

at Christmas time

We light this first candle to pray for hope.

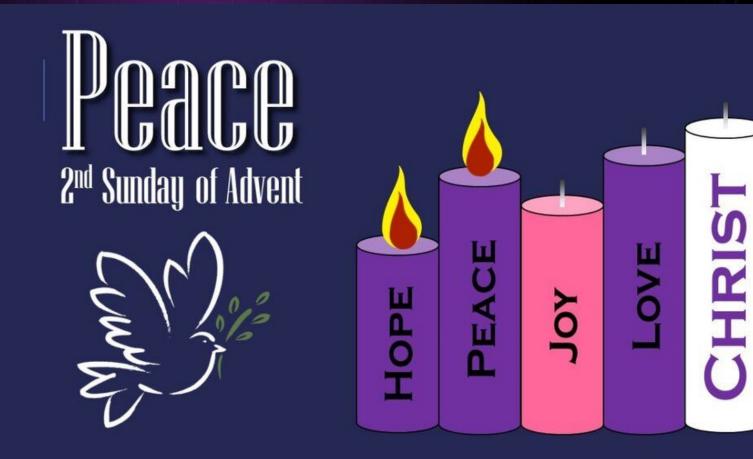
We pray for ourselves and for everyone. We ask that our hope will be fixed on God and that God will inspire us to hope for good things.

We pray for everyone who feels that their hope has gone. May they find a new hope that shines like this candle flame.

Lord Jesus Christ, hope of our hearts and hope for the world, come close to us this Advent.

Jesus, you are light even in the darkest places. Help us to trust in you when we are lost or lonely. Shine hope into our hearts we pray. Amen









KEEP CALM AND ENJOY CHRISTMAS God of love, We pray for peace in our world, and an end to war.

Instead of hatred, let there be love. Shelter your children and protect us.

Guide us and keep us from harm, so we can build a world of love and live our lives in peace.

Jesus, you are peace even when there is hatred. Help us to forgive like you when we are hurt or wounded. Bring peace into our hearts we pray.

## Amen

https://www.youtube.com/watch?v=HPH4LRASWbo

## Reflection

## How can you find peace this advent?

## How can you bring peace to others this advent?

Heavenly Father, thank You for sending us Your Son Jesus, the Prince of Peace. Thank You for caring for us, and thank You for promising to give us your peace. Please guard our hearts and minds with Your peace. You know the things that have been weighing us down with worry, anxiety, or fear. Lord, please help us fix our minds on you instead, and on your Spirit. Thank You for promising to bring us life and peace. We can lie down and sleep, Lord, because You make us safe. Amen.