



St. Anne's Catholic Primary School



Year 1 Medium Term Plan 'Healthy Bodies, Healthy Minds'

RE

Families:

Focuses on life as a gift, myself as a unique and loved creation, the creative love and care that can be expressed in family groups.

Judaism (Other faith week)

During this topic, the children will think about how older people in our families have helped shape the family, possibly through the continuation of a name, or culture, location etc. They will listen to the stories of Abraham.

Belonging:

The children will recognise the importance of feeling welcomed and making others welcome. They will recognise that they belong to families, clubs and also the church family.

Maths

Number and Place Value

Count to and across 100, forwards and backwards, beginning with 0 or 1, or from any given number.

Read and write numbers from 1 to 20 in numerals and words.

Count, read and write numbers to 100 in numerals.

Begin to recognise the place value of numbers beyond 20 (tens and ones).

Identify and represent numbers using objects and pictorial representations including the number line, and use the language of: equal to, more than, less than (fewer), most, least. Count in multiples of, twos, fives and tens.

Addition and Subtraction

Read, write and interpret mathematical statements involving addition (+), subtraction (-) and equals (=) signs.

Represent and use number bonds and related subtraction facts within 20.

Add and subtract one-digit and two-digit numbers to 20, including zero (using concrete objects and pictorial representations).

English

Non-Chronological booklet (various texts)

With themselves as the focus, the children will write a non-chronological about themselves. They will:

- Understand and write labels
- Recognise and understand captions
- Write a caption correctly

Stories by the same author (Oliver Jeffers)

- Orally compose every sentence before writing.
- Re-read every sentence to check it makes sense.
- Punctuate simple sentences with capital letters and full stops.
- Use formulaic phrases to open and close texts.
- Use familiar plots for structuring the opening, middle and end of their stories.

Traditional Rhymes (Playground games)

- Use capital letters for names of places.
- Recite rhymes and poems off by heart.
- Identify rhyming words.
- Identify repeated words.

Driver Subject - Science

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- Recognise that humans are animals. Compare and describe differences in their own features (eye, hair, skin colour, etc.).
- Recognise that humans have many similarities.

Science

See Driver Subject box

Scientific Enquiry

Animals including Humans

- To explore that animals are alive; they move, feed, grow, use their senses and reproduce.
- To recognise that animals need to be treated with care and sensitivity to keep them alive and healthy.

Art & Design/ Design Technology

Self Portraits—(drawing)

- Become proficient in drawing, painting, sculpture and other art, craft and design techniques
- Begin to use drawing, painting, sculpture and other art, craft and design techniques to explore the use of line, texture, colour, shape to create different effects, e.g. to apply acrylic paint thickly to add texture.
- Demonstrate control of given tools and materials to create a desired effect, e.g. change the size of brushes in a simple graphics package.

Computing

On-line safety /Grouping & sorting

Information Technology

- Use technology with support, to create, store and retrieve digital content such as text and images.
- Use a simple search to find information or files.

RSE

Healthy Lifestyle

H1 What does keeping healthy mean?

H3 How does physical activity help us to stay healthy; ways to be physically active every day

H4 Why is sleep important and how to rest and relax

H5 Simple hygiene routines to stop germs from spreading

Ourselves, growing and changing

H21 What makes us special?

H22 Recognise why we are all unique

H23 Identify what we are good at, what we like and don't like

Keeping Safe

H28 Which rules and regulations keep us safe?

H34 How to keep safe online and keep our personal details private.

PE

Striking and Fielding

Perform fundamental movement skills at a developing level in:

Travelling skills.

Sending skills.

Receiving skills.

Perform basic body actions with control and show some sense of dynamic, expressive and rhythmic qualities in their own dance.

History

Changes in living memory—Significant People

The Queen & Royal family

Events, People and Changes

- Describe some changes within their living memory (including aspects of national life where appropriate).

Interpretation, Enquiry and using sources

- Make simple observations about different people, events, beliefs and communities.

Music (Adapted for Covid)

CREATING AND COMPOSING

- Experiment with creating and copying musical patterns.
- Identify high and low pitches, sounds of long and short duration and recognise the difference between long and short sounds