



# St Barnabas

Church of England Primary Academy

A member of **CTDARI**



## PE and EYFS

AUTUMN 1	AUTUMN 2
<ul style="list-style-type: none"><li>- Classroom rules</li><li>- Personal hygiene</li><li>- Riding scooters and bikes safely</li><li>- Gross motor skills</li><li>- Begin to explore how to move in different ways</li><li>- Look at how to use the trim trail safely</li><li>- Muddy Monday walks</li></ul>	<ul style="list-style-type: none"><li>- Dressing and undressing</li><li>- Climbing up apparatus</li><li>- Persevering when being challenged</li><li>- Skip, hop, stand on one leg</li><li>- Remember sequences of patterns and movements to perform (Nativity)</li><li>- Perform solo and in groups</li><li>- Muddy Monday walks</li><li>- Gross motor skills</li><li>- Begin to negotiate space</li><li>- Posture</li></ul>

<b>SPRING 1</b>	<b>SPRING 2</b>
<ul style="list-style-type: none"> <li>- Climbing up apparatus</li> <li>- Dressing and undressing</li> <li>- Fundamental movement skills</li> <li>- Performing rhymes in time to music</li> <li>- Muddy Monday walks</li> <li>- Continue to negotiate space</li> <li>- Listen to music and express feelings and responses</li> </ul>	<ul style="list-style-type: none"> <li>- Persevere and challenge ourselves</li> <li>- Performing rhymes in time to music</li> <li>- Muddy Monday walks</li> <li>- Use a range of equipment and apparatus confidently and safely</li> <li>- Fundamental movement skills</li> <li>- Begin to develop strength, balance and coordination</li> <li>- Importance of exercise</li> <li>- Learn and progress towards a more fluent style of moving</li> <li>- Climbing up apparatus safely</li> </ul>
<b>SUMMER 1</b>	<b>SUMMER 2</b>
<ul style="list-style-type: none"> <li>- Start to show independence</li> <li>- Performing rhymes in time to music</li> <li>- Muddy Monday walks</li> <li>- Use a range of equipment confidently and safely</li> <li>- Fundamental movement skills</li> <li>- Develop strength, balance and coordination</li> <li>- Create collaboratively</li> </ul>	<ul style="list-style-type: none"> <li>- Increase independence</li> <li>- Have the confidence to try new activities</li> <li>- Use a range of equipment and apparatus confidently and safely</li> <li>- Performing rhymes in time to music</li> <li>- Muddy Monday walks</li> <li>- Fundamental movement skills</li> <li>- Develop strength, balance and negotiation</li> <li>- Performance skills</li> </ul>