



St Barnabas

Tuesday 10th March 2026

Church of England Primary Academy

A member of **CDARI**

LEN



fast · pray · give

*Jesus
Cares*

FOR YOU





LENT PRAYER



PEACE BE WITH YOU

And also
with you



Lord Jesus,
help us to use the days of
Lent to grow closer to You,
to seek forgiveness of our
sins and to rejoice in the
salvation You give us
through the power of the
cross.

Amen



Jesus reached
out his hand and
touched the man and
said, "I will be healed!"
Matthew 8:3

Jesus Cares
Come to
me, all of you
who are tired...
Matt 11:28

He said to his followers,
"Come away by yourselves,
and we will go to a
lonely place to
get some rest."
Mark 6:31

Many times I wanted to
gather your people as
a hen gathers her
chicks under her
wings...
Matt 23:37



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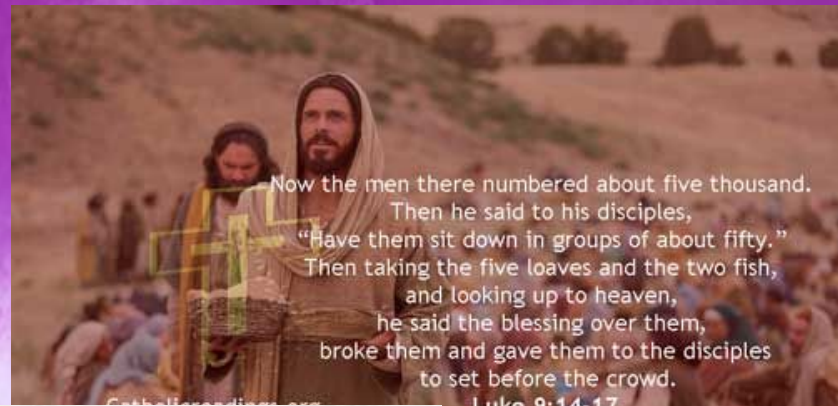




MATTHEW 14

JESUS FEEDS 5000

The Miraculous Feeding Of The 5000
(Mark 6:30-44)



Now the men there numbered about five thousand.
Then he said to his disciples,
"Have them sit down in groups of about fifty."
Then taking the five loaves and the two fish,
and looking up to heaven,
he said the blessing over them,
broke them and gave them to the disciples
to set before the crowd.

Luke 9:14-17

*And Jesus took the loaves; and when
he had given thanks, he distributed to the
disciples, and the disciples to
them that were set down; and likewise of the
fishes as much as they would.*

John 6:11







What could you 'give' this Lent?





REFLECTION



Nothing is too small to be shared. Whatever we have to share can make a difference to those around us. Nothing is too small to be shared with others.

- ♥ What could you share?
- ✋ How could you be more generous with what you have?
- 🍞 How could you think of others more?
- 🍞 What will you do today that is a special act of sharing?
- 🍞 How can you show kindness and 'give' during Lent to help others?

Which Christian Values can you show this Lent?



PRAYER



Dear God,

We thank you for everything that we have.
Please help us to think of those less fortunate
than ourselves and take action to make a
difference in their lives.

Please help us to remember that nothing is
too small to be shared with others.

Amen.

A vibrant, cartoon-style illustration of a sunny day. On the left, a multi-colored rainbow arches across the sky. The sky is a clear, bright blue, dotted with several fluffy white clouds. In the top right corner, a large, bright yellow sun is partially visible. The ground is a solid green, with several stylized flowers in various colors (yellow, pink, blue) scattered across it. The text is centered in the middle of the image, written in a blue, rounded font with a white outline.

Give me love in my heart, keep me serving
Give me love in my heart, I pray
Give me love in my heart, keep me serving
Keep me serving 'til the break of day

Cause You gave me a heart
And You gave me a smile



You gave me Jesus
And You made me Your child