



# St. Anne's Catholic Primary School

## Year 3 Medium Term Plan 'Healthy Bodies, Healthy Minds'



### RE

#### Homes

The children will explore the joys and sorrows of being a family at home. They will understand God's vision for every family and acquire the skills of assimilation, celebration and application of what they have learnt.

#### Judaism

The children will explore Judaism, and learn all about what makes a synagogue special. The children will be able to give reasons why the Torah is so special and understand that people have different beliefs.

### English

#### Biographies

The children will research and write a biography based upon a person of interest linked with our Healthy Bodies, Healthy Minds topic.

#### Poems with a Structure

The children will read a variety of shape poems and innovate their own shape poem linked to the current topic.

### Maths

#### Number and place value

Read and write numerals to 1000.

#### Place value and mental calculation

Find 1, 10 and 100 more or less than a given number.

#### Written methods for Addition and Subtraction

Add and subtract numbers up to three digits using formal written methods.

### Driver Subject—Science

#### Animals, including Humans

- That animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food, they get their food from what they eat.
- That humans and some other animals have a skeleton and muscles for support, movement and protection.

## Scientific Enquiry

### Research

- The children will research using a range of secondary sources of information on how to keep healthy, e.g. recipes, keep fit videos.

### Identifying and classifying

- Children to decide on and give reasons for sorting, grouping, classifying ways to keep healthy.

## Languages

### Listening and Speaking

- Listen attentively and understand instructions.
- Recognise and respond to sound patterns and words.
- Speak with increasing confidence.
- Perform simple communicative tasks using single words, phrases and short sentences.

## Art & Design

### Evaluate and analyse creative works

- Compare ideas, methods and approaches in their own and others' work, e.g. talk about the features they like in a piece of art work.

### Produce creative work, exploring their ideas and recording their experiences

- Explain the reasons for their ideas, and discuss how their ideas have developed.

## Computing

### Computer Science—Coding

- Plan and write algorithms and programs using sequences and repetition and further develop their computational thinking.

### Digital Literacy

- Use technology safely and respectfully and have an understanding of how to keep information secure

## Design Technology

### Cooking and Nutrition

- Understand and apply the principles of a healthy and varied diet .
- Plan a sequence of actions to make a product.
- Investigate similar products to the one to be made to give starting points for a design.
- Join and combine a range of ingredients

## History

### Events, People and Changes

- Children will demonstrate their knowledge of aspects of a historical, significant individual from the Olympic games.
- Discuss the historical event of the Olympic Games (summer)
- Children will select and organise key Olympic information to present in a range of ways.

## PE—Gymnastics

### Application of Skills

- Create and perform sequences of actions smoothly in a range of activities such as gymnastics.

### Evaluating success

- Identify what they do best and what they find difficult.
- Make simple assessments of performance based on simple criteria given by the teacher.

## Music

### Creating and composing

- Begin to improvise and develop rhythmic and melodic material when composing, improving their own and others' work in relation to its intended effect.
- Begin to create and combine a variety of the inter-related dimensions when composing (e.g. composing using both dynamics and tempo).

## Collaborative Learning

- The children will work together to create their own smoothies after researching, tasting and creating a recipe for a healthy body.