

Tuesday 11th November 2025



**Switch
ff
Fortnight**



**POWER
FOR
GOOD**
#ANTIBULLYINGWEEK



St Barnabas

Church of England Primary Academy

A member of **CIDARI**

POWER FOR GOOD
OFFICIAL VIDEO





ANTI-BULLYING WEEK 2025

**POWER
FOR
GOOD**

#ANTIBULLYINGWEEK

Monday 10th to
Friday 14th
November



Monday 10th
November



ANTI-BULLYING
ALLIANCE

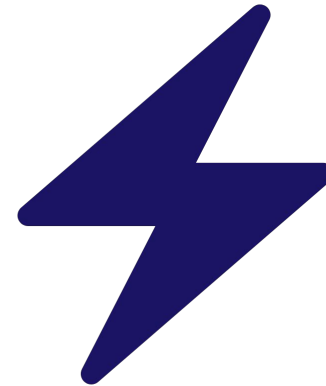




we are
empowering
young people



WHAT IS POWER?



ANTI-BULLYING
ALLIANCE



**HOW CAN YOU
USE YOUR
POWER FOR
GOOD?**



Switch Off Fortnight



What Is Energy?

We need energy to do lots of things.

We need energy to run, jump, laugh and even to sleep!

There are different forms of energy.

We are going to learn about electrical energy.



Electrical Energy

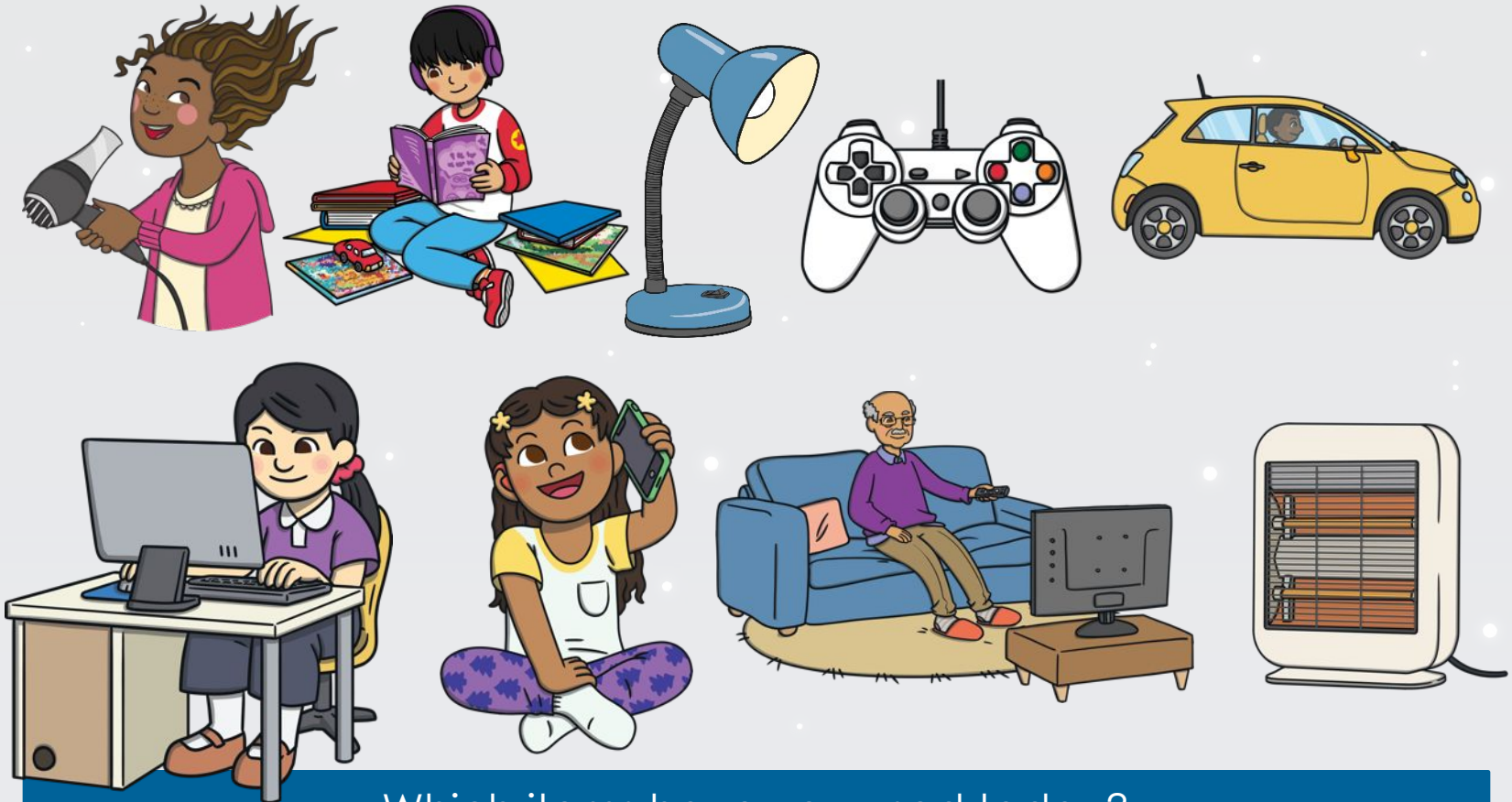
What do we use which needs electricity?

You have one minute to talk to the person next to you and list all the objects which use electrical energy. Go!



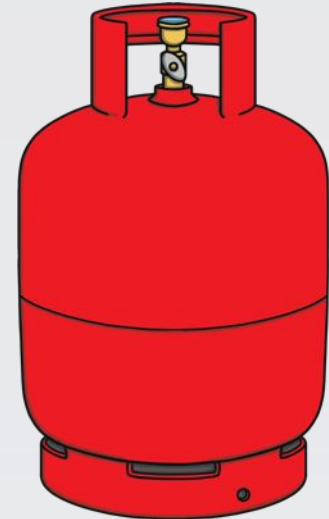
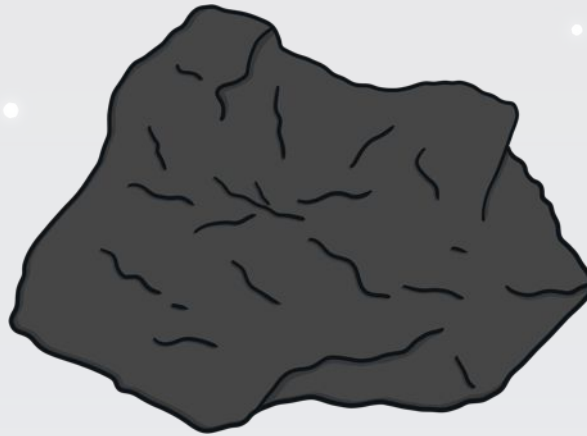
Start

Using Electricity



Which items have you used today?
We use electricity all the time!

Why Save Energy?

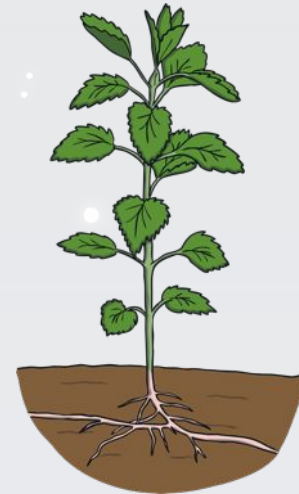
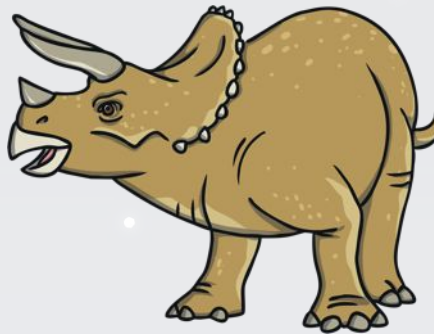


Oil, coal and gas are the main energy sources used to make electricity. They are called **fossil fuels**.

Why Save Energy?

Fossil fuels are [non-renewable](#). They will run out one day so we need to save energy where we can and not waste it.

Using fossil fuels is causing [global warming](#), which is damaging the earth.



Fossil fuels are formed underground from the remains of plants and animals.

How Can We Save Energy?

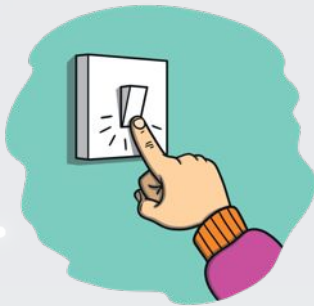
Saving energy is so simple!

We can all save energy by turning off electrical objects when we are not using them.

Ever left a room and not turned the light off?

Ever left your computer or console on standby?

Ever left your hairdryer switched on even if you have finished using it?



Is Standby OK?

Leaving things on standby uses and wastes energy so still causes damage to the earth.

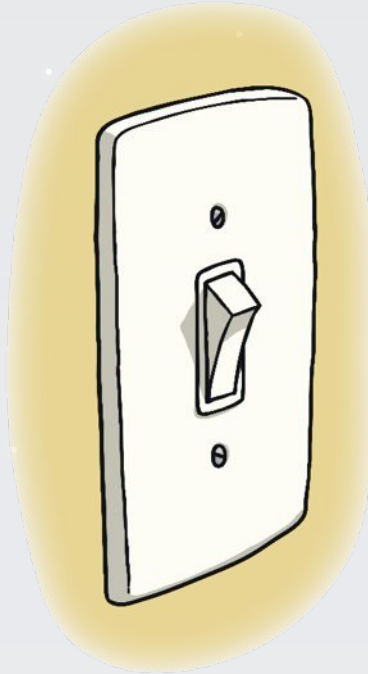
It also wastes money; all electricity used costs money. By switching off electrical objects, we can save money as well as helping to save the planet.



Do Your Bit!

So the message is very simple.

If you're not using it,
switch it off!





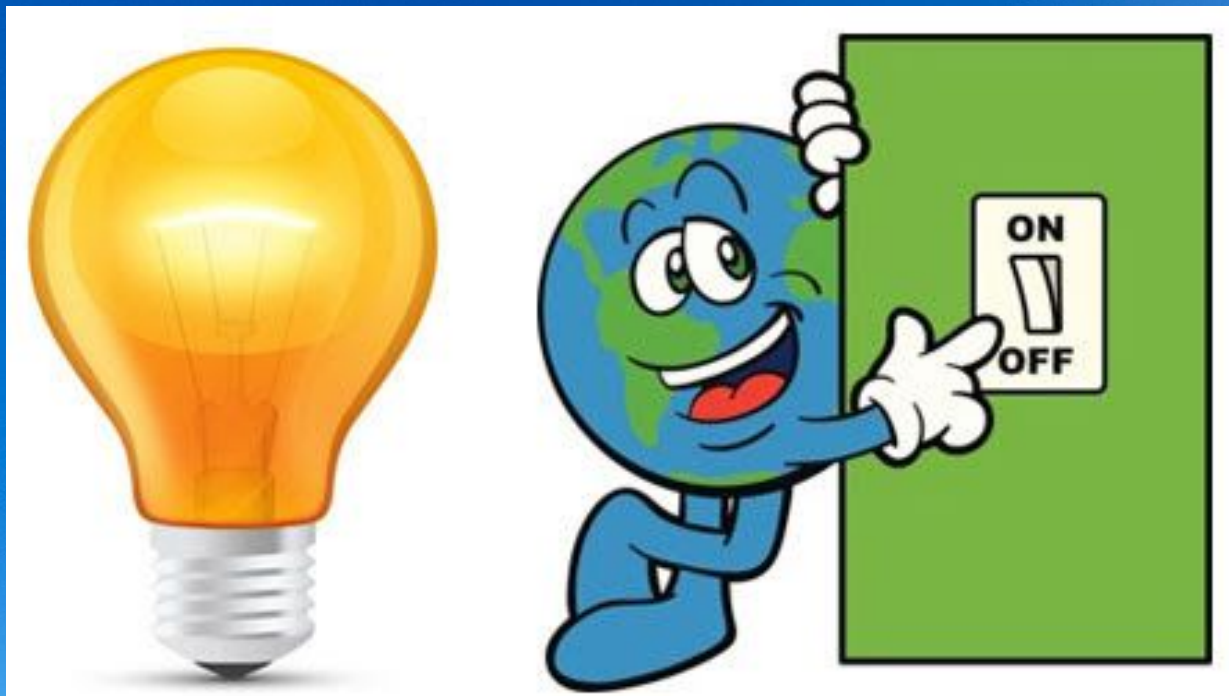
We Care for
God's Creation!



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A member of **CDARI**



Switch
 **ff**
Fortnight

SAVE ENERGY
Turn off light after use



**Thank you God, for the light and energy
we use every day.**

**May all countries act swiftly to reduce
energy use and combat climate change.
Help us to make small changes where we
can.**

**Help us to shine the light of Jesus
wherever we are today and this week.
Amen**



Creator God

Thank you for making this amazing world. Thank you for making it so beautiful. Thank you for loving every person you have made in the whole world. Please help us to look after the world.

Please help us to look after each other. Please stop climate change hurting people and all your creatures. Please help us not to be greedy, and to trust you to give us enough. Please help us to share what you have given us.

AMEN

(Tearfund “Hope for Creation “)





**We can change the
world** and make it a better
place. It is in your hands to
make a difference
~ Nelson Mandela

