

St. Augustine's Catholic Primary School - Physical Education Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Blossom	EYFS – 5 under 5	EYFS – 5 under 5	EYFS – 5 under 5	EYFS – 5 under 5	Mini Skills	EYFS – 5 under 5
	EYFS – 5 under 5	EYFS – 5 under 5	EYFS – 5 under 5	EYFS – 5 under 5	Athletics *Sports Day prep* until w/c 8 th June	EYFS – 5 under 5
Willow	FMS Baseline	FMS Unit	Mini Skills	FMS Unit	FMS - Kicking	FMS Assessment
	Mini Skills	Dance	Gymnastics	Gymnastics PESSPA	Athletics *Sports Day prep* until w/c 8 th June	Games
Sycamore	FMS Baseline	FMS Unit	Mini Skills	FMS Unit	FMS - Kicking	FMS Assessment
	Mini Skills	Dance	Gymnastics	Gymnastics PESSPA	Athletics *Sports Day prep* until w/c 8 th June	Games – Net & Wall
Beech	Games – Piggy in the Middle	FMS Unit	Mini Skills	FMS Unit	FMS - Kicking	FMS Assessment
	Mini Skills	Dance	Gymnastics	Gymnastics PESSPA	Athletics *Sports Day prep* until w/c 8 th June	Games – Striking & Fielding

Year 3 – Autumn 1 - Interventions to be put into place following on from EoY KS1 FMS assessment

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Year 3	Mini Skills	Games – Handball	Dance	Net & Wall	OAA	OAA
	Target & Creative Games	Gymnastics	Gymnastics PESSPA	Games – Netball	Athletics *Sports Day prep* until w/c 8 th June	Striking & Fielding
Year 4	Mini Skills	Games – Rugby	Dance	Net & Wall	OAA	OAA
	Target & Creative Games	Gymnastics	Gymnastics PESSPA	Games – Basketball	Athletics *Sports Day prep* until w/c 8 th June	Striking & Fielding

ALL Year 4 children to attending swimming during the Autumn Term

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Year 5	Games – Hockey	Games – Netball	Dance	Net & Wall	OAA	Striking & Fielding
	Gymnastics PESSPA	Target & Creative Games	Gymnastics	Games – Rugby Cross country	Athletics *Sports Day prep* until w/c 8 th June	Athletics – prep for school athletics
Year 5/6	Games – Hockey	Games – Football	Dance	Net & Wall	OAA	Striking & Fielding
	Gymnastics PESSPA	Target & Creative Games	Gymnastics	Games – Rugby Cross country	Athletics *Sports Day prep* until w/c 8 th June	Athletics – prep for school athletics
Year 6	Games – Hockey	Games – Netball	Dance	Net & Wall	OAA	Striking & Fielding
	Gymnastics PESSPA	Target & Creative Games	Gymnastics	Games – Rugby Cross country	Athletics *Sports Day prep* until w/c 8 th June	Athletics – prep for school athletics

Cross country to be done in Spring 2 from w/c TBC