

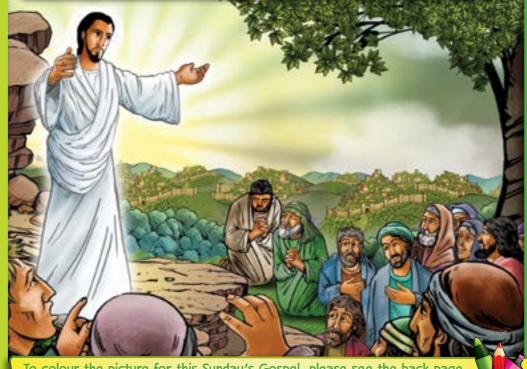
Wednesday Good News for Families 26th May 2021

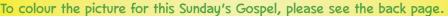
Enjoy reading this Sunday's Gospel

The eleven disciples went to Galilee. They came to the mountain where Jesus had arranged to meet them after he had risen to new life. When they saw him they bowed down before him, though some hesitated. Then Jesus spoke to them. "All authority in heaven and on earth has been given to me," he said. "Go, therefore, and make disciples of all nations; baptise them in the name of the Father and of the Son and of the Holy Spirit; teach them to keep all the commandments I have given you. And remember: I am with you always; yes, to the end of time."

Taken from the Gospel of Sunday 30th May 2021 Cf. Matthew 28:16-20 (Trinity Sunday, Year B)

Which words stood out for you in this Gospel, and why? What does the picture make you think about? Now enjoy exploring this Wednesday's word, which is **FRIENDSHIP**.





Wednesday's Word FRIENDSHIP

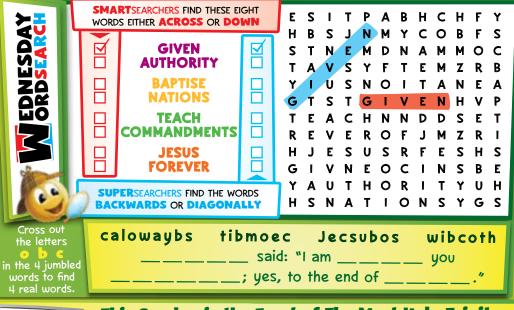
"There is nothing on this earth more to be prized than true friendship." St Thomas Aquinas

What did Jesus tell the disciples to remember? Before his death, Jesus was deserted by his friends. In this Sunday's Gospel we read how, after his resurrection, he assured his friends that he would be with them always, regardless of their weaknesses and faults. This same promise of eternal friendship is also offered to each one of us. Friendship is one of life's great blessings. Ask your child what the word 'friendship' means to them. Which friends do they spend the most time with? What is it that they like about them? Then, as a family, talk about the qualities that make a good friend (e.g. kindness, honesty, trust, loyalty, etc.). What could we do to be better friends this week?

*If Jesus dwells in a person as their friend, they can endure all things, for he helps and strengthens us. He is a true friend." St Teresa of Avila

Jesus wants to be our friend for all time. As a family, name ways in which we can recognise and experience Jesus' friendship. Perhaps it's through: the love we receive from our families and others around us; reading the Gospel; receiving the sacraments; sitting with Jesus in prayer, alone or with others gathered together in his name. Come and celebrate the Feast of the Holy Trinity in church this Sunday. All are warmly invited.

Dear Lord Jesus, thank you for your friendship and for all our friends. Help us to choose our friends wisely and to become better friends to them. Amen.





This Sunday is the Feast of The Most Holy Trinity.

Saint Patrick used a three-leaved clover (a shamrock) to illustrate the mystery of the Trinity: it has three leaves but is just one plant. He did this to explain that in the one God, there are three divine persons: the Father, the Son and the Holy Spirit. These three persons are bound together in love.

Wednesday 2nd June 2021



Enjoy reading this Sunday's Gospel

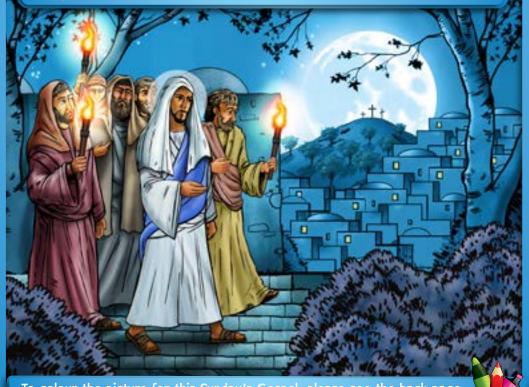
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The night before he was crucified, Jesus and his disciples had gathered to celebrate the Passover meal together. And, as they were eating, he took some bread and, when he had said the blessing, he broke it and gave it to them. "Take it," he said. "This is my body." Then he took a cup and, when he had given thanks to God, he gave it to them, and all drank from it, and he said to them, "This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God." After psalms had been sung, they left for the Mount of Olives where Jesus was soon to be arrested.

Taken from the Gospel of Sunday 6th June 2021 Cf. Mark 14:12-16. 22-26 (Corpus Christi, Year B)

Which words stood out for you in this Gospel, and why? What does the picture make you think about? Now enjoy exploring this Wednesday's word, which is LIFE.



To colour the picture for this Sunday's Gospel, please see the back page.

"Love each other as Jesus has loved us. He has given nothing less than his life for us." St Teresa of Calcutta

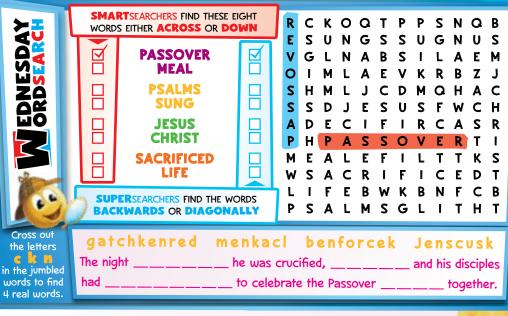
Wednesday's Word

What did Jesus call the bread as he broke it and gave it to his disciples? In this Sunday's Gospel, Jesus and his disciples are sharing the 'Last Supper' together. Jesus begins to prepare them for his departure from the world and offers them the gift of himself - his life. Jesus wants all people to share in the gift of his life because he loves us so much. Ask your child what the word 'life' means to them. Ask them who, or what, makes their life special. What is most important to them in their life just now? You might want to tell your child how they make your life special.

"We know well that with Jesus, life becomes richer and that with him it is easier to find meaning in everything." Pope Francis

Jesus is the Bread of Life. He wants to make our lives special and complete, and he wants us to make life better for others too. In this coming week, how can we make life better for others at home, at school or in the community? Perhaps we can: be kind and friendly to someone that we know but haven't really talked to before; be generous and share more; show our gratitude to all those who help us through life, and pray for them too; as a family, call someone who is lonely or not well; help someone to feel special and valued - to feel alive.

> Dear Lord Jesus, thank you for giving your life for us and to us. Please help us to bring peace and happiness to the lives of those around us. Amen.



This Sunday, the Church celebrates the Feast of Corpus Christi [two Latin words which mean 'the Body of Christ'].

This is traditionally a time when children make their First Holy Communion. Jesus is always with us but he is especially present in the Sacrament of Holy Communion.



LIFE (20





Enjoy reading this Sunday's Gospel

Jesus said to the crowds: "This is what the kingdom of God is like. A man throws seed on the land. Night and day, while he sleeps and when he is awake, the seed is sprouting and growing; how, he does not know. Of its own accord, the land produces first the shoot, then the ear, then the full grain. And when the crop is ready, he loses no time: he starts to reap because harvest time has come." Then Jesus said, "Here is another example of what the kingdom of God is like. It is like a mustard seed which is the smallest of all the seeds; yet, once it is planted in the ground, it grows into the biggest shrub of them all and puts out big branches so that the birds of the air can shelter in its shade." Using many parables like these, he spoke the word to them, so far as they were capable of understanding.

Taken from the Gospel of Sunday 13th June 2021 Cf. Mark 4: 26-34 (11th Sunday in Ordinary Time, Year B)

Which words stood out for you in this Gospel, and why? What does the picture may you think about? Now enjoy exploring Wednesday's words, which are GOD'S KINGDOM.



Wednesday's Words GOD'S KINGDOM

"The Kingdom of God is there, hidden in the holiness of daily life." Pope Francis

What is Jesus teaching about in this Sunday's Gospel? In this Sunday's Gospel, to explain God's kingdom, Jesus uses images drawn from the fields around him. This Gospel reminds us that Jesus came to establish a kingdom - God's kingdom of love. God loves all people equally and invites everyone to share in his kingdom. Ask your child what the words 'God's kingdom' mean to them. We can see God's kingdom in the person of Jesus and demonstrated through the loving actions of others. Ask your child who brings peace, joy, love, happiness, kindness or understanding into their lives (you might like to give your child an example of your own).

"It is in the human heart that the Kingdom takes root and grows." Pope Francis

Within our families, and everywhere we go, we can help to reveal God's kingdom through everyday acts of kindness, sharing the love and peace which Jesus brought as he went teaching around the countryside. Each of you choose one way in which you can help reveal the kingdom of God to others this week. Perhaps you can: share more; support a child, family or project at school where help is needed. Why not get involved with a charity that helps the poorest in the world (e.g. visit Cafod.org.uk or Missiontogether.org.uk)?

Dear Lord Jesus, please help us to build your kingdom in our hearts and in the world - to do your work on earth with love and care for all. Amen.



all around us and we can all be part of this wonderful growth.

