

St Anne's Catholic Primary School PE Curriculum Celebration 2021





St. Anne's gets active

In a period of time where everything felt as if it had stood still, it was the aim of the St Anne's staff to get the children moving, keeping fit and learning new skills.

At the beginning of the academic year the KS2 children took part in a timed running event against other local primary schools. We were astonished by the results, as we got Gold in all year groups for both girls and boys.

Since we've all been back together again, WLSP (West Lancs Sports Partnership) has been holding noncompetitive sporting events, including orienteering, problem solving and golf, with more events to come before the end of the year.

This year our school has extended it's sporting opportunities by placing a gate at the end of our field, which opens into Ormskirk Tennis club. Since the gate has opened, the Tennis Club has welcomed children to tennis lessons from Year One right the way through to Year 6. Could we be creating a future Wimbledon champion?



As class teachers we have made sure that our classes are completing at least two PE lessons a week, with EYFS, KS1 and Year 6 having WLSP coaches for one of their lessons.

Dance and gymnastics lessons have allowed our children to demonstrate their creativity; the multi-skills lessons have developed the children's ball and batting skills, while the newest aspect of PE, Outdoor Activities, has enabled the teachers to bring in other curriculum areas, such as Maths, Geography and Design and Technology to our PE lessons. Additional clubs have given different Year Groups opportunities to enjoy sporting activities, including football, running and Outdoor Activities.

As well as providing Mini Wheelers and Bikeability for EYFS and Year 5 (as we do each academic year) we have also been able to offer these skill based activities to those children in Year One who would benefit from the Mini Wheelers, plus Bikeabilty for the whole of Year 6 children, who missed these activities last year due to the lockdown.



Yoga lessons, provided by WLSP have been bought in to school to teach the Year 3 and Year 6 children relaxation techniques, plus the opportunity to promote their wellbeing.



In the next academic year, our aim is to keep our children active and enjoying sports. We look forward to developing the children's agility and stamina, whilst gaining new skills.

We hope to support all children to love being active and healthy both in body and mind.