



'Loving God in all we do'

PSHE POLICY (2024)

Intent

This document reflects St. Anne's values and philosophy in relation to teaching and learning in PSHE. It sets out a framework within which teaching and non-teaching staff can operate and gives guidance on expected standards.

The PSHE curriculum is crucial in educating children on how to be a good citizen not only in school but also within the wider community. It focuses on developing their personal, social, health and economic wellbeing, enabling them to become valued members of society who can cope with the challenges of everyday life.

The RSE curriculum is taught alongside PSHE, and provides accurate and age appropriate content about the body, growing and changing, reproduction and sexual health. As part of the PSHE and RSE curriculum, we educate the children on how to lead a healthy lifestyle in regards to their body and mind. This includes the importance of having and sustaining positive relationship with a range of people including; family, friends and people in the wider community, both on and off line.

Implementation

The PSHE curriculum is implemented across school using the PSHE Association scheme of work. This scheme of work focuses on three core themes; health and wellbeing, relationships and living in the wider world and is taught across school for a minimum of 30 minutes a week. When possible, cross-curricular links are made in subjects such as Computing, Design Technology, Science, RE and Geography. For example: the importance of healthy eating and making responsible food choices is taught both in Science and Food Technology. Children are given opportunities to explore different food types and even design and make a healthy snack. Other examples include how the importance of keeping safe online is taught on a half-termly basis through our Computing

curriculum in line with The National Online Safety Centre. This enables to the children to apply their skills to real life contexts.

As a catholic school, we teach and promote Gospel Values on a daily basis as set out in the school mission statement. Children across school are reminded of these core values daily, particularly during whole school assemblies, collective worship and masses. A focus on Gospel Values enables children to develop their personal character by defining a set of positive personal traits to guide their conduct, so they can reflect wisely, enabling them to behave with integrity and cooperate consistently with others. In turn, Gospel teaching steers them in the right direction to become well-motivated, resilient, kind and respectful people, giving them the qualities they need to flourish in our society.

Impact

The children at St. Anne's will leave primary school as healthy, happy, tolerant, resilient and respectful people who are able to cope with the challenges they might face in their life. They will understand the importance of having and sustaining positive relationships in a range of different contexts including; their family, peers at school and within the wider community. They will understand how to lead a healthy lifestyle both physically and mentally and know where to go to if they need help. They will be able to integrate well into the wider community with a clear understanding of the value of money and be able to manage their own finances independently. Most importantly, by *'loving God in all we do'*, our children develop a solid understanding of Gospel Values and faith in Jesus Christ, who is always at the centre.