



# St Barnabas

CDARI



**Candlemas**





What is  
Candlemas?

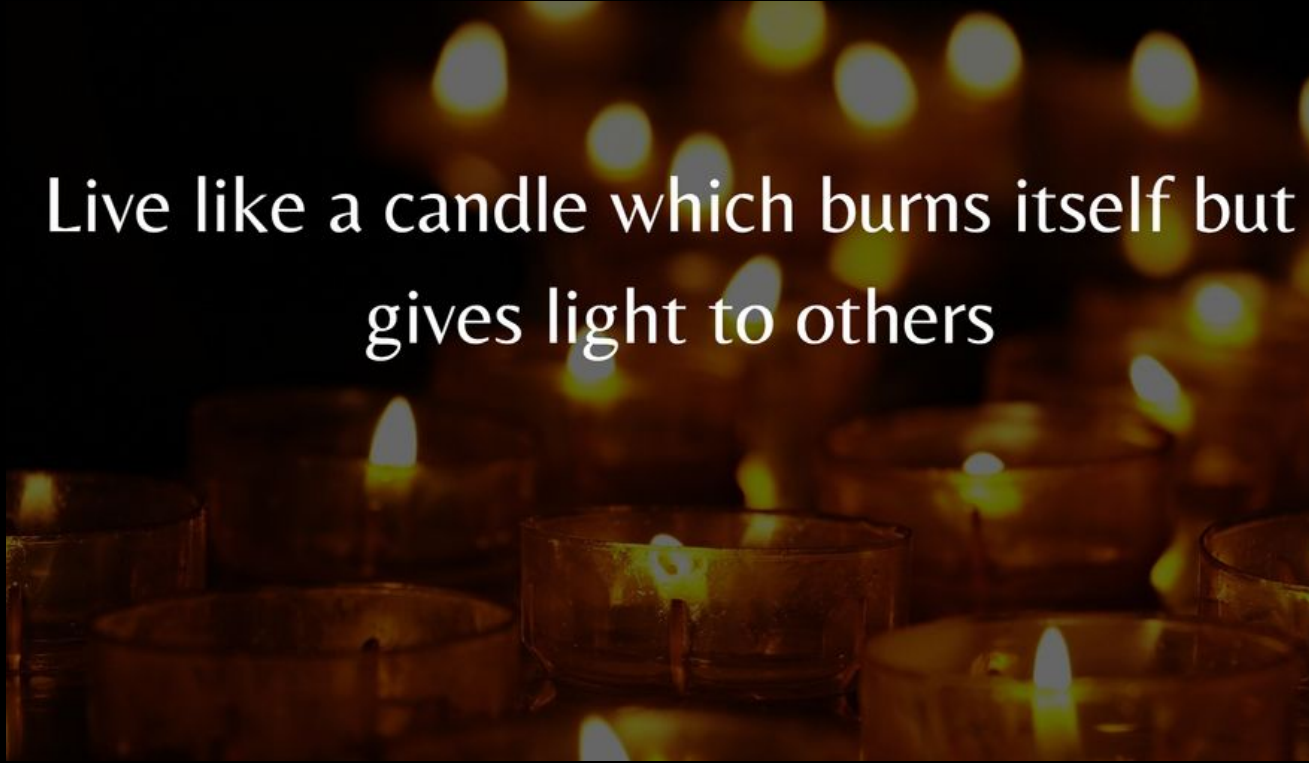




JESUS  
IS THE  
LIGHT  
OF THE  
WORLD



Live like a candle which burns itself but  
gives light to others



You may think  
your light is  
small, but it can  
make a huge  
difference in  
other people's  
lives.



See Matthew 5:15



**EXPRESS  
YOURSELF**

#ChildrensMentalHealthWeek



EXPRESS YOURSELF





## HOW DOES BEING CREATIVE AND EXPRESSING YOURSELF MAKE YOU FEEL?

Slide 5



**DRESS TO**

**EXPRESS**

**THIS CHILDREN'S  
MENTAL HEALTH WEEK**



An aerial photograph of a city at sunrise. The sun is low on the horizon, creating a bright glow and long, golden rays of light that fan out across the sky. The city below is bathed in the warm light of dawn, with buildings and streets visible. The sky transitions from a deep blue at the top to a soft orange and yellow near the horizon. The overall mood is bright, hopeful, and inspiring.

Let your light shine  
for ALL the world to see!

Carry your candle,  
run to the darkness



**Dear God,  
In a world that can seem dark and  
lonely at the moment,  
May we be like Jesus, the light of the  
world and shine like candles bringing  
joy and hope into each other's lives.  
May we express ourselves in  
whatever way we want and respect  
the way others express themselves.  
Amen**



Shine

A glowing neon sign spelling the word "Shine" in a cursive font. The sign is set against a stylized cityscape at night. The background features blue vertical columns, green trees, and a dark city skyline. Three white spheres are positioned above the letters 'i', 'n', and 'e'.