11th February 2025

Dear Parents/Carers,

The school has recently enquired about offering the 'Bikeability' scheme, which is the government’s national cycle training programme and funded by Norfolk County Council locally. The aim of the scheme is to '*inspire more children to cycle by equipping them with the skills and confidence to ride and more'*.

More information on Bikeability is available online at - [**www.bikeability.org.uk**](http://www.bikeability.org.uk) should you wish to find out more.

I have managed to secure two dates for March 2025. However, this is currently only available for Level 1, which requires students to already be independently riding a bike. Bikeability state the following to clarify independent riding -

*"Every child who participates must be cycling independently and be able to control the bike and keep it moving in a straight line".*

To help identify our students need going forward, I am kindly requesting you to return the attached reply slip by Friday 14th February, indicating whether your child can/cannot ride a bike (this information is for school purposes to help determine the sessions each student requires), and the 'Level 1 Consent Form' from Bikeability (which allows participation for those who can currently ride a bike independently for Level 1).

If your child cannot ride a bike independently, you do not need to sign and return the 'Level 1 Consent Form', but please return the school reply slip. I hope in the near future that I will be able to offer 'Learn to Ride' lessons with Bikeability, to help support pupils who are yet to ride a bike independently. When/if a session can be funded and arranged you will be notified.

Due to the difficulty in bringing your own bike and helmet to school, I have managed to source some bikes and helmets locally to enable the sessions to take place. This will be outside on the ASTRO for Level 1. In total, 6 bikes will be available per session, with Level 1 training being a one-off training course over 2 hours. The dates I have managed to secure can be found below:

**Friday 7th March 2025 - 09:30 - 11:30am**

**Friday 21st March 2025 - 09:30 - 11:30am**

Depending on the responses from this letter, I will then be able to allocate students for this training. The two groups are likely to consist of students across more than one class.

Thank you for your co-operation, and should you have any queries please do not hesitate to get in touch with the office.

Kind regards,

Vassy Stamatov

PE Teacher

…………………………………………………………………………………………………………………………………………………………….

**Permission Reply Slip**

**Please return the completed reply slip by Friday 14th February 2025.**

I give permission for ……………………………………….…….(student name) to participate in the Bikeability scheme.

Can your child independently ride a bike, as defined by Bikeability?

*"Every child who participates must be cycling independently and be able to control the bike and keep it moving in a straight line"*.    YES   /    NO

If no, would you be interested in your child having 'Learn to Ride' lessons, should this be available to the school in the future? YES / NO

Signed……………………………………………………………. Date………………………………………..

Print name……………………………………………………………….