

## WEEK ONE 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 10<sup>th</sup> March, 31<sup>st</sup> March, 5<sup>th</sup> May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF) Veggie Fajitas (VG) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)  Sweetcorn & Baked Beans  Chocolate Shortbread (V, DF, EF) with Melon	Traditional Cottage Pie (GF, EF) Veggie Cottage Pie (GF, EF) Tuna & Sweetcorn Bap (EF, DF)  Broccoli & Vegetable Medley  Strawberry Jelly (V, GF, DF, EF) with Peaches	Roast Loin of Pork (GF, DF, EF) Vegetarian Quorn Roast (V, GF) Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF)  Roast Potatoes & Yorkshire Pudding with Gravy  Savoy Cabbage & Carrots  Cinnamon Cookie (V, DF, EF)	Chicken Spinach & Tomato Pasta (EF, DF) Fruity Vegetable Curry & Rice (VG, GF) Cheddar Cheese & Lettuce Wrap (EF)  Sweetcorn & Green Beans  Vanilla Sponge Cake (V, DF)	Fish Fingers (DF, EF) Veggie Sausage Roll (V, EF) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)  Chips or Pasta Peas & Baked Beans  Iced Fruit Smoothie (V, GF, EF, DF)

## WEEK TWO 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 6<sup>th</sup> Jan, 27<sup>th</sup> Jan, 24<sup>th</sup> Feb, 17<sup>th</sup> March, 21<sup>st</sup> April, 12<sup>th</sup> May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (V, EF) Five Bean Chilli with Rice (VG, GF) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)  Peas & Baked Beans  Lemon Drizzle Cake (V, DF)	Pork Sausages (EF) Veggie Sausage (VG) Free Range Egg Mayo Sandwich (V, DF)  Mashed Potatoes, Curly Cabbage & Vegetable Medley  Melting Moment (V, DF, EF) with Pineapple	Roast Chicken Breast (GF, DF, EF) Vegetarian Quorn Roast (V, GF) Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF)  Yorkshire Pudding, Roast Potatoes & Gravy Carrots & Cauliflower  Rice Crispy Cake (V, DF, EF)	Mac 'n' Cheese (V, EF) Pizza Pinwheel & New Potatoes (V, EF) Tuna & Cucumber Bap (EF, DF)  Peas & Green Beans  Shortbread (V, EF, DF) with an Orange Wedge	Flipper Dippers (DF, EF) Veggie Samosa's (VG) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)  French Fries or Pasta Baked Beans or Sweetcorn  Flapjack (V, EF, DF) & Raisins

## WEEK THREE 18<sup>th</sup> Nov, 9<sup>th</sup> Dec, 13<sup>th</sup> Jan, 3<sup>rd</sup> Feb, 3<sup>rd</sup> March, 24<sup>th</sup> March, 28<sup>th</sup> April, 19<sup>th</sup> May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza (Cheese & Tomato) (EF, V) Veggie Nugget Wrap (DF, EF) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)  Sweetcorn & Baked Beans  Sultana & Syrup Cookie (V, EF)	Meatballs in a Rich Tomato Sauce (GF, DF, EF) Veggie Meatballs in a Rich Tomato Sauce (VG) Salmon & Cucumber Pasta Salad (EF, DF)  Fluffy Rice, Carrots & Peas  Cranberry & Oat Biscuit (V, EF)	Roast British Gammon (GF, DF, EF) Vegetarian Quorn Roast (V, GF) Oven Baked Jacket Potato with Cheese & Coleslaw (V, GF, EF)  Yorkshire Pudding, Roast Potatoes & Gravy Cauliflower & Green Beans  Iced Sprinkle Cake (V, DF)	Oriental Chicken Noodles (DF) Rustic Tomato Pasta Bake (EF, DF) Cheddar Cheese & Cucumber Bap (EF)  Broccoli & Sweetcorn  Chocolate Sponge (V) with Pears	Fish Fingers (DF, EF) Crispy Quorn Dippers (VG) Oven Baked Jacket Potato with Cheese (V, GF, EF) or Baked Beans (VG, GF)  Chips or Pasta Peas & Baked Beans  Strawberry Ice Cream (V, GF, EF)

Available daily – Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability. We only select fish from sustainable sources. Suitable for vegetarians or vegetarian option available. Our fish and chicken dishes may contain bones.

