





	Careers Key Theme	Personal Development Curriculum Learning Outcomes	Key Events and Opportunities	Gatsby Benchmarks	CDI Framework
7	Aspirations 	<ul style="list-style-type: none"> • Understand what employability skills are. • Understand how influences can shape a person's career journey, and how to navigate the challenges and rewards of work. • Understand stereotypes in the workplace and how to overcome them. • Describe the different routes available after school, including both academic and vocational pathways, and what qualifications they can lead to. • Understand what Labour Market Information is and how it can be used to shape a career journey and benefit future career choices. 	Employer encounters: meeting ambassadors from the world of work National Careers Week and National Apprenticeship Week activities Careers Champions: student leaders	1, 2, 3, 4, 5, 7	<ul style="list-style-type: none"> • Grow throughout life • Explore possibilities • See the big picture
8	Exploration 	<ul style="list-style-type: none"> • Understand the importance of employability skills and how to develop them. • Understand how influences can shape a person's career journey, and how to navigate the challenges and rewards of work. • Understand stereotypes in the workplace and how to overcome them. • Explore the different routes available after school, including linking these to different career pathways. • Understand the selection and recruitment process for employment, including application forms and CVs. 	Employer encounters: meeting ambassadors from the world of work 'Higher Education Explained' by St Anne's College, Oxford STEM Mentoring cycles with Sir Robert McAlpine Wonder Challenge competition National Careers Week and National Apprenticeship Week activities Careers Champions: student leaders	1, 2, 3, 4, 5, 7	<ul style="list-style-type: none"> • Grow throughout life • Explore possibilities • Manage career • Balance life and work • See the big picture
9	Options 	<ul style="list-style-type: none"> • Understand the importance of employability skills and how to develop them. • Be able to make informed choices for Key Stage 4, taking information and knowledge from a wide range of sources. • Be able to communicate with a wide range of representatives from education, training and employment, and discover possibilities for their futures. • Discover skills and enterprise, and how to work as a team for an employability outcome. • Explore the options of women into STEM careers. • Understand what Labour Market Information is and how it can be used to shape a career journey and benefit future career choices. 	Employer encounters: meeting ambassadors from the world of work STEM Mentoring cycles with Sir Robert McAlpine Step into NHS and NAWIC (Women in construction) competitions FutureMe Options talk National Careers Week and National Apprenticeship Week activities STEMfest Careers fair Careers Champions: student leaders	1, 2, 3, 4, 5, 7	<ul style="list-style-type: none"> • Grow throughout life • Explore possibilities • Manage career • Create opportunities • Balance life and work • See the big picture

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10	Experience 	<ul style="list-style-type: none"> Understand the importance of employability skills and how to develop and utilise them. Gain a hands-on experience in a workplace placement. Experience life as a student, trainee or employee through a range of activities, visits and challenges. Create a career action plan and set goals to achieve aspirations. Analyse and evaluate different pathways using information from a wide range of sources, including a one-to-one careers interview with a careers adviser. Explore and put into practice a range of interview techniques. Understand the finance of employment, and how salaries work. 	'Awareness of apprenticeships' by Sir Robert McAlpine Employer encounters: meeting ambassadors from the world of work Nissan/Vantec experience Army Youth Challenge experience Work Experience 1:1 Guidance appointment STEM On Track initiative National Careers Week and National Apprenticeship Week activities Careers Fair Careers Champions: student leaders	1, 2, 3, 4, 5, 6, 7, 8	<ul style="list-style-type: none"> Grow throughout life Explore possibilities Manage career Create opportunities Balance life and work See the big picture
11	Decisions 	<ul style="list-style-type: none"> Understand the importance of employability skills and how to develop and utilise them. Create and maintain a CV including progress to employability skills. Be able to make informed choices for Key Stage 5, taking information and knowledge from a wide range of sources. Analyse and evaluate different pathways using information from a wide range of sources, including a one-to-one careers interview with a careers adviser. Be able to communicate with a wide range of representatives from education, training and employment, and discover possibilities for their futures. Understand what Labour Market Information is and how it can be used to shape a career journey and benefit future career choices. 	Aspirations Day Talks from Sunderland College, Newcastle College: A Levels & T Levels Employer encounters: meeting ambassadors from the world of work College and Sixth form taster days University visits 1:1 Guidance appointment Careers Fair Future Plans Questionnaires Careers Champions: student leaders	1, 2, 3, 4, 5, 6, 7, 8	<ul style="list-style-type: none"> Grow throughout life Explore possibilities Manage career Create opportunities Balance life and work See the big picture

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12	Progress	<ul style="list-style-type: none"> Understand the importance of employability skills and how to develop and utilise them. Understand how to use a range of effective study techniques to foster independent learning. Be able to make informed choices for Post-18 pathways, taking information and knowledge from a wide range of sources. To understand the university admissions process, including UCAS, personal statements and university entrance exams. Gain a hands-on experience in a workplace placement. Experience life as a student, trainee or employee through a range of activities, visits and challenges. Understand how to create a career profile, including a CV, employability skills and character development, and how this will benefit career pathways. Analyse and evaluate different pathways using information from a wide range of sources, including a one-to-one careers interview with a careers adviser. Understand what Labour Market Information is and how it can be used to shape a career journey and benefit future career choices. 	Unifrog Supercurricular opportunities, including MOOCs and EPQ Work Experience 1:1 Guidance appointment Careers Fair (internal and external) HE Widening access schemes Social Mobility Foundation UCAS Convention and HE Fair University visits Future Plans Cohorts Talks/external speakers and workshops tailored to students' aspirations.	1, 2, 3, 4, 5, 6, 7, 8	Grow throughout life <ul style="list-style-type: none"> Explore possibilities Manage career Create opportunities Balance life and work See the big picture
13	Succeed	<ul style="list-style-type: none"> Understand the importance of employability skills and how to develop and utilise them. Understand how to use a range of effective study techniques to foster independent learning. Be able to make informed choices for Post-18 pathways, taking information and knowledge from a wide range of sources. To understand the university admissions process, including UCAS, personal statements and university entrance exams. Experience life as a student, trainee or employee through a range of activities, visits and challenges. Understand how to create a career profile, including a CV, employability skills and character development, and how this will benefit career pathways. Analyse and evaluate different pathways using information from a wide range of sources, including a one-to-one careers interview with a careers adviser. 	Unifrog Personal Statement/Application/CV guidance 1:1 Guidance appointment University Admissions Test Preparation HE Widening access schemes Mock interviews Careers Fair (internal and external) University visits Future Plans Cohorts Talks/external speakers and workshops tailored to students' aspirations.	1, 2, 3, 4, 5, 6, 7, 8	Grow throughout life <ul style="list-style-type: none"> Explore possibilities Manage career Create opportunities Balance life and work See the big picture