

PE Long Term Plan 2025 – 2026
Two lines for each class as one session is an indoor lesson and one is outdoor

Blossom	EYFS – 5 under 5	EYFS – 5 under 5	EYFS – 5 under 5	EYFS – 5 under 5	Mini Skills	EYFS – 5 under 5
Blossom	EYFS – 5 under 5	EYFS – 5 under 5	EYFS – 5 under 5	EYFS – 5 under 5	Athletics*Sports Day prep* until w/c 8 th June	EYFS – 5 under 5
Willow		FMS Unit	Mini Skills	FMS Unit	FMS - Kicking	FMS Assessment
Willow	Mini Skills	Dance	Gymnastics	Gymnastics PESSPA	Athletics*Sports Day prep*	Games
Y1/2 Sycamore	FMS Baseline	FMS Unit	Mini Skills	FMS Unit	FMS - Kicking	FMS Assessment
Sycamore	Mini Skills	Dance	Gymnastics	Gymnastics PESSPA	Athletics*Sports Day prep* until w/c 8 th June	Games – Net & Wall
Beech	Games – Piggy in the Middle	FMS Unit	Mini Skills	FMS Unit	FMS - Kicking	FMS Assessment
Beech	Mini Skills	Dance	Gymnastics	Gymnastics PESSPA	Athletics*Sports Day prep* until w/c 8 th June	Games – Striking & Fielding
Y3	Mini Skills	Games – Handball	Dance	Net & Wall	OAA	OAA
Y3	Target & Creative Games	Gymnastics	Gymnastics PESSPA	Games – Netball	Athletics*Sports Day prep* until w/c 8 th June	Striking & Fielding
Y4	Mini Skills	Games – Rugby	Dance	Net & Wall	OAA	OAA
Y4	Target & Creative Games	Gymnastics	Gymnastics PESSPA	Games – Basketball	Athletics*Sports Day prep* until w/c 8 th June	Striking & Fielding
Y5	Games – Hockey	Games – Netball	Dance	Net & Wall	OAA	Striking & Fielding
Y5	Gymnastics PESSPA	Target & Creative Games	Gymnastics	Games – Rugby Cross country	Athletics*Sports Day prep* until w/c 8 th June	Athletics – prep for school athletics

Y5/6	Games – Hockey	Games – Football	Dance	Net & Wall	OAA	Striking & Fielding
Y5/6	Gymnastics PESSPA	Target & Creative Games	Gymnastics	Games – Rugby Cross country	Athletics *Sports Day prep* until w/c 8 th June	Athletics – prep for school athletics
Y6	Games – Hockey	Games – Netball	Dance	Net & Wall	OAA	Striking & Fielding
Y6	Gymnastics PESSPA	Target & Creative Games	Gymnastics	Games – Rugby Cross country	Athletics *Sports Day prep* until w/c 8 th June	Athletics – prep for school athletics