



# St Barnabas

Monday 13th November 2023

Church of England Primary Academy

A member of **C+**DARI

This Anti-Bullying Week,  
let's make a noise about bullying.

MAKE A  
**NOISE**  
ABOUT  
BULLYING



Monday 13<sup>th</sup> to  
Friday 17<sup>th</sup> November  
#AntiBullyingWeek  
#MakeANoise



**ODD SOCK DAY**

MONDAY 13TH NOVEMBER  
ANTI-BULLYING WEEK

# MAKE A NOISE (OFFICIAL VIDEO)

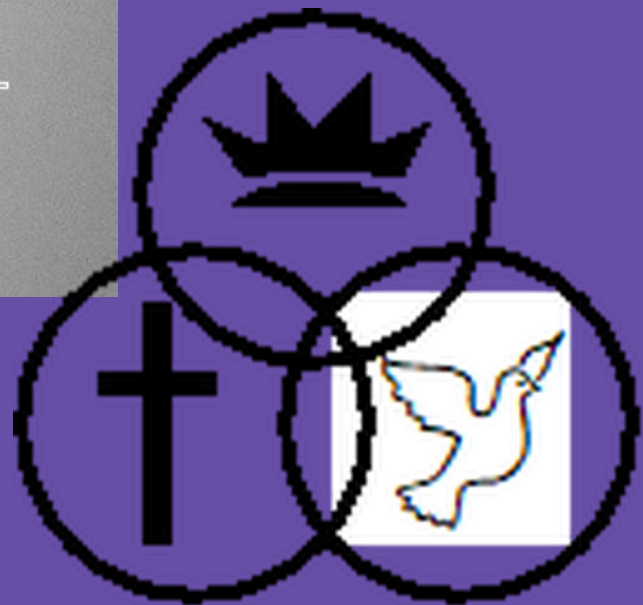
Andy and  
The  
Odssocks





PEACE BE WITH YOU

And also  
with you



13 NOVEMBER



**WORLD KINDNESS DAY**



We'll be wearing odd socks with the Anti-Bullying Alliance and their patrons, Andy and the Odd Socks, on **Monday 13<sup>th</sup> November** for Odd Socks Day. Will you?

**Odd Socks Day** 

**#AntiBullyingWeek**  
**#OddSocksDay**





let's  
**MAKE A**  
**NOISE**  
**ABOUT**  
**BULLYING**

During anti-bullying week we will be focusing on these Christian and British Values.

FRIENDSHIP



COURAGE



MUTUAL RESPECT

RESPECT



INDIVIDUAL  
LIBERTY



TOLERANCE  
OF THOSE WITH DIFFERENT  
FAITHS AND BELIEFS

FORGIVENESS



A young boy with dark hair, wearing a blue jacket, is shouting into a blue megaphone. He is smiling and looking towards the camera. In the background, a crowd of diverse students is visible, some looking towards the boy. The image is framed by a purple border. There are decorative graphic elements: a purple shape in the top left and two red diagonal stripes in the bottom left. The text "How can you make a noise about bullying?" is overlaid on the megaphone, with a large red question mark at the end. The Anti-Bullying Alliance logo is in the bottom right corner.

How can you make a noise  
about bullying?



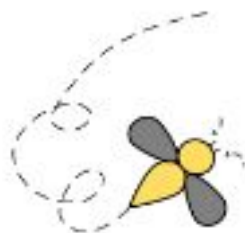


# Is it Bullying?



When someone says or does something unintentionally hurtful and they do it once.

**That's RUDE**



When someone says or does something intentionally hurtful and they do it once.

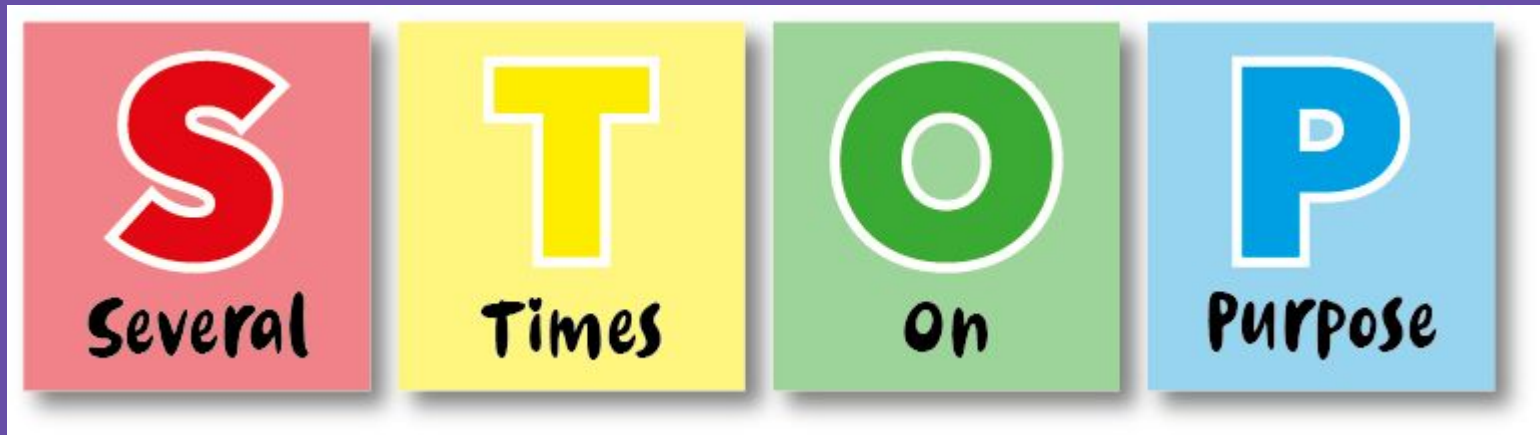
**That's MEAN**



When someone says or does something intentionally hurtful and they keep doing it even when you tell them to stop or show them that you're upset.

**That's BULLYING**





**Speak**   **to**   **other**   **people!**



“

The **repetitive, intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**. Bullying can be physical, verbal or psychological.

It can happen face to face or online.

”

## WHAT IS BANTER?

“

The playful and friendly exchange of teasing remarks.

”



## IT'S NOT BANTER IF...

1. You would be upset if someone said it to you
2. It's hurtful
3. You're not friends
4. Someone's asked you to stop
5. The target isn't laughing
6. It focuses on someone's insecurities



MAKE A  
**NOISE**  
ABOUT  
BULLYING

“

**BULLYING ISN'T WELCOME  
HERE!**

”



**MAKE A NOISE (OFFICIAL VIDEO)**

**Andy and  
The  
Odssocks**





No

Sometimes

Yes



**If someone spreads stories about someone else, can this be bullying?**

**Bullying can happen in the virtual world, that is, on the internet, as well as in the real world.**

**Bullying involves hitting or pushing.**



**If someone ignores another person and encourages others to do the same, this is bullying.**

**Bullying involves stealing  
someone's things or messing  
around with them.**

**Only children bully.**

**People who complain about being bullied can't take a joke or banter.**

**Bullies are strong, confident  
and popular.**

**Some people deserve to  
be bullied.**





## Reflection



We are all unique and different, but we are all capable of friendship, kindness and respect.

If we respect others, then they will respect us in return. That's how friendship and how sharing works.

We are all different, but we are all together in one school family.

Think to yourself now about how you will show kindness and respect to others today and celebrate and accept our differences.

Lord God,

We remember those times when we felt happiest  
and most loved.

Help us to make our family, community and  
school a happy place.

Help us to make a noise and 'speak to other  
people' if we are being bullied or we see others  
being bullied.

Help us to say no to bullying, and yes to respect  
and kindness.

Amen.

