuna & Sweetcorn Pasta
Salad (*D*, *EF*)

French Fries or Pasta Baked Beans or Peas

Vanilla Ice Cream (V, GF, EF) with Peaches

# **WEEK THREE**

November 13th, December 4th, January 8th, January 29th, February 26th, March 18th, April 22nd, May 13th

### **MONDAY**

Pineapple & Sweetcorn Pizza (V, EF)
Classic Margherita Pizza (Cheese & Tomato)
(EF, V)

Oven Baked Jacket Potato with Boston Beans (VG, GF)

Corn on the Cob & Baked Beans

Lemon & Honey Drizzle Cake with Melon (V)

### **TUESDAY**

Turkey & Vegetable Meatloaf (GF, DF, EF)
Cheese & Onion Pinwheel (V, EF)
Bean & Vegetable Fajita (VG)

Mashed Potatoes, Savoy Cabbage & Peas

Sultana & Syrup Cookie (V, EF)

#### WEDNESDAY

Roast Chicken Breast (GF, DF, EF)

Vegetarian Quorn Roast (V, GF)

Salmon & Cucumber Pasta Pot (DF, EF)

Yorkshire Pudding, Roast Potatoes & Gravy
Green Beans & Carrots

Shortbread (V, EF, DF) with an Orange Wedge

### **THURSDAY**

Tuna Pasta Bake (EF)
Chunky Bean & Veggie Chilli (VG, GF)
Oven Baked Jacket Potato with Cheddar
Cheese (V, EF)

Steamed Rice, Broccoli & Sweetcorn

Rhubarb & Apple Crumble (V, DF, EF) with Custard (V. GF, EF)

## **FRIDAY**

Flipper Dippers (DF, EF)

Veggie Sausage Roll (VG)

Honey Roast Ham & Tomato Bap (DF, EF)

French Fries or Pasta Baked Beans or Peas

Orange & Mango Iced Smoothie (V, GF, EF, DF)

Available daily - Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!



