



# St Barnabas

Church of England Primary Academy

A member of **CDARI**



# PSHE

## PSHE and EYFS

AUTUMN 1	AUTUMN 2
<ul style="list-style-type: none"><li>- Behaving appropriately in our new school</li><li>- Creating classroom rules and learning how to follow them</li><li>- Listening to each other</li><li>- Talk about themselves and their likes and dislikes</li><li>- Following our school routine and learning about expectations e.g. tidy up time, waiting patiently</li><li>- Tour of the school environment</li><li>- Our feelings</li><li>- Making friends and playing together</li><li>- Sharing and turn taking</li><li>- Home time safety</li><li>- Understanding how everybody is different</li><li>- Personal hygiene</li></ul>	<ul style="list-style-type: none"><li>- Start a conversation</li><li>- Listening skills</li><li>- Developing our confidence to perform</li><li>- Following classroom rules</li><li>- Dressing and undressing</li><li>- Our feelings and how others may feel</li><li>- Continue to build relationships</li><li>- Sharing and turn taking</li><li>- Road safety</li><li>- Stranger/danger and getting lost</li><li>- Pants rule</li></ul>

<b>SPRING 1</b>	<b>SPRING 2</b>
<ul style="list-style-type: none"> <li>- Begin to ask questions and hold a conversation</li> <li>- New Year Resolutions</li> <li>- Online safety week</li> <li>- Children's mental health week</li> <li>- Our feelings and how our actions can impact others</li> <li>- Learning how to stay calm</li> <li>- Follow instructions</li> <li>- Build constructive relationships</li> <li>- The importance of a good sleep routine</li> </ul>	<ul style="list-style-type: none"> <li>- Hold a conversation with teachers and peers</li> <li>- To express their ideas and feelings using full sentences including past, present and future tenses</li> <li>- Begin to problem solve</li> <li>- Set and work towards simple goals</li> <li>- Persevering and challenging ourselves</li> <li>- Know how important it is to eat healthily and wash our hands</li> <li>- Use a range of equipment safely</li> <li>- Brushing our teeth and making healthy food choices</li> </ul>
<b>SUMMER 1</b>	<b>SUMMER 2</b>
<ul style="list-style-type: none"> <li>- Use a range of equipment safely</li> <li>- Start to show independence</li> <li>- Show sensitivity to their own and others' needs</li> <li>- Problem solve</li> <li>- Follow instructions</li> <li>- Work together and take turns</li> <li>- Healthy choices and screen time</li> </ul>	<ul style="list-style-type: none"> <li>- Persevere and challenge ourselves</li> <li>- Money: wanting and needing</li> <li>- Increase independence</li> <li>- Have the confidence to try new activities</li> <li>- To know the importance of healthy food choices</li> <li>- To talk about people around them and their roles in society</li> <li>- Preparing for Year 1</li> </ul>