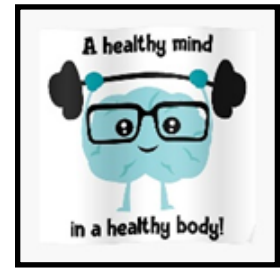


## St. Anne's Catholic Primary School

### Year 1 Curriculum Information

### 'Healthy Bodies, Healthy Minds'

*"Loving God In All We Do."*



#### The 'Healthy Bodies, Healthy Minds' topic is about ...

...learning how to stay healthy, both physically and mentally. The children will explore why exercise is important to keep us fit, they will also think about what keeps our minds healthy and learn techniques that help us to do this.

By the end of the topic, the children will be able to describe ways in which we can stay healthy, including foods which help nourish our bodies, and also the importance of looking after our teeth.

#### Prior learning

Explore the natural world around them, making observations and drawing pictures of animals and plants .

What they already know:

- Fruit and vegetables make us strong.
- You need to exercise to stay healthy
- We need to have a good sleep at night.

#### Our current learning

We are learning...

- How to identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- To know that humans are animals
- How to compare and describe differences in our own features (eye, hair, skin colour, etc.)
- How to recognise that humans have many similarities
- How to keep our teeth healthy.

#### Vocabulary

##### **RE**

God, Father, creation, Laudato Si', creed, Our Father, our beliefs.

##### **Science**

Parts of the body for humans, e.g. body, head, neck, arms, legs, face, ears, eyes, nose, hair, mouth, hands, wrists, elbows, fingers, nails, feet, toes, knees, thigh, ankles, calf, eyebrows, eyelashes, teeth, tongue, lips, hips, waist.

Comparative language, e.g. tall/ taller/tallest, long/longer/longest, similar to, different from, etc.

##### **Music**

Dynamics, tempo, pitch, timbre, structure, texture, rhythm, pulse

##### **Computing**

Log in, log out, username, password, avatar, tools, save,.

##### **Art and Design**

Drawing, painting, techniques, line, texture, colour, shape.

##### **Design and Technology**

Plan, design, evaluate, hygiene

##### **History**

Past, present, tradition, royal, Parliament



## **St. Anne's Catholic Primary School**

### **Year 1 Curriculum Information**

#### **'Healthy Bodies, Healthy Minds'**



#### **RE**

We will learn about the creation story and about how the world that exists comes from God, the creator and the responsibilities to take care of the world God has gifted humanity. We will hear the Creation story in Genesis, the opening of the Nicene Creed and the ideas presented in Laudato Si'.

#### **Wider curriculum learning**

This half-term our focus will be on ensuring that the children are happy coming to school and adapting to the Year One routines. To support us in this we will be enjoying some yoga whereby the children will concentrate on having a healthy body and mind and what this means.

During *Art*, we will explore how to create portraits using the media of paint, pencil, charcoal and collage.

In *Design Technology* the children will be designing and making a fruit kebab by exploring how to group food products, how to work safely and apply the skills of cutting and chopping.

In *History*, the children will learn about the life of King Charles II and learn how to represent the past through creating a timeline.

#### **We are going to read a range of texts from**

##### **.Stories by the same author**

This half-term, we shall explore a range of texts written by Oliver Jeffers. These texts are beautifully written and illustrated, often with a hidden message about what is important.

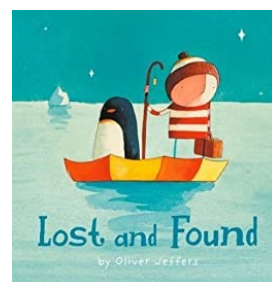
Lost and Found (main focus)

The Way Back Home

Stuck

How to Catch a Star

Up and Down



#### **Key dates for this half-term**

**INSET Days**— Monday 1st September and Friday 24th October

**Term dates**— Tuesday 2nd September—Thursday 23rd October

**PE Days** - Wednesday and Thursday. Class 3 will start Forest School during the first Autumn half term. Class 4 will start Forest School during the second Autumn half term. Dates TBC.

**Homework** - Weekly spellings, Reading/Phonics and maths homework set on a Friday (Maths Shed) and reading (Bug Club)

**Whole School Masses**— **Welcome Mass** Friday 12th September.

**Harvest Mass**— Monday 6th October .