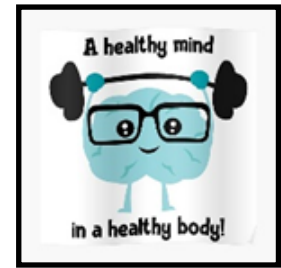


## St. Anne's Catholic Primary School

### Year 1 Knowledge Organiser

### 'Healthy Bodies, Healthy Minds'

*"Loving God In All We Do."*



#### The 'Healthy Bodies, Healthy Minds' topic is about ...

Learning how to stay healthy, both physically and mentally. The children will explore why exercise is important to keep us fit, they will also think about what keeps our minds healthy and learn techniques that help us to do this. By the end of the topic, the children will be able to describe ways in which we can stay healthy, including foods which help nourish our bodies, and also the importance of looking after our teeth.

#### Prior learning

Explore the natural world around them, making observations and drawing pictures of animals and plants .

what they already knew:

- Fruit and vegetables make us strong.
- You need to exercise to stay healthy
- We need to have a good sleep at night.

#### Our current learning

We are learning...

- How to identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- To know that humans are animals
- How to compare and describe differences in our own features (eye, hair, skin colour, etc.)
- How to recognise that humans have many similarities
- How to keep our teeth healthy.

#### Vocabulary

##### **RE— Families**

Love, care, different, psalm

##### **RE— Belonging**

Baptism, Godparent, priest

##### **Science**

Parts of the body for humans, e.g. body, head, neck, arms, legs, face, ears, eyes, nose, hair, mouth, hands, wrists, elbows, fingers, nails, feet, toes, knees, thigh, ankles, calf, eyebrows, eyelashes, teeth, tongue, lips, hips, waist..

Comparative language, e.g. tall/ taller/tallest, long/longer/longest, similar to, different from, etc.

##### **Music**

Dynamics, tempo, pitch, timbre, structure, texture, rhythm, pulse

##### **Computing**

Log in, log out, username, password, avatar, tools, save,.

##### **Art and Design**

Drawing, painting, techniques, line, texture, colour, shape.

##### **Design and Technology**

Plan, design, evaluate, hygiene

##### **History**

Past, present, tradition, royal, Parliament



## St. Anne's Catholic Primary School

### Year Knowledge Organiser

#### 'Healthy Bodies, Healthy Minds'



#### **RE**

This half term in Religion we will focus on the RE units 'Families' and 'Belonging'. We will discuss how we care and love for our family and how God and Jesus cares for and loves each one of us. We will also talk about the significance of Baptism and the symbols used in Baptism.

#### **Wider curriculum learning**

This half-term our focus will be on ensuring that the children are happy coming to school and adapting to the Year One routines. To support us in this we will be enjoying some yoga whereby the children will concentrate on having a healthy body and mind and what this means.

During *Art*, we will explore how to create portraits using the media of paint, pencil, charcoal and collage.

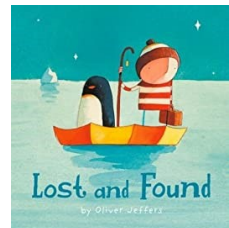
In *Design Technology* the children will be designing and making a fruit kebab. by exploring how to group food products, how to work safely and apply the skills of cutting and chopping.

Through learning about past events both in terms of their own lifetime through Baptism and in the life of Queen Elizabeth II, the children will have a context in which to express their ideas.

#### **We are going to read a range of texts from**

##### **.Stories by the same author**

This half-term, we shall explore a range of texts written by Oliver Jeffers. These texts are beautifully written and illustrated, often with a hidden message about what is important.



Lost and Found (main focus)

How to Catch a Star

The Way

Back Home

Stuck

Up and Down

#### **Key dates for this half-term**

**INSET Days**— Friday, 1st September and Friday, 20th October

**Term dates**—Monday, 4th September—Thursday, 19th October

**PE Days**— Wednesday and Thursday

**Homework**— Weekly spellings, Reading/phonics and maths homework set on a Friday (maths EdShed) reading (Bug club)

**Curriculum Evening & Meet the Teacher**—Wednesday, 20th September 6pm

**Whole School Masses**— Friday 15th September