

St. Anne's Catholic Primary School

Year 1 Knowledge Organiser

'Healthy Bodies, Healthy Minds'

"Loving God In All We Do."



The 'Healthy Bodies, Healthy Minds' topic is about ...

...learning how to stay healthy, both physically and mentally. The children will explore why exercise is important to keep us fit, they will also think about what keeps our minds healthy and learn techniques that help us to do this. By the end of the topic, the children will be able to describe ways in which we can stay healthy, including foods which help nourish our bodies, and also the importance of looking after our teeth.

What we already know...

The children have been discussing what is meant by the terms "healthy" and "mind" and what contributes towards having healthy bodies and minds. During the discussions, children shared their prior knowledge, sharing what they already knew:

- Fruit like bananas are good for us
- Vegetables like broccoli make us strong
- You need to exercise to stay healthy
- Our heart beats
- We need to have a good sleep at night

By the end of the topic we will know ...

- How to identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- To know that humans are animals
- How to compare and describe differences in our own features (eye, hair, skin colour, etc.)
- How to recognise that humans have many similarities
- How to keep our teeth healthy

Vocabulary

RE— Families

Love, care, different, psalm

RE— Belonging

Baptism, Godparent, priest

Science

Parts of the body for humans, e.g. body, head, neck, arms, legs, face, ears, eyes, nose, hair, mouth, hands, wrists, elbows, fingers, nails, feet, toes, knees, thigh, ankles, calf, eyebrows, eyelashes, teeth, tongue, lips, hips, waist..

Comparative language, e.g. tall/ taller/tallest, long/longer/longest, similar to, different from, etc.

Music

Dynamics, tempo, pitch, timbre, structure, texture, rhythm, pulse

Computing

Log in, log out, username, password, avatar, tools, save

Art and Design

Drawing, painting, techniques, line, texture, colour, shape.

Design and Technology

Plan, design, evaluate, hygiene

History

Past, present, tradition, royal, Parliament



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Wider curriculum learning

This half-term our focus will be on ensuring that the children are happy coming to school and adapting to the Year One routines. To support us in this we will be enjoying some yoga whereby the children will concentrate on having a healthy body and mind and what this means.

During *Art*, we will explore how to create portraits using the media of paint, pencil, charcoal and collage.

The *Computing* curriculum topics of "On line Safety" and "Grouping and Sorting" will provide the children with the knowledge and understanding to use technology to create, store and retrieve text and images.

In *Design Technology* the children will be designing and making a fruit kebab. by exploring how to group food products, how to work safely and apply the skills of cutting and chopping.

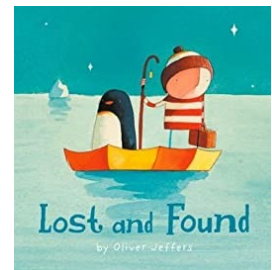
Through learning about past events both in terms of their own lifetime through Baptism and in the life of Queen Elizabeth II, the children will have a context in which to express their ideas.

We are going to read a range of texts from Oliver Jeffers

Stories by the same author

This half-term, we shall explore a range of texts written by Oliver Jeffers. These texts are beautifully written and illustrated, often with a hidden message about what is important.

Lost and Found (main focus)	How to Catch a Star
The Way Back Home	Stuck
	Up and Down



Non-chronological reports

Linking with our Science topic where we create a booklet about ourselves.

Let's try this at home

Oliver Jeffers' book, *Lost and Found*, explores the friendship between a boy and a penguin. What can you find out about penguins? Where do they live? What do they eat? Use your research skills to find out as many interesting facts as you can. Share your information with your teacher and class friends.

Key dates for this half-term

Autumn term: Monday, 5th September— Friday, 21st October

PE Days—Wednesday (Tennis) & Thursday (Gymnastics). Please wear full school PE kit & trainers with a coat appropriate for the weather. Please bring in water bottles.

Reading books: Books will be allocated electronically on our new Phonics scheme, Bug Club (Active Learn) each Friday. More details to follow at the Curriculum Evening on 21st September.

Homework: Each Friday, information regarding homework will be announced on 'Class Charts' which will then direct you to other learning platforms such as 'Education City', 'Purple Mash' or Bug Club (Active Learn).

Curriculum Evening & Meet the Teacher—Wednesday, 21st September 6pm