



Welcome to St Anthony's Academy





All About St Anthony's Academy



A Helpful Guide to Transition



Objectives:

- ▶ To give Y6 staff, pupils and families/carers key information about life at St Anthony's.
- ▶ To help our future pupils feel prepared for their transition into secondary school.



A message from Mrs McGann: Transition Co-ordinator

Hello! I am Mrs McGann and I am a Spanish teacher and the KS2-3 Transition Co-ordinator. It is my job to help you help you move from primary to secondary school. This guide will give you a lot of new information, hopes to answer any questions you may have and will tell you everything you need to know as you become a St Anthony's pupil. I hope this will help you if you're feeling a bit nervous about coming to a new school – the staff at St Anthony's can't wait to meet you!



What does the word 'transition' mean?



A transition is a time in your life when something **changes**. For you it is a change of school.



Some of us might find change **exciting**; some might find it **nerve-wracking**; some might feel a bit of both!



We understand this at St Anthony's and all our staff are here to **help you** settle in.

All About St Anthony's Academy

This guide will let you know about:

- ✓ Form classes
- ✓ Catholic life
- ✓ Uniform
- ✓ School rules
- ✓ The school day
- ✓ Homework/ planner
- ✓ Top Tips from our current Y7 pupils

Daily Routine

8:30 – 8:50	Morning Registration
8:50 – 9:45	Lesson 1
9:45 – 10:40	Lesson 2
10:40 – 11:00	Break
11:00 – 11:30	Reading / Tutorial
11:30 – 12:25	Lesson 3
12:25 – 13:15	Lunch
13:15 – 14:05	Lesson 4
14:05 – 15:00	Lesson 5

**Lessons are
50 or 55
minutes long**

See the school!

McAuley



This building is where De Sales House has registration and form time.

Y8 have break and lunch on the patio and grass area.

Music, RE and English lessons also happen here



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Westburn



This building is called Westburn or as you get to know St Anthony's better, many refer to it as reception.

This is where pupils go to be collected for medical appointments or will be looked after by first aiders if they are unwell. Our lovely admin team are based here as well as SLT (Senior Leadership Team) offices.

There are also ICT suites which are all equipped with Apple Mac computers.



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The Chapel



Mass is celebrated every
Friday from 8.30-9.00am and
everyone is welcome!

The Chapel is also a perfect
place for quiet contemplation
with a member of our
Chaplaincy team - this is
available for all pupils if they
need it.



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The Canteen (Martha's Kitchen)



The canteen serves the whole school a variety of freshly made hot dishes, a salad bar, a pasta bar, baked potatoes, wraps, baguettes, sandwiches, drinks and snacks. It is open from 8am for pupils to grab a hot chocolate, bacon sandwich or croissant before the day starts! It is also open at break time for a snack. Food allergen information is available in the canteen and on the menu, which is on our school's website.

Award Winning Canteen!

- Open 8am- 8.30am before school starts for breakfast for anyone. Free bagels for everyone!
- Morning break is 20 minutes long
- Waffles, hash browns, pretzels, bacon or sausage sandwiches, sausage rolls and cheesy bagels, croissants, hot chocolate, drinks.
- Lunch is 50 minutes long – hot/cold food, pasta bar and desserts!
- You pay for your lunch with your fingerprint!



There are 3-week menus so it's not the same food everyday



CHADWICK'S KITCHEN SECONDARY MENU

WEEK 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Spaghetti Bolognese Served with Garlic Bread and Seasonal Vegetables	Minced Beef and Herby Dumplings Served with Potatoes and Seasonal Vegetables	Roast Of the Day Yorkshire Pudding Roast Potatoes and Seasonal Vegetables	Chinese Style Chicken Curry Served with Rice/Prawn Crackers and Seasonal Vegetables	Fish and Chips Served with Beans Peas Curry Sauce/Gravy
Main 2	Southern Fried Chicken Burger Served with Wedges and Seasonal Vegetables	Spicy Meatball Flatbread Served with Paprika Wedges and Seasonal Vegetables	Chicken Shawarma Served with Roast Potatoes and Seasonal Vegetables	Pulled Pork Burrito Served with Potatoes and Seasonal Vegetables	Selection of Panini's
Veggie	Quorn Fajita Served with Potato Wedges and Seasonal Vegetables	Vegetable Sweet Chilli Noodles Served with Seasonal Vegetables	Vegetarian Toad in the Hole Served with Roast Potatoes and Seasonal Vegetables	Roasted Red Pepper and Onion Quiche Served with Potatoes and Seasonal Vegetables	Selection of Pizza's
Pasta	PASTA BAR With a selection of Sauces	PASTA BAR With a selection of Sauces	PASTA BAR With a selection of Sauces	PASTA BAR With a selection of Sauces	PASTA BAR With a selection of Sauces
Sandwiches Potato	Jacket Potato Soup Salads Sandwiches	Jacket Potato Soup Salads Sandwiches	Jacket Potato Soup Salads Sandwiches	Jacket Potato Soup Salads Sandwiches	Jacket Potato Soup Salads Sandwiches
Dessert	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts	Dessert of the Day Selection of: Tray bakes Cookies/Doughnuts

2024/2025



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Technology Room



Art Room



Every Y7 pupil studies Technology. During the year you will try Textiles, Food Technology and Design Technology. Our fantastic Art department help you create a 3D sculpture project and offer lunch time Art Club for you to get creative!



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Science Laboratory



In your Biology,
Chemistry and Physics
lessons from Y7-11 you
will have the opportunity
to take part in exciting
experiments in one of our
fully equipped labs!



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Netball Court



PE Department



PE is a big part of the St Anthony's community - our staff offer a wide variety of sports clubs and organise teams that compete locally and nationally. We have a full-sized basketball court, dance studio, trampolines and running track

Meet Woody our school dog!

Woody spends a lot of time with the school counsellor and helps comfort students who are upset.

They take him for walks which helps them to relax and feel at ease.

He also spends time in The Nest (our support area) and is the highlight of the students week!

He visits classrooms when girls are in lessons to say hello!

Staff take him for walks in their breaks.

He has also featured in last years school musical Annie! We are hoping to get him involved in reading interventions soon





Extra-curricular clubs

One of the best ways to settle into a new place is to make friends and meet new people – joining a club is a great way to do this! We have a wide variety of clubs available to suit all interests. They mostly take place at lunch time, but some are after school too.

Here's a list of just some of the clubs we offer! So why not join one of our sports teams, use your music skills in the school band or try something new!

Badminton Club

Chess Club

Ski Club

Youth SVP

Athletics Club

Spanish/French Film Club

Pupil Chaplaincy Team

Trampolining

Creative Writing

Y7 Newbees Club

Jewellery Making

Safe Space

Duke of Edinburgh

Junior Choir

String Orchestra

Lego Club

Football

Art club

Homework Club

Dancing

Poetry Club

Netball

Gymnastics

Mandarin

Reading Club

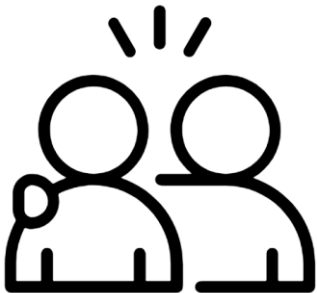
Running

Maths Club

Lego Club

Top Tip from one of our Y7 pupils!

“Going to different clubs was the best thing I did – it was an easy way to start talking to new people and it helped me make friends more easily. You can go to whichever ones you like and try something new!”



Music Department



At St Anthony's we have a fantastic music department led by Miss Lockey.

You can also have instrument/voice lessons with one of our specialist tutors (these will be arranged in September with Miss Lockey).

Here are some examples of musical activities on offer for Y7 students:

- Junior Choir
- Orchestra
- String Orchestra
- Music Theatre club
- Guitar group
- Two concerts each year (Christmas and Summer)
- A musical each year – past shows include: School of Rock, The Sound of Music, Into the Woods, Calamity Jane, Guys and Dolls, Annie and many more!!

Music Department



Guys and Dolls 2019



School of Rock 2020



Orchestra concert performance



Junior Choir concert performance



Antonian Award winners for Music

Educational Visits at St Anthony's!

Like our lunchtime clubs, there are so many visits or longer trips on offer! School trips are a great experience and are often part of pupils' best memories of secondary school. Here are some examples of where we have travelled to!

ROME/ VATICAN CITY

PARIS

LONDON

**NASA SPACE CENTRE,
HOUSTON TEXAS!**

WATER SPORTS

**TRIP –
SPAIN/FRANCE**

CINEMA

INDIA

**SKI TRIP – USA, ITALY,
AUSTRIA**

**DUKE OF EDINBURGH
EXPEDITIONS**

**DERWENT
HILL**

BARCELONA



Form Classes and Houses

There are 4 Houses at St Anthony's:

Thomas

Lourdes

De Sales

Gabriel

Each House is made up of form classes from Y7-11.

So you will be in a form class with other Y7 students but your House will be with all year groups.

You will have a form tutor who will look after you daily in registration and form time.

You will have a Head of House and Assistant Head of House too.

There are approximately 30 pupils in a form class. You will have some lessons with this class: art, music, technology, Personal Development and PE.

English
language

Geography

Art

Technology

What do we learn?
**We have a variety
of subjects; some
you may have done
some you might not
have done!**

Maths

RE

English
Literature

Personal
Development

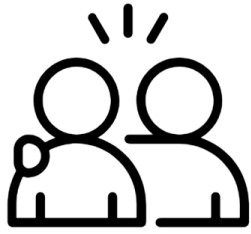
PE

History

Music

Computer
Science

French or
Spanish



Form classes

Mrs McGann (Transition Co-Ordinator) works with your Y6 class teachers to try to place you with at least 1 friend from your school or someone you may know from another school.

If you are coming from your primary school on your own, you will be placed with other students who are in the same position, so you know you aren't the only one.



Form Tutors

You will find out who your form tutor is when you come to St Anthony's for the Transition Days on

Tuesday 30th June – Thursday 2nd July.

Your form tutor is the first person you go to if you have a problem or a question about something (e.g. homework, friendships, medical appointments)

You see them twice a day – during morning registration (8.30-8.50) and form time (11.00-11.30)

Worried about homework?



You will be studying many subjects and so will get more homework. Being in secondary school is a time for you to become more **independent** and **organised!**

You will be given a planner on the first day in September – your form tutors will teach you how to use it effectively and will help you whenever you need it.

We also have a homework club for Y7 on a lunchtime to help you keep organised!

Catholic Life



Our faith is a very important part of life at St Anthony's.

We pray every morning and afternoon as a year group, in form class and during lessons. You will even learn to pray in French or Spanish!

Every Friday we celebrate mass which every form class is invited to attend.

We also have Chapel time when form classes are invited into the chapel to lead their own prayers.

If you are not Catholic, you do not need to worry, you are welcome to learn the prayers over time and join in.

If you have a faith already and prefer to opt out of praying, we just ask that you show respect during prayer time.

Click the link below for more information about our Chaplaincy:

<https://st-anthonys-academy.com/about-us-2/chaplaincy/>

The Hail Mary

(In the name of the Father, and of the Son and of the Holy Spirit)

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

(In the name of the Father, and of the Son and of the Holy Spirit)

Pupil Support



Mrs Richardson-Dunn - Director of Pupil Support.

She looks after students who need extra support and works in the Haven. This is a place where students can go if they need any extra help, support or someone to talk to



Miss Howey – Inclusion Officer

Miss Howey will help anyone with a medical condition or medication during the Transition Days in July.

If any students have a medical condition, Miss Howey will work with families over this summer term so we are ready for September

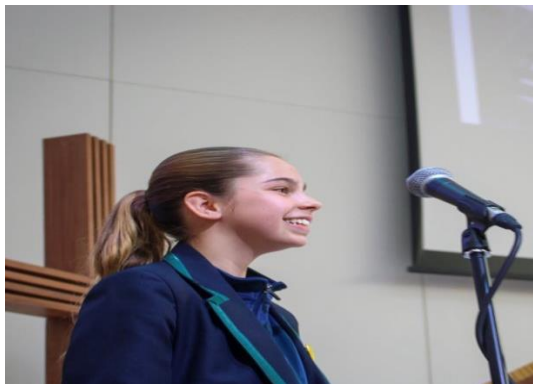
Transition Buddies!

We have a team of 20 Transition Buddies whose job it is to support, guide, help and befriend you during your Transition Days in July.

They are in Y8 and have completed an application form, interview and training to do the job. They are very dedicated, kind and welcoming students who will be with you throughout your 3 transition days.

In September, the Buddies continue to offer support by being present on the Y7 yard during break times and leading our Y7 Newbees Club every week.

They are leading examples of our Mercy values!



My St. Anthony's Experience

My Speech from the 2025 Open Evening

Eva Howarth (Seaham Trinity Primary School)

Y9 Transition Buddy 2025-26

Hi, I'm Eva. I'm currently in year 9 and part of the Transition Buddy Team. My St Anthony's journey began 3 years ago sat in the hall on Open Evening, I was excited but also nervous about starting secondary school. Like some of you I was the only one from my primary school to come here. There was no need for me to be worried about making friends as I've made so many good and strong friendships through clubs, lessons and form as well as feeling welcomed by all staff and students. 3 years ago, I never would've thought I'd be speaking in front of you all about my positive experience in St Anthony's. I hope to see some of you in September!

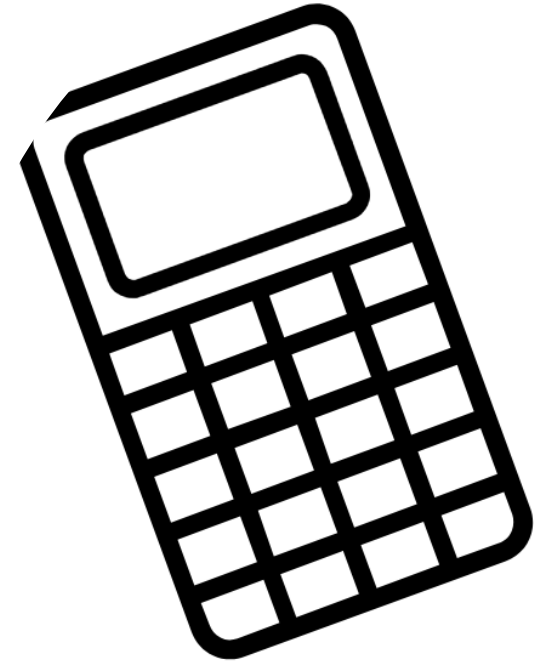
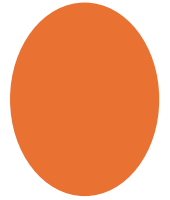
Equipment

At secondary school you have to be organised and more independent.

You will be given some equipment from your teachers (exercise books, folders, textbooks) but there is some equipment you need to bring every day.

Equipment to bring every day:

- Pencil case (any colour, it doesn't have to be black or navy!)
- Black/blue pens, green pen, pencils, ruler, rubber, pencil sharpener.
- Reading book
- Planner and timetable (you will receive these on your first day)
- Plain black/navy school bag
- Correct uniform
- PE (on days you have PE or a sports club)



School Rules



In September you will be given a Planner. Inside the planner there are a few lists of rules you and parent/carer must sign to say you agree to follow the school rules.

- Wear the correct uniform.
- Be prepared to learn – have the right equipment, PE kit, homework and attitude.
- Bring planner to every lesson. The planner should be signed on a weekly basis by their tutor and parent/carer.
- Be respectful to all staff, students and the school building.
- No chewing gum or eating in class.
- Only water allowed in class – no fizzy drinks.
- Arrive to the Academy on time and go to the Y7 yard or canteen. If it is raining, go to your bad weather area.
- There is lots of time at break and lunch hour for pupils to use the toilets, the class teacher will allow a child to leave the lesson in an emergency or if they have a toilet pass from Mrs Perrett. Y7 have their own toilets during break and lunch.
- Pupils stand when the teacher enters and leaves the room; the lesson begins with a short prayer.

ARE THESE RULES VERY DIFFERENT TO YOUR SCHOOL NOW?

Mobile Phones and Social Media

Mobile phones must be **turned off** and **not taken out of bag** until you have left the school grounds. Teachers who see you with a phone have the right to confiscate it from you and you must go to reception at 3.00pm to collect it or a person from home may have to come to collect it.

We are trusting you to follow this simple rule, there are serious consequences when phones are used on site.

Social Media is also a growing problem in school as students are getting to know each other in school, they very often get to know each other online too. We work hard to educate the students on safe and sensible social media use. Here is some advice for parents – working together is key to safe and positive internet use. Parent/Carers: click the link below for support at home:

[Internet Matters- Parent Carer Guide to Social Media.pdf](#)



Your first day:

Common Questions

WHAT TIME DO I ARRIVE?

- The school day starts at 8.30am (everyone in form class). You must be in school before then to be on time for registration.
- School is open from 8am the gates are locked at 8.30am and the Senior Leadership Team monitor who is arriving at 8.30am.
- If you are very late, go to the top gate on Thornhill Terrace, press the buzzer on the black gate and go to reception to sign in.



Your first day:

Common Questions

WHERE DO I GO WHEN I GET THERE?

There will be staff and students at the gates waiting for you to arrive on your first week in September and on the Transition Days in June.

They will guide you to the Y7 yard.



Your first day:

Common Questions

WHAT TIME DOES SCHOOL FINISH?

The school day ends at 3.00pm.

We recommend you do not get collected by car on Thornhill Terrace as it is extremely busy. We recommend parking in the streets nearby.



Your first day:

Common Questions

WHAT IF I GET LOST?

Don't worry about getting lost, to be honest it is very likely that you will! There will always be a teacher or another pupil who is willing to help!



Your first day:

Common Questions

WHAT IF I'M NOT CATHOLIC?

Do not worry about not being Catholic or if you have a different faith. We ask that you either join in the prayers or simply be respectful as we worship.



Your first day:

Common Questions

WHAT IF I FORGET SOMETHING?

Share any worries you have with your form tutor during form time (11-11.30am) and they can solve the problem for you!



Your first day:

Common Questions

AM I ALLOWED TO BRING A MOBILE PHONE?

Yes, pupils are allowed to bring their mobile phones, but we recommend you only bring it if you really need to use it for travelling to and from school. It will be your responsibility to look after it – it **must be switched off** as soon as you enter the school gates and **it cannot be used/looked at throughout the day**. Any pupil found breaking this trust will have their **phone confiscated, detention** given, will be placed on **report** to monitor this behaviour or **excluded** from school. **We are trusting pupils to be mature and responsible**, and we take it **very seriously** when this trust is broken!



Your first day:

Common Questions

WHAT IF I NEED TO CONTACT HOME DURING THE SCHOOL DAY?

This will probably be very rare – it may be because you have forgotten to bring your PE kit or you have forgotten dinner money for example.

You must **NEVER use your phone to contact home**. If we discover you have done this there will be consequences.

Whatever the issue is, always talk **to your form tutor** first as they will be able to solve the problem!



Top Tips from our Y7s...

Don't worry about getting lost, the school isn't as big as it first seems. You will get used to it very quickly and everyone is willing to help!

Be confident to be yourself. Treat everyday as a new opportunity to make friends.




Get to know the people that you sit next to and don't be shy! It'll be great!

Get involved with as much as possible. There's something for everyone!

Don't be afraid to ask for help about anything



If you have any questions or want further information, you can:

-  Check the St Anthony's website - <https://st-anthonys-academy.com/>
-  Read the Y6 Transition Newsletters that you will be e-mailed regularly throughout the Summer Term and posted on website.
-  Contact Mrs McGann (KS2-3 Transition Co-Ordinator) using this e-mail address [**enquiries@staga.co.uk**](mailto:enquiries@staga.co.uk) Please state it for Mrs McGann.

I look forward to meeting you!

**From
Mrs McGann**

MFL Department/ KS2-3 Transition Co-ordinator



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**We look forward
to supporting as you begin your St
Anthony's journey.**