



St Barnabas

Friday 8th October 2021

Church of England Primary Academy

A member of **C**DARI

**I'M WEARING
A LITTLE YELLOW**
to school for YoungMinds

8 October 2021

#HelloYellow

#HelloYellow

Go **yellow** for young people's mental health
powered by **YOUNGMINDS**





Reflection

**How can we show our Christian value of friendship to others who might have big feelings that are affecting their mental health?
Can we be there for them and listen to them?**

Can we show our Christian Value of courage by talking to others if we have big feelings?

How can we keep ourselves happy and healthy?

Can we show kindness to help each other be happy and healthy? Helping others or offering kind words might just support someone else and improve their mental health.

#HelloYellow

Go **yellow** for young people's mental health
powered by **YOUNGMINDS**



<https://www.stbarnabasdarwen.co.uk/news>



SPORTS
AWARDS



Lord in your
mercy

**Hear our
prayer**



Build Up

Every word you say
Every game you play
Every silly face
Every single place

You can build up, 1,2,3,4,5... or you
can tear down



***Build up one another
Build up your sisters
and brothers
Build up one another
Build up***



Every joke you tell
Every name you spell
Everywhere you go
Everyone you know
You can build up,
1,2,3,4,5... or you can
tear down



***Build up one another
Build up your sisters
and brothers
Build up one another
Build up***



Can you build up
(We can build up!!)

Can you build up
(Yes we can!!)



Every song you sing
Every bell you ring
Everything you spend
Every special friend
You can build up,
1,2,3,4,5... or you
can tear down



***Build up one another
Build up your sisters
and brothers
Build up one another
Build up***