



Loving God in all we do

St Anne's Catholic Primary School
PSHE/RSHE Whole School Topic Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Nursery	Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. Develop their sense of responsibility and membership of a community Become more outgoing with unfamiliar people, in the safe context of their setting. Show more confidence in new social situations Play with one or more other children,	Show more confidence in new social situations Play with one or more other children, extending and elaborating play ideas Understand gradually how others might be feeling. Increasingly follow rules, understanding why they are important. Make healthy choices about food, drink, activity and toothbrushing.	Play with one or more other children, extending and elaborating play ideas Increasingly follow rules, understanding why they are important. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Understand gradually how others might be feeling. Remember rules without needing an adult to remind them.	Understand gradually how others might be feeling. Play with one or more other children, extending and elaborating play ideas Increasingly follow rules, understanding why they are important. Remember rules without needing an adult to remind them.	Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. Play with one or more other children, extending and elaborating play ideas Remember rules without needing an adult to remind them. Develop appropriate ways of being assertive.	Talk with others to solve conflicts. Understand gradually how others might be feeling. Increasingly follow rules, understanding why they are important. Play with one or more other children, extending and elaborating play ideas Remember rules without needing an adult to remind them.	Consolidate skills in preparation for Reception

	extending and elaborating play ideas Increasingly follow rules, understanding why they are important. Be increasingly independent in meeting their own need, e.g brushing teeth, using the toilet, washing and drying their hands thoroughly.				Understand gradually how others might be feeling.		
Reception	*Relationships *Sharing and turn taking *Interacting/ playing with others *Building confidence with children/ staff *Discussion of right/ wrong/ rules in school *Toileting *Respect *Personal hygiene *Healthy eating RSHE-Physical to recognise that we are all different and unique	*Relationships *Emotions *Perspective *Sharing and turn taking *Interacting/ playing with others *Building confidence with children/ staff *Discussion of right/ wrong/ rules in school *Toileting *Respect *Personal hygiene *Toothbrushing *Getting dressed/undressed Money heroes- Let's play shop	*Resilience and perseverance *Independence *Relationships *Emotions *Perspective *Sharing and turn taking *Managing risks *Interacting/ playing with others *Building confidence with children/ staff *Discussion of right/ wrong/ rules in school *Toileting *Respect *Personal hygiene RSHE -Social and Emotional	*Consequences *Resilience and perseverance *Independence *Relationships *Emotions *Perspective *Sharing and turn taking *Managing risks *Interacting/ playing with others *Building confidence with children/ staff *Discussion of right/ wrong/ rules in school *Toileting *Respect *Personal hygiene	*Transitions *Resilience and perseverance *Independence *Relationships *Emotions *Perspective *Sharing and turn taking *Managing risks *Interacting/ playing with others *Building confidence with children/ staff *Discussion of right/ wrong/ rules in school *Toileting *Respect *Personal hygiene	Self-Regulation *Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. *Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. *Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow	

			To recognise the joy of being a special person in my family		RSHE- Spiritual To celebrate the joy of being a special person in God's family	instructions involving several ideas or actions. <u>Managing Self</u> *Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. *Explain the reasons for rules, know right from wrong and try to behave accordingly. *Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. <u>Building Relationships</u> *Work and play cooperatively and take turns with others. *Form positive attachments to adults and friendships with peers. *Show sensitivity to their own and to others' needs	
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Year 1	Relationships Families F1, F2, F3 (Social and emotional) To recognise I am loved in my family) F4 (Physical) To recognise how I am cared for and kept safe by my family Keeping Healthy and Well HPP1, PHF4, HPP4, HPP2 Physical Activity and Nutrition HE2, HE3	Relationships Caring Friendships C1, C2, C4, C7 Respecting Self and Others RKR8, RKR10	Relationships Respecting self and others RKR8, RKR 10 (Spiritual) To celebrate ways that God loves and cares for us RKR 7, RKR3 RKR6, CF2	Relationships Mental Health and Well being GW3, GW4, GW5, GW1, GW9 Online Safety WO1, WO7, OSA1	Relationships Personal Safety and First Aid PS1, PS2 Safe relationships- consent, boundaries and trust RKR11 BS4, BS5, BS2, BS6	Economic Well Being and Careers Education Economic Well-being Moneyheroes- Toy Time, To buy or not to buy, Help bunny buy a gift. Careers Education- Aspiration, learning and work Mental Health and Well being GW3, GW8
Year 2	Keeping Healthy and Well HPP3 HPP5 PHF4 Physical Activity and Nutrition PHF1 PHF2 HE1 HE4 HE2	Respecting Self and Others RKR1 RKR3 RKR5 RKR3 RKR9 RKR9 GW7 RKR11 Year 2 (Social and Emotional) To recognise the joy and friendship of	Safe Relationship s: consent, boundaries and trust BS1 BS2 BS3 DB2 BS4 BS5 BS6 RKR11 BS7 Year 2 (Physical) To describe ways	Mental Health and Wellbeing GW2 GW4 GW5 RKR3 GW1 GW8 GW3 Economic Wellbeing Money Heroes- Keeping a Record,	Families F6 Caring Friendships CF1 CF2 CF5 RKR3 CF6 RKR3 Year 2 (Social and Emotional) To recognise the joy and friendship of belonging to a diverse community.	Personal Safety and First Aid PS2 BS4 BS7 BFA1 Online Safety WO2 WO4 OSA1 OSA2 WO10 OSA4 OSA5 WO3 WO5 OSA3 WO6 WO7 WO11

	Changing and Growing Up DB1 Drug Education HPP6 DATV1	belonging to a diverse community. Year 2 (Physical) To describe ways of being safe in communities.	of being safe in communities. Year 2 (Physical) To describe ways of being safe in communities.	Save and share with Ed and Bunny, A day out with Ed and Bunny. Careers Education: aspiration, learning and work		
Year 3	Physical Activity and Nutrition PHF1, PHF2, PHF3 HE1, HE2, HE4 (All in Science) Families. F1, F2, F4, F6 Respecting self and others. RKR1, RKR3, RKR4, RKR5, RKR6, RKR7, RKR8, RKR9, RKR10, CF6 GW1, GW7 WO8	Keeping healthy and well HPP2 (Science) Friendships CF1, CF2, CF3, CF4, CF5, CF7 GW6, RKR1, RKR2, RKR4 (Social and emotional) To describe and give reasons how friendships make us feel happy and safe. (Spiritual) To celebrate the joy and happiness of living in	Respecting self and others RKR1, RKR3, RKR4, RKR5, RKR6, RKR7, RKR8, RKR9, RKR10, GW1, GW7 WO8 Safe relationships BS1, BS2, BS3, BS4, BS5, BS6, BS7 RKR2, RKR11 OSA2	Keeping Healthy and Well. HPP1 Personal safety and first aid PS1, PS2 BFA1, BFA2	Mental Health and Wellbeing GW1, GW2, GW3, GW4, GW5, GW6, GW8, GW9, GW10 CF3 Economic wellbeing Money heroes- Shopping sense, pocket money,	Safe Relationships: consent, boundaries and trust. BS1, BS2, BS3 BS4, BS5, BS6, BS7 OSA2 RKR2, RKR11 Online safety WO1, WO2, WO3, WO4, WO5, WO6, WO7, WO9, WO10 OSA3, OSA4, OSA6, Safe and respectful behaviour online WO2, WO4, WO11, OSA1, OSA2, OSA4, OSA5

		friendship with God and others. (Physical) To describe and give reasons why friendships can break down and how they can be repaired and strengthened.				
Year 4 Money heroes- Budget bonanza, Become an eco hero and become a money hero.	Keeping Healthy and Well HPP4 GW2,3,5,6 CF3 Mental Health and Wellbeing GW2,2,5 and 6 CF3 Physical activity and Nutrition PHF1,2,3 HE 4	Respecting Self and Others RKR1,3,5,6,7,8,9,10 GW1, 7 Wo8, RKR10 Year 4- (Social and Emotional) To describe how we all should be accepted and respected.	Families F2, Friendships F6CF1, CF2,4 RKR2,4, GW6 Year 4 (Physical) To describe how we should treat others making links with the diverse modern society we live in.	Safe Relationships: consent, boundaries and trust. BS1,2,3,4,5 and 6 OSA2, RKR, 11	Personal Safety and First Aid PS1 PS2 BFA1,2 Year 4- (Spiritual) To celebrate the uniqueness and innate beauty of each of us.	Online Safety WO1,2,3, 4 5, 6, 7,9 and 10, 11 OSA1, 4, 3,6
Year 5	Keeping Healthy and Well HPP3, HPP5, HPP6, PHF1, Physical Activity and Nutrition PHF3, HE1, HE3, Changing and Growing Up DB1, DB3	Families F3, F6 Friendships CF1, RKR4, RKR2, CF1, CF3, CF4, GW6, CF2, CF5, CF7	Respecting Self and Others RKR1, RKR6, GW1, RKR5, RKR8, RKR5, RKR3, RKR4, CF6, GW7, RKR9, WO8, RKR10	Safe Relationships BS2, BS1, BS3, RKR2, DB2, BS3, BS5, CF7, BS4, BS6, OSA2, BS7, RKR11 Mental Health and Well-being	Personal Safety and First Aid PS1, PS2, BFA2, BFA1 Online Safety WO1, WO2, WO4, WO10, WO7, WO9, WO5, WO3, WO6, OSA3, OSA4, OSA6, OSA1, OSA2, OSA5, WO11	Drug Education DATV1, HPP6, GW9 Economic Well-being N/S6,7,8,9,10,11 Money heroes- Super supper challenge, A sporting fan, Going digital. Careers Education

				GW2, GW5, GW3, GW6, CF3, GW10, GW8, GW9		N/S5,6,7,8,9,10,11,12
	<u>Year 5 - Physical</u> To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty, sensitivity, mood swings, anger, boredom, and grow further in recognising God's presence in our daily lives.		<u>Year 5 – Social and Emotional</u> Managing hurtful behaviour and bullying. Respecting self and others. To describe how we should be accepted and respected. To show knowledge and understanding of emotional relationship changes as we grow and develop.		<u>Year 5 – Spiritual</u> To celebrate the joy of growing physically and spiritually.	
Year 6	<u>Friendships</u> CF1, RkR2 RKR4, CF1, CF3, CF4,, GW6,CF2, R KR1, CF5,CF7 <u>Drug Education</u> DATV1, HPP6, DATV1, GW10 Economic wellbeing- Money heroes- Work of Work, A sporting chance	<u>Respecting self and others</u> RKR1, RKR6, GW1, RKR5, RKR8, RKR7, RKR3, RKR4, CF6, GW7, RKR9, WO8 Careers Education	<u>Safe relationships</u> BS2, BS3, RKR2, DB2, DB3, BS3, BS5, CF7, BS2, BS4, BS6, OSA2, BS5, RKR11, BS7	<u>Mental Health and Well Being</u> GW2, GW1, GW6, CF3, GW10, GW8, GW9, G10	<u>Changing and Growing Up</u> DB1, DB3	<u>Personal Safety and Frist Aid</u> PS1, PS2, BFA2,BFA1 <u>Online Safety</u> WO1, WO2, WO4, WO10, WO7, WO9,WO5 <u>Safe and Respectful Behaviour Online</u> WO2, OSA1, WO4, OSA2, OSA5WO11
	<u>Spiritual</u> L:I: To show an understanding of how being made in the image and likeness of		<u>Social and emotional</u> LI: To develop a secure understanding that stable, caring relationships, which		<u>Spiritual, Social and emotional</u> L:I To develop a secure understanding of what stable, caring relationship are, and the different kinds there may be.	

	God informs decisions and actions when building relationships with others, including life-long relationships.	may be of different types, are at the heart of happy families.	Focussing on Catholic teaching, children will also know and understand about the conception of a child within marriage. Physical L:I To explain how human life is conceived.
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