

# St. Anne's Catholic Primary School

## Year 5 Curriculum Information

# **Healthy Bodies, Healthy Minds**

"Loving God In All We Do."



## The Healthy Bodies, Healthy Minds topic is about ...

learning how to stay healthy, both physically and mentally. The children will explore why exercise is important not only to keep us fit but to support their well-being. They will also develop ways to nurture relationships with others and understand that their body belongs to them and nobody else.

Learning will also centre around the six stages of human development and how it is similar and different to other living things. The children will explore where they came from and where they are going.

## **Prior learning**

In Year 4 children have been taught to:

- describe the simple functions of the basic parts of the digestive system in humans.
- identify the different types of teeth in humans and their simple functions.

## Our current learning

We already know;

- it takes a baby nine months to form in the womb;
- Babies are totally dependant on their mother for food;
- You become an adult at the age of 18 years;
- When you get old, the body starts to deteriorate—you might have some loss of sight and hearing.

## **Vocabulary**

## RE 'Ourselves'

qualities, talents, unique, gifts, challenge, joys, happiness responsibility, dignity, image, peacemaker

#### Science

Health, wellbeing, fitness, diet, circulatory system, the human life-cycle.

sugar, salt, pulses, vegetables.

Heart rate, perspiration, internal organs.

## **English**

Persuasion, British legends, adverts, persuasive language, slogans.

## Geography

British cities, towns, countryside, green belt, rivers, lakes, seas, coastal features.



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# <u>'Healthy Bodies, Healthy Minds'</u>

## **RE Creation And Covenant**

Children will be studying a topic entitled 'Ourselves' in which we will look at what our qualities and talents are and how we can improve them through the help of the Holy Spirit.

## Wider curriculum learning

In Geography children will be looking at the UK, its component parts and its topography. They will learn to use Google Earth, atlases and various types of maps.

In English children are studying legends from the British Isles, for example Finn McCool, King Arthur and Beowulf. In October they will look at how to write persuasive texts.

In Maths children will learn about place value including large numbers up to 1 million. Then they will study calculation skills to apply them to problem solving.

In PE we are looking at invasion games, such as football, netball and basketball.

In ICT children will compare various search engines to refine their search for information.

In French children will learn to speak sentences in French and in Music they will study notation.

## We are going to read a range of texts from

British culture, including legends, such as Robin Hood, King Arthur and Finn McCool.

## Key dates for this half-term

INSET Days— Monday 1st September and Friday 24th October

Term dates— Tuesday 2nd September—Thursday 23rd October

PE Days -

**Homework**—Sent out each Friday to be completed by the following Friday.

Welcome Mass—12th September

Harvest Mass—6th October