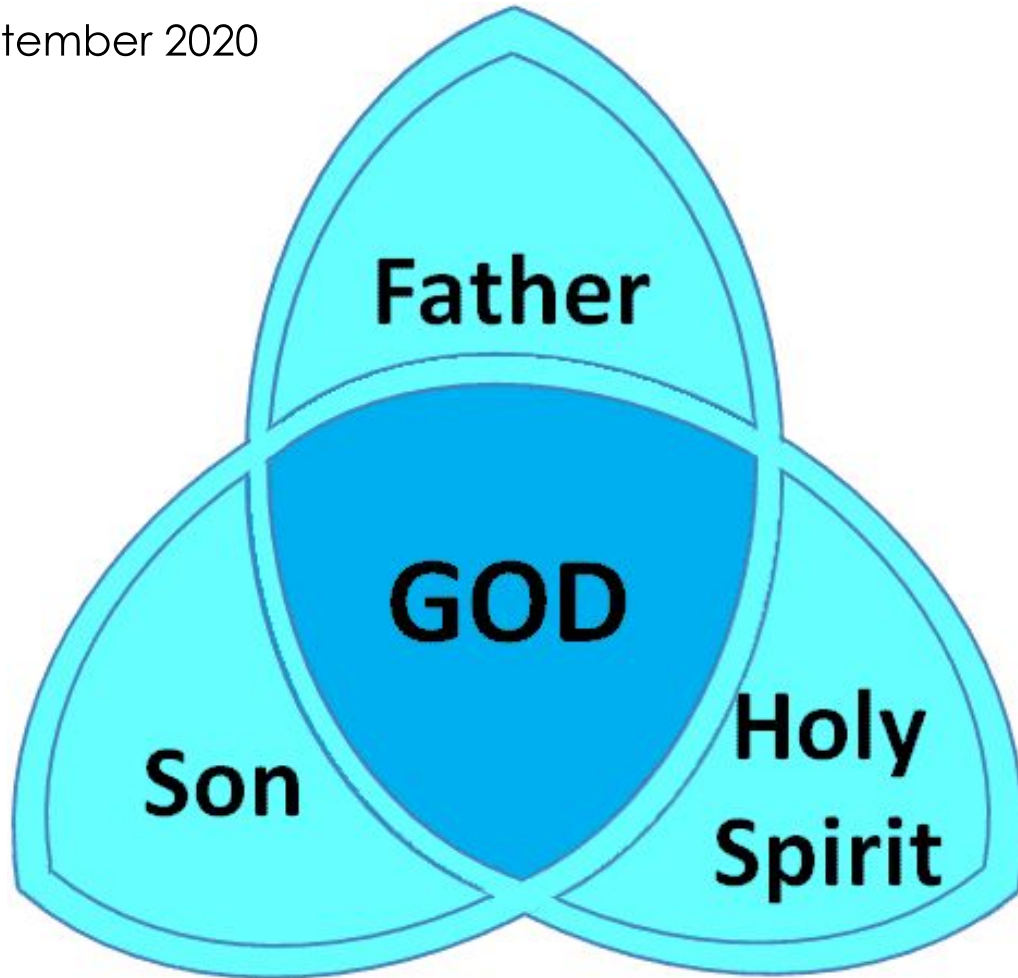


Tuesday 15th September 2020



Our Values

Courage

Friendship

Trust

Service

Forgiveness

Generosity

Respect

Encouragement



St Barnabas

Church of England Primary Academy

A member of CDARI

That they shall have life, life in all its fullness.

John 10:10

This Month's Value is....



Courage

What is courage?

- **Courage is being able to face our fears.**
- **It is having the inner strength to be the best that we can be.**
- **Courage is doing what we know is the right thing, even when it is very difficult.**



Running the race...



How does this runner show great courage?

<https://www.youtube.com/watch?v=V4S3q6v8nBI>

Running the race...

He doesn't give up! He has
the courage to face his
fear.





COURAGE

*doesn't always roar.
Sometimes courage is
the little voice
at the end of the day
that says
I'll try again
tomorrow*

Mary Anne Radmacher

Thought of the day

Dear God,

Sometimes it's hard to be brave. Please help me to have courage to face my fears and to admit my mistakes.

Help me to find the courage to pursue my dreams and know that, even if I am afraid, having courage will help me to achieve my dreams.

Amen.

Overcoming fear

by Jan Edmunds

Sometimes we don't feel very brave when we are all alone,
When faced with something very new, that leads to the unknown.
We may have fear of simple things like wind or rain or height,
Or fear, when we go to bed, the turning out of the light.
We need to stop and think awhile just why we feel this way,
Remember that the bravest ones can chase their fears away.
Sometimes something happens and then without a thought
We find the very courage to do things as we ought.
Bravery takes over and new confidence we find,
The problem then is overcome and fear goes from our mind.