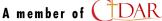


St Barnabas

Church of England Primary Academy A member of CDARI





PE and EYFS

AUTUMN 1	AUTUMN 2
 Classroom rules Personal hygiene Riding scooters and bikes safely Gross motor skills Begin to explore how to move in different ways Look at how to use the trim trail safely Muddy Monday walks 	 Dressing and undressing Climbing up apparatus Persevering when being challenged Skip, hop, stand on one leg Remember sequences of patterns and movements to perform (Nativity) Perform solo and in groups Muddy Monday walks Gross motor skills Begin to negotiate space Posture

SPRING 1	SPRING 2
 Climbing up apparatus Dressing and undressing Fundamental movement skills Performing rhymes in time to music Muddy Monday walks Continue to negotiate space Listen to music and express feelings and responses 	 Persevere and challenge ourselves Performing rhymes in time to music Muddy Monday walks Use a range of equipment and apparatus confidently and safely Fundamental movement skills Begin to develop strength, balance and coordination Importance of exercise Learn and progress towards a more fluent style of moving Climbing up apparatus safely
SUMMER 1	SUMMER 2
 Start to show independence Performing rhymes in time to music Muddy Monday walks Use a range of equipment confidently and safely Fundamental movement skills Develop strength, balance and coordination Create collaboratively 	 Increase independence Have the confidence to try new activities Use a range of equipment and apparatus confidently and safely Performing rhymes in time to music Muddy Monday walks Fundamental movement skills Develop strength, balance and negotiation Performance skills